

Pius X Food Service
 CHO's, February 2012

Wed Feb 1	Breakfast for lunch	
	Scrambled eggs	
	Biscuit	30 gms
	Sausage	
	Hash-brown	30 gms
Thur Feb 2	Cavatini	
	Peas	15 gms
	Garlic Bread	22 gms
	BBQ Chicken/Bun	38 gms
Fri Feb 3	Baked Moz Cheese Sticks	30 gms
	Chef's Choice Veg	
	Potato Cheese Soup	30 gms
	Crackers	15 gms
	Wheat Dinner roll	20 gms
Mon Feb 6	Tator Tot Casserole	22 gms
	Green Beans	3 gms
	Wheat dinner roll	20 gms
Tues Feb 7	Chicken Chipolte Pizza	45 gms
	Broccoli	3 gms
	Vegetarian Lasagna	38 gms
	Bread Basket	
Wed Feb 8	Wagon Wheel Soup	22 gms
	Crackers	15 gms
	Yogurt	17 gms
	Beef Fiestada	48 gms
Thur Feb 9	Chicken and Noodles	22 gms
	Mixed Veg	15 gms
	Wheat dinner roll	20 gms
	Pork Roast/gravy	
	Mashed Potatoes	22 gms
Fri Feb 10	Bean Enchilada	45 gms
	Fixin Bar	15 gms
	Veg Chili	45 gms
	Yogurt	17 gms
	Crackers	15 gms
	Bread Basket	
Mon Feb 13	Chili Cheese Dog	45 gms
	Tossed Salad	3 gms
	Potato Bar/ Chili	45 gms
Tues Feb 14	Sweet heart chicken nuggets	15 gms
	Cheesy Mashed Potatoes	22 gms
	Wheat dinner roll	20 gms
	Sugar cookie	40 gms

Tues Feb 21	Hamburger/Wheat Buns	20 gms
	Tangy Potato Bites	22 gms
	Chicken Tortilla Soup	22 gms
	Tortilla topping	15 gms
	King's Cake	45 gms
Wed Feb 22	Cheese Quesadilla	32 gms
	Fish and Chips	54 gms
Thur Feb 23	Chicken Stir-fry	22 gms
	Rice	22 gms
	Wheat Dinner roll	20 gms
	Italian Dunkers	45 gms
	Chef's Choice Vegetable	
Fri Feb 24	Cheese Nachos	51 gms
	Fixin Bar	15 gms
	French Toast/syrup	38 gms
	Hot Cinnamon Apples	28 gms
Mon Feb 27	Taco's	30 gms
	Fixin Bar	15 gms
	Mexican Rice	22 gms
	Chef Salad	18 gms
Tues Feb 28	Meal in a Bowl	
	Popcorn Chicken	15 gms
	Mashed Potatoes	22 gms
	Corn	15 gms
	Gravy	
	Wheat Dinner roll	20 gms
Wed Feb 29	Chili	30 gms
	Cinnamon Roll	45 gms
	Crackers	15 gms