

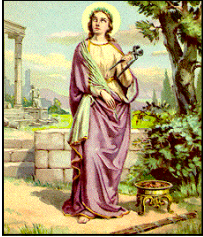
Pius X Catholic High School

# The BOLT

## PIUS X HIGH SCHOOL NEWSLETTER

" Restore All Things In Christ "

February 2011  
Saint of Forgiveness



St. Agatha of Sicily  
February 5, 2011



**Purchase your BOLT lottery tickets today! See page 8 for details.**

**Sun-Sat, Jan. 30-Feb. 5, 2011**  
Catholic Schools Week

**Monday, January 31, 2011**  
Catholic Schools Week Mass  
with Bishop Bruskwitz 9:25am

**Tuesday, February 1, 2011**  
Dino's First Tuesday 5-11pm

**Monday, February 7, 2011**  
3rd Quarter Progress Reports due  
New Student Orientation 7pm

**Tuesday, February 8, 2011**  
"Pick A Time" begins at 6pm

**Monday, February 14, 2011**  
NHS Honors Night 7:30pm

**Wednesday, February 16, 2011**  
Noon Dismissal (Periods 1-4)  
P/T Conferences 2-5pm & 6-9pm

**Thursday, February 17, 2011**  
2011/12 Registration Due- Juniors  
Noon Dismissal (Periods 5-8)  
P/T Conferences 2-5pm & 6-9pm

**Friday, February 18, 2011**  
No School  
Granite City's Third Friday

**Monday, February 21, 2011**  
No School  
Faculty In-Service

**Tuesday, February 22, 2011**  
2011/12 Registration Due- Sophomores

**Wednesday, February 23, 2011**  
AMC Math Test (Periods 1-4)  
2011/12 Registration Due- Freshmen

**Monday, February 28, 2011**  
Spring sports begin

### From The Superintendent - Fr. James Meysenburg



Dear Pius X High School Alumni, Cathedral High School Alumni, Parents and Friends,

As we begin Catholic Schools Week it is a great time to remember the incredible blessings we have in our parish grade schools and our "parish" high school – Pius X. Pius X High School is an extension of each Lincoln and surrounding area parish. Each month, with the leadership of their pastors, eighteen parishes support this high school financially and in many other ways. Our tuition is one of the lowest in the country because of the incredible commitment of the parishioners, pastors and Bishop. 43% of our \$5.4 million operational income comes from the parishes; 23% comes from donations including BOLT, Foundation, grants and other sources. Only 31% of our budget comes from tuition. This year, the cost to educate one student is over \$5,000. In comparison to other private high schools in Nebraska and across the country, our tuition is significantly lower. Running a tight ship and pinching pennies to stretch each dollar is important to us. Unfortunately, paying excellent teachers, the cost of maintaining and upgrading our facilities and equipment and operational expenses continues to rise.

If only 31% of the cost is realized through tuition, the other 66% of our budget comes from the generosity of ALL our parishioners and others within our community who recognize the benefit of Catholic education on all levels. With an average tuition per student of \$1500, it is clear that the support from other sources is vital. That support comes because of many people's generosity, faith and commitment to our mission. I am so proud of our longstanding tradition of providing quality Catholic education that is extraordinarily affordable. This doesn't mean that it is cheap, free or that it comes without sacrifice. Tithing and stewardship is sacrificial giving and an important part of our faith journey. Regardless your socio-economic level, please give the first fruits of your blessings to your parish, school and community. Our schools have survived and flourished through the tireless commitment of hundreds who came before us. As we celebrate Catholic Schools Week, let us renew our commitment to give of ourselves out of gratitude for the blessings we have in our lives.

To ensure that Pius flourishes in the years to come, we have begun a Strategic Planning and Vision Process which is being facilitated by Anne Steinhoff of Omaha. The first update of this process is included in this newsletter on page 7 under the title "Stakeholder Update No. 1" and will be posted on our website. You will receive regular updates and may be asked to participate at different levels. I hope you will take the time to participate when asked. Thank you.

The kitchen project is underway. After the Kohl's Cares competition, the food service director and members of the administration, board of advisors, and booster club worked diligently to finish architectural designs for the new kitchen. Much work, discussion and disagreement led us to the best plans. My consistent mantra was to be responsible and smart with finances while not cutting corners. I do not want to build a kitchen and realize in five years that we shorted the project and have to remodel it. Prior to this kitchen design, we spent much time working on a Master Facility Plan (MFP). This MFP is critical so that as Pius X builds and/or renovates, it all fits together well and serves our needs now and in the future. When we started estimating the cost of new kitchen, I thought \$750,000 was an inclusive cost, and I made that figure public during the Kohl's Cares Competition. Subsequently, I learned that figure did not include equipment. Ugh! As we worked on kitchen design, being sure to include the necessary concession area, the square footage went from 2,200 to 2,945 sq. ft. of new construction and from 1,600 to 2,780 sq. ft. of remodeled space. We did a public bid of the project, and Kingery Construction received the contract for \$898,800. The kitchen equipment bid has come in at \$235,000. We previously thought it would be \$175,000. When the \$60,000 architectural fees and \$10,000 temporary parking lot are added, we have a total cost of \$1,204,000. WOW!! It is going to be a darn nice kitchen and concession area! Not extravagant...but done right! We have \$500,000 from the Kohl's cares competition (thank God! and all the people who worked so hard on this!) and \$55,000 from last year's BOLT. We will be using almost all of this year's BOLT money for the Kitchen (hopefully around \$120,000) and the booster club is hoping to give around \$50,000 to help with the concession area cost. That gives us \$725,000 in income. We will borrow money for the rest and pay that off through future BOLTS and individual donations toward this project (Hint! Hint! Nudge! Nudge!). The only campaign was Kohl's Cares, and there will NOT be another one for this project. Our Foundation/Development Office continues to apply for grants to help with the project, as well. We will keep you updated! The goal is for the kitchen to be ready for use on the first day of school in August 2011.

Let me close with a quick note of congratulations to all our students and their activities. We have incredibly talented students. Our winter activities are in full swing and starting to get ready for districts and state. One of our new activities this year, Academic Decathlon, made it through regional competition and earned a trip to State on February 18-19. Go Bolts!

Thanks for all your support and help. Let us continue to pray for one another!

Sincerely Yours in Christ,  
Father Jim Meysenburg  
Superintendent

**February 2011**

**Pius X High School Newsletter**  
is published monthly throughout the school year.

**Pius X Catholic High School**  
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**The Pius X Mission Statement:  
To Restore All Things In Christ**

We are dedicated to a total education that is Christ-centered by integrating Catholic values in all areas of life and providing academic preparation of the highest quality in a disciplined environment.

**Administrative Team**

Rev. James Meysemburg, Superintendent  
Tom Kortz, Principal  
Greg Lesiak, Assistant Principal  
Jan Frayser, Guidance Director

**Guidance Office**

Jan Frayser, Director  
Connie Freudenberg, Counselor  
Claire Stramel, Counselor  
Peggy Wilkins, Secretary  
Sr. Patricia Ann Hanus, Secretary  
Jeanne Vaggalis, Secretary

**Campus Ministry**

Sr. Veronica Volkmer, Religion Coordinator  
Fr. Joseph Bernardo, Campus Chaplain  
Emily Wyatt, Lay Campus Minister

**Activities Office**

Tim Aylward, Activities Director  
Jake Moore, Assistant Activities Director

**Business Office**

Karen Francis

**Office Support**

Georgia Miller, Secretary  
Jolene Ritzman, Athletic Secretary  
Sandy Hartman, Attendance Secretary

**SCIP Coordinator**

Julia Schonewise

**Booster Club**

Ron & Claire Schinkel, Co-President  
Duane & Mary Hugo, Co-President

**Foundation Office**  
(402) 488-1046

Michelle Birkel, Director  
Amy Riley, Administrative Assistant  
Deb Hoge, Administrative Assistant  
Sophia Werning, Grant Writing Specialist

**Alumni Relations**

Kristin (Edwards) Heath, Class of '91

**BOLT Coordinator**

Deb Schulte

**Yearbook**

Special thanks to the talented photographers of the 2010-11 Pius X Yearbook staff who contribute to this publication: Sponsor Sandi Sullivan, Editor In Chief Preston Sparks, Assistant Editor Kathy Do, Assistant Editor Hannah Hovis, Rebecca Beecham, Kayla Condello, Chloe Johnson, Jessica Kapustka, Lily Kennett, Johnathon Knobbe, Kathryn Krick, Daniel LeDuc, Brenden Love, Abby McClure, Drew Miller, Mary Kate Sievert, Kaitlin Slattery, Mary Sullivan, and Mikayla Tremain.

**Please submit articles to:**

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[marilyn.twehous@piusx.net](mailto:marilyn.twehous@piusx.net)

**Connealy, Elsener, and Seib Selected To Lead  
A Memorial Library Summer Satellite On Holocaust Education**



Pictured: Tom Seib, Katie Elsener, and Jane Connealy. Photo courtesy of the Foundation Office.

**Jane Connealy, Katie Elsener, and Tom Seib** have been selected to lead a 2011 Memorial Library Summer Satellite on Holocaust education in Lincoln, Nebraska. Through a highly competitive process, they were selected as **three of twelve leaders across the nation**, based on the strength of their proposal and in recognition of their track record for delivering highly effective professional development as well as their ongoing commitment to teaching for social justice. The three teachers will facilitate a week-long summer seminar entitled, "There is No Future without Memory: Exploring the Holocaust and Social Justice." Their seminar will consider connections between the Holocaust, anti-Semitism, and genocide to local issues important to Nebraskans. The process and the product of the seminar will provide a valuable, powerful curricular resource and experience for veteran teachers and those just entering the profession. The seminar will cover difficult issues such as immigration and racism and will offer participating teachers access to resources that offer knowledge as well as useful pedagogical strategies. Most importantly, participants will create a new network able to support their efforts to advocate for social justice in their schools and communities. A short video about the seminar, as well as more information about the Memorial Library, the Holocaust Educators Network, and other Summer Satellites can be found at [www.thememoriallibrary.org](http://www.thememoriallibrary.org). Congratulations to these three teachers who will play a pivotal role in making Holocaust education accessible to educators across grade levels and content areas in our district. Teachers that are interested in attending may find an application and more information at <http://www.unl.edu/newp/> or contact one of the leaders above.

**Poetry To Be Published In Book**

Congratulations to five first semester **Senior Writing** students whose poetry has been selected to be published in the book *A Celebration of Today's Writers*. Those students are: **Jessica Albin, Morgan Birkel, Hannah Schinkel, Holly Stejskal, and Sara Vondracek**.

**Academic Decathlon Team Is Going To STATE!**

Saturday, January 15, 2011, Pius X High School made its first appearance at the **Academic Decathlon Regional Competition** at Omaha Central. Students took a series of six exams focused around the Great Depression in Language and Literature, Music, Art, Math, Economics and Social Science, then participated in the Super Quiz Bowl with a focus on Geology. The students won a total of 17 medals. In the Varsity Division: **Joe Kotopka** 1st in Art and 3rd in Super Quiz; **Kelsey Konecky** 3rd in Art, Language and Literature, Economics, Music, Social Science and Super Quiz; and **Anna Hanzl** 3rd in Art as an alternate. In the Scholastic Division: **Audra Nabity** 2nd in Art and 3rd in Super Quiz; and **Gabby Bruckner** 3rd in Super Quiz. In the Honors Division: **Bridget Fitzgerald** 3rd in Super Quiz and High Team Scorer; **Connor Aylor** 3rd in Super Quiz and Alternate Honors; **Kathryn Kopezky** 1st in Language and Literature; and **Stephen Kotopka** 1st in Art. Team Coaches: **Mary Jo Kopf, Sandi Sullivan, Ann Kotopka, and Margaret Kaiser-Woodward**. Students and coaches have four weeks from this regional competition to prepare for the state competition to be held at Creighton University on February 18th and 19th which will add Speech, Composition and Interview competitions to round out the ten areas of study.

**Speech Team In The Busiest Part Of The Season**

The **Pius X Speech Team** is back in the swing of things with the busiest part of the season in January and February. At the Millard North Invitational, a tournament featuring 800 entries from seven states, the Bolts placed two competitors in the finals. **Kathryn Budell** placed 11th in novice Poetry and **Jessica Tran** finished 12th in novice Dramatic Interp. The team took action at the Raymond Central Invite on January 15th, where **Sarah Benal** placed 4th in Dramatic Interp and **Caleb Hile** finished 10th in Informative Speaking. Other tournaments in January included Lincoln Southwest on January 22nd and Lincoln Northeast on January 29th. The regular season wraps up with several meets in February: Kearney – February 4th, Crete – February 5th, Lincoln North Star – February 12th, Lincoln East – February 18th, and Aquinas – February 19th. The Pius X Speech Team is coached by **Nolan DeWispelare**.

## Advent Services Focus On Las Posadas



Ellen Cunningham

- Photo courtesy of Yearbook -

Pius X students, faculty and staff gathered each week during Advent for a brief Advent service. This year our theme was “Las Posadas.” This traditional retelling of the journey of Mary and Joseph on Christmas Eve began in Mexico during the late 1500’s. Traditionally Las Posadas is held on nine nights. It begins on December 16th and ends on December 24th. Many people in the community travel together from house to house, just as Mary and Joseph did, looking for shelter. For our services, we focused on two ‘shelters’ in which Mary and Joseph were turned away and concluded with a home in which they were welcomed in.

The first service, held on November 29th, began as **Kathryn Kopetzky**, a junior, led us in an opening prayer and explained our theme of Las Posadas. Then seniors **Mark Edwards** and **Joe Naumann** read the beginning of the story of Las Posadas. **Shannon Kelly**, a junior, shared with us a song that she composed called, “Your Voice.” She spoke about her inspiration for the song and explained how we all have a role in bringing Christ to others as lovers, fighters and givers. The first service concluded with a prayer and blessing by **Fr. Meysenburg**, our superintendent.

The second service, held on December 6th, focused on Mary and Joseph’s second encounter with an Inn Keeper in which they were turned away. Juniors **Kathleen Meradith** and **Marie Wathen** welcomed everyone and led us in an opening prayer. **Gabby Gutierrez** and **Sarah Benal**, both seniors, read the second part of Las Posadas. Then **Ellen Cunningham**, a senior, shared a personal story of difficulty and the importance of perseverance. She linked her struggles to those of Mary and Joseph and although she has had many roadblocks, she continues to persevere with the hope of finding ‘shelter.’ **Fr. Bernardo**, our school chaplain, led us in a closing prayer.

Our third and final Advent service, held on December 13th, focused on the joy that Mary and Joseph felt when they finally found posadas or shelter. **Mary Marsolek**, a junior, led us in an opening prayer. Sophomore **Logan Gustafson** played the role of Joseph and **Jennine Kottwitz**, a senior, was the Inn Keeper. Seniors **Claire Pohlen** and **Jessica Albin** both shared reflections on how we all experience ‘Inn Keepers’ in our lives and challenged us to be welcoming to all. **Sr. Veronica**, the Chair of the Theology Department, led us in a closing prayer.

A big thank you to Seniors **Ivy Stejskal** and **Preston Sparks**, and juniors **Kathryn Kopetzky** and **Shannon Kelly**, members of the FCT leadership board who helped plan the Advent Services.



- Photo courtesy of Yearbook -

## Christmas Band Concert

On Sunday, December 12, 2010, the Pius X **Band Department** presented a Christmas Band Concert with Conductors, **Mike Murphy**, **Karen Murphy**, and **Marcus Price**. **The Jazz Band** performed “Take The ‘A’ Train” and “Silent Night”; **The Flute Choir** performed “Angels We Have Heard On High” and “Carol of the Bells”; **The Senior Flutes** performed “Silent Night”; and **The Concert Band** performed “A Celebration of Carols”, “Sacred and Profane”, “A Christmas Tree”, “Here Comes Santa Claus”, and “Pacem Noel”.



- Photo courtesy of Yearbook -

## Epiphany Mass

On Friday, January 7, 2011, the Pius X staff and students celebrated the **Epiphany Mass** together. The Mass celebrant was **Father Lyle Johnson**, pastor of St. John the Apostle parish of Lincoln, Nebraska. Special thanks to all of the faculty/staff & students who provided the music with **Mrs. Odgaard & Mr. Houk**, to those that were readers (**Mr. Aylward**, **Mrs. Buckley**, **Mrs. Frayser**, and **Mr. Logsdon**), to those that brought up the gifts (**Mr. DeWispelare**, **Mrs. Hayes**, **Mr. Kearney**, and **Mrs. Mehlhaff**), and to the altar servers (**Dylan Blake**, **Kevin Curren**, **Matt Ellerbee**, **Gaby Gutierrez**, **Daniel LeDuc**, **Trevon McGill**, **Mitch Schueler**, and **Nate Schlautman**).

## Vocal Department Christmas Service



- Photo courtesy of Yearbook -

On Monday, December 13, 2010, the **Pius X Vocal Department** presented a Christmas Service directed by **Mrs. Mary Odgaard**; accompanied by **Mr. Chad Houk**, **Miss Rosa Egge**, and **Mr. Tim Paek**; and performed by Cantabella, Spectrum, Resonance, Sotto Voce, Pius X Singers, and Show Choir Band.

Narrations were taken from The New American Bible, St. Joseph Edition; “My Soul Magnifies The Lord...A Scriptural Journey With Mary,” by Jeanne Kun; and “Joseph of Nazareth,” by Federico Suarez. Narrators included: **McKenzie Bailey**, **Lucy Baker**, **Esteban Benton**, **Emma Contreras**, **Maggie Dawson**, **Kathleen Kean**, **Joseph Kotopka**, **Laura Kramer**, **Trevon McGill**, **Megan Meagher**, **Kelli Rice**, **Will Roeder**, **Mitchell Scheuler**, **Jacob Swanson**, **Amanda Timm**, and **Abby Zimmerman**. Sincere thanks to: **Fr. Johnson**, **Fr. Jirovsky**, **Mrs. Ellen Soukup**, and the **parish of St. John’s** for their generosity and welcoming spirit.

## Swim Team Looking To State In February

As of Tuesday, January 25, 2011, the **Pius X Swim Team** has 4 automatic state qualifiers: **Lauren Smith** in the 50 Free, **Hanna Wackel** in the 100 Back, **Girls 200 Medley Relay** (Hanna Wackel, Carly Twehous, Bridgette Hafner, & Lauren Smith), and **Girls 200 Free Relay** (Bridgette Hafner, Hanna Wackel, Carly Twehous, & Lauren Smith). The team also has 20 secondary state qualifying times: **Bridgette Hafner** (50 Free, 100 Fly, and 100 Breast), **Austin Hagge** (200 IM, 50 Free, and 100 Free), **Austin Safranek** (100 Fly), **Lauren Smith** (100 Free), **Carly Twehous** (200 Free, 200 IM, 50 Free, 500 Free, and 100 Breast), **Hanna Wackel** (200 IM, 100 Free, and 500 Free), **Boys 200 Medley Relay** (Austin Hagge, Mitch Theil, Austin Safranek, & Mark Hugo), **Boys 200 Free Relay** (Austin Safranek, Colin Costello, Mark Hugo, & Austin Hagge), **Boys 400 Free Relay** (Austin Safranek, Ian Addy, Mark Hugo, & Austin Hagge), and **Girls 400 Free Relay** (Lauren Smith, Hanna Wackel, Carly Twehous, & Bridgette Hafner). The Bolts will travel out-of-town to five more meets. State competition will take place at the Bob Devaney in Lincoln from **February 24-26** (Thursday-Saturday) with finals being broadcast on Saturday, February 26, on NETV public television. The Pius X Swim Team is coached by **Cindy Nash** and assisted by **Maggie Bach**.

Tune in to Catholic radio at 102.7 FM or [www.kvss.com](http://www.kvss.com)



Tony McWilliams



Aaron Welch



Kat Woolman

### Youth Leadership Lincoln

**Youth Leadership Lincoln** Class XIV (YLL XIV) is made up of sophomores representing Lincoln and Lancaster County public and private high schools. Those selected went through an application process consisting of a written application, securing various references and participation in a Group Discussion. As part of their commitment, they meet once each month with teens from other schools and learn about leadership and civic issues in Lincoln, as well as collaborate on various service projects. Each participant will have the opportunity to engage with leaders from business, government, media, social services, health care, and the arts, while learning first hand that youth leadership can, and is necessary to, make a difference. This is a fantastic program and our students who have been accepted each year can sure be proud of this honor. This year Pius X is represented by **Tony McWilliams, Aaron Welch, and Kat Woolman**. Tony is the son of **David & Mary Beth McWilliams** of the St. Peter parish, Aaron is the son of **Robert & Lynne Welch** of the St. Teresa parish, and Kat is the daughter of **Ed & Vicki Woolman** of the St. Joseph parish. Photos courtesy of LifeTouch.

### NSAA Academic All-State For Fall Activities

The Nebraska School Activities Association (NSAA) recently released the **Academic All-State Awards for the NSAA Fall Activities Season** for the 2010-11 school year. Each recipient must meet the following requirements in order to be eligible for the award: (1) – A nominated student must be a varsity player or organizational leader who has played a significant role on the team or in the organizational activity during the seasons for which nominations are accepted. (2) – A nominated student must have a minimum cumulative Grade Point Average, in all curricular subjects, of 93% or 3.7 on a 4.0 point scale. (3) – NSAA high schools may nominate a maximum of two students per NSAA activity program.

Pius X students that earned the NSAA Academic All-State Award for the Fall Activities Season are: Boys Cross Country: **Nolan Border** – Class of 2011, **William Hynes** – Class of 2011; Girls Cross Country: **Megan Drozda** – Class of 2013, **Kelli Rice** – Class of 2011; Football: **Aaron Frey** – Class of 2011, **Taylor Tvrdy** – Class of 2011; Girls Golf: **Abby McClure** – Class of 2012; Play Production: **Connor Aylor** – Class of 2012, **Ellen Cunningham** – Class of 2011; Softball: **Desirae Hakel** – Class of 2013, **Hannah Schinkel** – Class of 2011; Boys Tennis: **Ted Kirkpatrick** – Class of 2011, **Vinnie Warner** – Class of 2011; Volleyball: **Shannon Kelly** – Class of 2012, **Liz Wiest** – Class of 2011.

### All-State Teams For Fall Sports

The Nebraska Coaches Association has released its All-State Teams for the Fall Sports of Boys' Tennis, Girls' Golf and Boys' and Girls' Cross Country. Pius X representatives on these teams are: **Trevor Milburn**, Junior, Class B First Team in Boys Tennis and **Megan Drozda**, Sophomore, Class B Super-State in Girls Cross Country.

### All-State Football Honors

The Lincoln Journal Star and Omaha World Herald announced their **All-State Football** selections for the 2010 season. Pius X student-athletes that were selected in one or both of the publications are: 2nd Team All-Class All-State: **Aaron Frey** – Senior – Defensive Lineman. 1st Team Class B All-State: **Aaron Frey** – Senior – Defensive Lineman and **Blake Merritt** – Senior – Defensive Back. Honorable Mention Class B All-State: **Taylor Kreifels** – Senior, **Michael Aylward** – Senior, **Paul Hoebelheinrich** – Senior, **Taylor Tvrdy** – Senior, and **TJ Westfall** – Senior.

### Green Honor Roll - 1st Semester

#### Green (GPA 3.50-3.75)

Alcalde, Carmen  
Anderson, Walker  
Aylor, Connor  
Aylward, Danielle  
Bachmann, Anne  
Barnes, Brandon  
Barnes, Kaylyn  
Baumert, Hanna  
Benes, Jill  
Benes, Mary  
Berrick, Catherine  
Bogue, Sarah  
Bogus, Hayley  
Boman, Elizabeth  
Border, Nolan  
Bossard, Sarah  
Broers, Taylor  
Brokaw, Alexander  
Bruns, Rachel  
Bryant, Robert  
Bui, My-Trinh Tiffany  
Burt, Abigail  
Carey, John  
Cecava, John  
Chambers, Mary  
Claus, Melody  
Condello, Kayla  
Condello, Shelby  
Cowling, Caleb  
Crawford, Katherine  
Crawford, Thomas  
Cuddy, Erin  
Demuth, Amanda  
Deterding, Jackson  
Dodson, Beau  
Drozda, Erin  
Duggan, Max  
Dunbar, Molly  
Endrulat, Carl  
Finegan, Joseph  
Finley, Anthony  
Fish, Austin  
Flesher, Anne  
Frey, Aaron  
Frey, Andrea  
Garay, Claire  
Gibbs, John  
Gierhan, Joryan  
Gose, Caleb  
Greitens, Adam  
Gries, Catherine  
Gude, Jack  
Gutierrez, Gabriel  
Hachiya, Joel  
Hakenkamp, Michelle  
Haney, Madison  
Hansen, Bridget  
Harshman, Brian  
Heibel, Michael  
Heimes, Alex  
Heimes, Nathan  
Higgins, Patrick  
Hobbs, Rachel  
Hoebelheinrich, Paul  
Hoffman, Morgan  
Horta, Hannia  
Hovis, Hannah  
Hoxmeier, Alivia  
Hruby, Alexander  
Jablonski, Jacklyn

Jaros, Ruth  
Johnson, Chloe  
Johs, Nicholas  
Kallas, Kelly  
Keiter, Anthony  
Kelly, Nicole  
Kenney, Madeline  
Knobbe, Bailey  
Knobbe, Johnathon  
Koehler, Colin  
Korensky, Colin  
Kortum, Ryne  
Kosch, Matthew  
Koziol, Allyson  
Kramer, Laura  
Kreifels, Austin  
Kreikemeier, Alec  
Kreikemeier, Kaylin  
Klings, Shae  
Kurtenbach, Sam  
Lacy, Derek  
Lang, Alexandria  
Lang, Rebecca  
Lauer, Christopher  
Le, Samantha Ngoc-Nhi  
LeDuc, Daniel  
Litt, Mary  
Logsdon, Isaac  
Machacek, Kelly  
Manning, James  
Marmie, Blake  
Martinez, Grasiela  
Martinez, Rosalva  
Mason, Eric  
Mattison, Caitlin  
McClellen, Ethan  
McDermott, Maggie  
McElroy, Abigail  
McElroy, Grant  
McGill, Treyson  
McKee, Hilde  
McManus, Erin  
Meyers, Margaret  
Meza, Paul  
Milburn, Anissa  
Miller, Abigail  
Miller, Jeremy  
Miller, Katelin  
Minchow, Brian  
Minchow, Emily  
Moeschen, Kathleen  
Morales, Valeria  
Nagel, Tiffany  
Nguyen, Cecilia  
Nguyen, Kailee  
Nguyen, Shawn  
Nickman, Jared  
OShea-Creal, Liam  
Penkava, Madelyne  
Pieper, Erica  
Pinkerton, Johnna  
Policky, Eric  
Power, Meredith  
Pribnow, Nolan  
Pryor, Eric  
Raetz, Rex  
Raetz, Sam  
Raun, Samuel  
Ray, Eli  
Ray, Wyatt  
Reese, Andrew  
Regan, Anna  
Reifschneider, Marie

Reiling, Hannah  
Reinhart, Matthew  
Richert, Anne  
Richert, Joseph  
Roeder, Will  
Sartore, Cole  
Sasse, Alec  
Schieke, Lauren  
Schmidt, Caitlyn  
Schuller, Nicholas  
Sedlak, Ashley  
Sims, Lauren  
Spethman, Shannon  
Steffensmeier, Kimberly  
Stoley, Derek  
Stuchlik, Erika  
Swanson, Jacob  
Thomas, Erin  
Thompson, Kimberly  
Tomjack, Joshua  
Topil, Bailly  
Tremain, Mikayla  
Tucker, Katelyn  
Ventry, Camrie  
Vestecka, Dillon  
Vossler, Benjamin  
Votipka, Maria  
Vu, Ninh Hai  
Waite, Lizzy  
Weber, Alexandra  
Weber, Sierra  
Weskamp, Alison  
Wilcox, Lauren  
Woods, Maria  
Yeates, Alyssa  
Youngmans, Brandi  
Zeleski, Katrina  
Zeplin, Matthew

## Gold Honor Roll - 1st Semester

### Gold (GPA 3.75-4.00)

Ackerman, Taylor	Damm, Jesse	Husmann, Elizabeth	Meyer, Derek	Sindelar, Chad
Ackermann, Bree	Davenport, Margaret	Hynes, William	Meyers, Jacob	Sjuts, Kathryn
Akins, Samuel	Dawson, Mary Margaret	Izquierdo, Santiago	Milana, Emily	Slattery, Kaitlin
Albin, Annie	Dean, Jillian	Jablonski, John	Miller, Drew	Sloan, Mandy
Albin, Jessica	Do, Caitlyn	Jacobsen, Melanie	Miller, Jacob	Sousek, Jeremy
Albin, Zachary	Dolph, Ellen	Jaros, Peter	Miller, Maxwell	Statz, Keevan
Albrecht, Elizabeth	Dolph, Erica	Javadi, Noah	Minchow, Tyler	Steger, Haley
Allder, Dale	Dongilli, Dominic	Jimenez, Brianna	Morehouse, Maggie	Steinbach, Emily
Almazan, Clarisa	Dostal, Brianna	Johnson, Amber	Morehouse, Thomas	Stejskal, Alexander
Anderson, Ashley	Drahotka, Whitney	Johnson, Margaret	Morin, Emma	Stejskal, Ivy
Arndt, Anna	Drehs, Anna	Johs, Erica	Morris, Claire	Stewart, Kayla
Arneson, Brenna	Driewer, Mary	Jundt, Derek	Munroe, Courtney	Stewart, Kendra
Arrigo, Emily	Drozda, Megan	Jundt, Jacob	Murphy, Joseph	Swanson, Benjamin
Asselin, Megan	Duden, Zachary	Kasperek, Allison	Naumann, Joseph	Swenson, Madelyn
Aylor, Devin	Durbin, Cory	Kean, Kathleen	Nealon, Kelsey	Szatko, Elizabeth
Bailey, McKenzie	Effken, Cassandra	Kean, Matthew	Nelson, William	Talbott, Alec
Baker, Lucille	EGge, Rosanna	Keech, Megan	Nguyen, Diane	Tasler, Margaret
Baker, Samuel	Emmerich, Steven	Kelly, Shannon	Nguyen, Lawrence	Tasler, Sarah
Barnett, Emma	Erskine, Adam	Kennett, Lily	Nguyen, Tanner	Teel, Garrett
Baumert, Katie	Erskine, Kayleigh	Kennett, Summer	Nickman, Sarah	Thavenet, Alyssa
Baumgartner, Eric	Essay, Ann	Kirkpatrick, Theodore	Niemann, Taylor	Theil, Jocelyn
Baumgartner, Kaitlyn	Essay, Madalyn	Koelzer, Jessica	Noel, Haley	Theisen, Alexander
Bayless, Kaitlyn	Farrell, Kiley	Koenig, Madeleine	Novotny, Sara	Theisen, Nicholas
Bell, Zachary	Felber, Cole	Kolbush, Jared	Odum, Ryanna	Thomas, Erica
Benal, Sarah	Ficke, Claire	Kopetzky, Ellen	Olsson, Jack	Thompson, John
Benes, Hannah	Fiedler, Alexandra	Kopetzky, Kathryn	Olsson, Matthew	Timm, Amanda
Benes, Kelsey	Fiedler, Constance	Kosch, Peter	Ondracek, Anna	Tobias, Lauren
Benes, Robyn	Fiedler, Mark	Kotopka, Stephen	ONEill, Sean	Townsend, Sydney
Berning, Kathryn	Fitzgerald, Bridget	Kottwitz, Jennine	Ostasuc, Beatrice	Tran, Hanh
Bevins, Alisha	Foley, Marie	Kottwitz, Sarah	Ostasuc, Esther	Tucker, Alana
Bideaux, Morgan	Foley, Matthew	Kramer, Nathan	Ott, Evie	Tvrdy, Taylor
Birkel, Alexa	Fosler, Kaitlin	Krauel, Danielle	Peirce, Seth	Twehous, Carly
Birkel, Morgan	Frodyma, Benjamin	Krause, Shauna	Piccolo, Dominic	Ullman, Brittany
Bittner, Joel	Geary, Katelyn	Krcmarik, Mason	Piccolo, Maria	Utrup, Alex
Blankenau, George	Gengler, Theresa	Krick, Kathryn	Pick, Madyson	Utrup, Brandon
Boes, Michael	Gibbs, Mark	Kruse, Shelby	Pieper, Natalie	Utrup, Kassandra
Boothe, Sheila	Gibson, Lauren	Kurtenbach, Natalie	Pohlen, Claire	Valaika, Paige
Brakenhoff, Jonathan	Gibson, Robert	Lancaster, Malcolm	Pohlen, Megan	Van Slyke, Tarin
Brakenhoff, Joseph	Giesler, Robert	Lang, Amanda	Pohlen, Nicholas	VanAckeren, Alexander
Brandstetter, Douglas	Gillan, Maura	Lang, Bridget	Pokojski, William	Varilek, Nick
Breiner, Jenna	Gillan, Thomas	Largen, Lauren	Pollock, Brittany	VerMaas, Connor
Brion, Kayla	Goodwin, Abigail	Larsen, Gabriel	Pope, Lauren	VerMaas, Kyle
Brozek, Alison	Gordon, Tatem	Laurell, Rebecca	Pribnow, Marisa	Verplank, Jordan
Bruckner, Simon	Gronewold, Elizabeth	Lierz, Jessika	Printz, Anna	Vrbka, Matthew
Budell, Kathryn	Habrock, Zachary	Lockhorn, Madison	Pryor, Allysa	Vu, Quyen
Buescher, Sarah	Hafner, Bridgette	Long, William	Ragon, Danielle	Vu, Thao
Burks, Joshua	Hafner, Thomas	Maguire, Michaela	Rangel, Kayla	Wackel, Hanna
Burmeister, Jack	Hain, Jacey	Mahler, Zachery	Rashilla, Emma	Wagner, Mary
Butler, Bryan	Hakel, Desirae	Malizzi, Kayla	Rashilla, James	Wahl, Patrick
Byers, Stephen	Hall, Matthew	Marsh, Hannah	Rawlinson, Kate	Walker, Nolan
Cao, David Minh-Tuan	Hammack, Zachary	Marsolek, Clare	Reese, Kelsey	Warner, Davis
Carney, Riley	Hams, Joseph	Marsolek, Mary	Reifert, Amanda	Warner, Vinson
Chapelle, Shelby	Haney, Brandon	Martin, Katelynn	Rentschler, Emily	Wathen, Marie
Chramosta, Tyler	Hans, Austin	Mastel, Alexander	Resseguie, Graham	Weedman, Nicole
Clarence, Anna	Hans, Colton	Mattern, Margaret	Rice, Katie	Welch, Aaron
Clarke, Aidan	Hanus, Christina	McAndrew, Ashley	Rice, Kelli	Wichers, Jennifer
Clement, Emily	Hanus, Jacob	McBride, Theresa	Rice, Richard	Wiest, Elizabeth
Clement, Nathan	Hanway, Kaylee	McCashland, Megan	Richard, Deidre	Wilhelm, Eric
Coffey, Emily	Harrison, Paige	McClure, Abby	Sack, Lea	Wilkerson, Danielle
Collins, Broden	Hecker, Abigail	McConkey, Madison	Sanders, Timothy	Wittwer, Josalyn
Connot, Anthony	Heibel, Haley	McDermott, Carolyn	Schafers, Hannah	Woit, Benjamin
Contreras, Emma	Hellem, Abigail	McDonald, John	Scheuler, Jared	Woolman, Katherine
Cooney, Ashlee	Henrichsen, Claire	McGahan, Megan	Schilmoeller, Matthew	Wordekemper, Elise
Cooney, Caitlin	Hile, Caleb	McGill, Trevon	Schimenti, Hallie	Wright, Rebecca
Cordry, Katelyn	Hile, Leah	McKee, Myra	Schinkel, Hannah	Zastrow, Allison
Cordry, Melanie	Hilger, Amanda	McKeegan, Megan	Schlautman, Nathan	Zeutzius, Tanner
Cox, Jayme	Hinds, Nicholas	McWilliams, Anthony	Schneider, Thomas	Zimmerman, Abby
Crook, Alexandra	Hoesing, Caleb	Meagher, Laura	Schoening, Abigail	Zimmerman, Eric
Cunningham, Ellen	Holtmeier, Jacob	Meagher, Megan	Scholz, Sarah	Zornes, Fletcher
Curran, Kevin	Hotovy, Maria	Medill, Rose	Schueth, Alex	Zornes, Harrison
Dalton III, Thomas	Hovis, Meredith	Mejstrik, Ashley	Schumacher, Grant	Zuercher, Nicholas
	Hugo, Mark	Menke, Rachael	Searls, Aaron	
	Hupf, Lauren	Mennenga, Chelsea	Sedlak, Zakary	
	Hupp, Rachel	Meradith, Kathleen	Seier, Camrie	
		Merrill, Regina A	Sievert, Mary	
		Meyer, Danielle	Simpson, Corinne	

### 7th Annual Alumni Basketball Tournament

MARCH MADNESS THUNDERBOLT STYLE  
FRIDAY, MARCH 18, 2011  
SATURDAY, MARCH 19, 2011

Mark your calendars to be a part of the Seventh Annual Thunderbolt Alumni Basketball Tournament, "March Madness - Thunderbolt Style." The tournament will be held **Friday, March 18, 2011**, and **Saturday, March 19, 2011**, in the Pius X gym. On Saturday, March 19, 2011, there will also be a social for all the participants and their guests.

Start forming your team now! Remember, classes can have more than one team and you need not have played basketball in high school to play in this tournament; you just need to be a Pius X graduate.

More information is available on the website <http://alumni.piusx.net/events/basketball.htm>. To register to be a contact person (captain) for your graduation year, to be a part of the planning committee, or if you would like more information, please contact **Greg Lesiak** at (402) 488-0931 or via email at [alumnibasketball@piusx.net](mailto:alumnibasketball@piusx.net).

### The 7th Annual Thunderbolt Scramble

Monday, June 20, 2011

Firethorn Golf Club

Registration 11:30 a.m. - 12:00 p.m.

Shotgun Start 1:00 p.m.

Wine Tasting 5:00 - 6:00 p.m.

Dinner, Music, & Awards 6:00 p.m.

Closest To Pin From Patio 6:15 p.m.

There are multiple levels of sponsorship and registration.

Registration is due Friday, June 10, 2011, and is limited to the first 36 teams.

### 2011 Class Reunions

If you would like to help organize a class reunion, please contact **Kristin Heath** in the Alumni Office at (402) 488-0931 ext. 10132 or via email at [kristin.heath@piusx.net](mailto:kristin.heath@piusx.net).

#### 2011 Honor Years

1961 ~ 1966 ~ 1971 ~ 1976 ~ 1981 ~ 1986 ~ 1991 ~ 1996 ~ 2001  
50 yr ~ 45 year ~ 40 year ~ 35 year ~ 30 year ~ 25 year ~ 20 year ~ 15 year ~ 10 year

**Class of 1961** - weekend of September 23, 2011

**Class of 1986** - Friday, July 29 thru Sunday, July 31, 2011

**Class of 1991** - Friday, July 22 and Saturday, July 23, 2011

**Class of 2001** - Friday, June 17 thru Sunday, June 19, 2011

If your class does not have a reunion planned yet and you would like to get one started, please call the **Pius X Alumni Office** at (402) 488-0931 or email at [kristin.heath@piusx.net](mailto:kristin.heath@piusx.net). For updated information on what is being planned for your class reunion, please visit <http://alumni.piusx.net/reunionschedule.htm> or the Pius X website at [www.piusx.net](http://www.piusx.net) [Alumni, Alumni Home, Reunions, and Scheduled Events].

### Reconnect With Pius X Alumni

Reconnecting with Pius X alumni is as easy as logging on to the web. Find us at [www.facebook.com/lincolnpiusxalumni](http://www.facebook.com/lincolnpiusxalumni). Get the latest news and keep in touch with old friends. For more details, contact Alumni Director **Kristin (Edwards) Heath '91** at [alumni@piusx.net](mailto:alumni@piusx.net).



## BOLT DOWN THE NILE...BOLT 2011

A BENEFIT FOR PIUS X HIGH SCHOOL AND THE PIUS X BOOSTER CLUB  
GOURMET DINNER, LIVE & SILENT AUCTIONS, AND LOTTERY  
PIUS X HIGH SCHOOL GYMNASIUM  
SATURDAY, APRIL 30, 2011

BOLT 2011 lottery tickets sales begin on **Sunday, January 30, 2011**. Tickets are **\$100.00 each**. The drawing will be held Saturday, April 30, 2011, at the BOLT 2011 event. Winners do not need to be present to win.

Grand Prize \$10,000.00  
Second Prize \$ 2,500.00  
Third Prize \$ 1,500.00  
Fourth Prize \$ 1,000.00

BOLT is the fundraiser held in the Spring to support the Booster Club and to aid in renovations of the physical facility of Pius X High School. The proceeds of this year's BOLT will be used to **make payment on our asbestos loan, to build the new kitchen, and to continue to support Booster Club activities.**

If you would like to sell or purchase lottery tickets, you may call **Deb Schulte** at Pius X at 488-0931 or Lottery Chairs, **Tim & Jennifer Conzemius** at 421-1830 or **Joe & Penny Bachmann** at 423-9027. Visit us online at <http://www.piusx.net/Bolt/default.aspx>.

### Students To Sell BOLT Lottery Tickets

Attention Parents!!! Lottery tickets and informational sheets for BOLT 2011 will be distributed to all students before the end of February. In the past, the students have contributed **greatly** to the success of BOLT by selling these tickets. All students are eligible to sell as many of these lottery tickets as they wish. They will have the chance to win cash prizes of \$300, \$200, or \$100 for the top three student ticket sellers. The individual who sells the grand prize winning ticket receives \$100 as well. The proceeds of this year's BOLT will be used to make payment on our asbestos loan, to enlarge our kitchen, and to support Booster Club activities. If you have any questions, please contact **Deb Schulte** at Pius X at 488-0931; or **Tim & Jennifer Conzemius** at 421-1830 or **Joe & Penny Bachmann** at 423-9027, Lottery Chairs.

### Summer Camps

Pius X High School has announced the following **camps** for the **summer of 2011**. More camps will be announced as they are scheduled. All camp information is subject to change without notice. Please review these camps in each parent newsletter and on the Pius X website as some changes may occur before the start date. The costs listed below are for early registration. Costs may increase after the registration deadline. Some camps offer a discount for a family that is registering more than one child. Please see the registration form for details. Registration forms for these summer camps will be available mid-April in the Catholic elementary schools, at Pius X, and on the Pius X website at [www.piusx.net](http://www.piusx.net) [Activities/Summer Camps].

Camp	Age	Dates	Start	End	Cost
Baseball	entering 6th - 9th grade	May 31, June 1, 2, 3	9:00 a.m.	12:00 p.m.	\$ 70.00
Performing Arts	5-14 year old boys & girls	June 20, 21, 22, 23, 24	10:00 a.m.	1:00 p.m.	\$ 75.00
Football	entering 9th - 12th grade	July 18, 19, 20, 21, 22	8:00 a.m.	12:00 p.m.	\$ 40.00
Band (required)	entering 9th - 12th grade	July 28, 29 Aug 1, 2, 3, 4, 5	9:00 a.m.	12:00 p.m.	free
			6:00 p.m.	9:00 p.m.	

### Spring Sports Begin February 28

The following spring sports are offered by the NSAA (Nebraska School Activities Association) at Pius X High School and begin **Monday, February 28, 2011: Baseball** (Troy Charf), **Boys Golf** (Tom Seib), **Boys Soccer** (Harlan Milder), **Girls Soccer** (Steve Andersen & John Colborn), **Girls Tennis** (Laurie Rodaway), and **Girls/Boys Track** (George O'Boyle). **Be sure that your athlete has had a physical examination after May 1, 2010, and that parents/guardians have submitted a consent form PRIOR to try-outs (please see the article below).**

### Forms Required For Spring Sport Participation

All athletes participating in any sport during the 2010-2011 school year must have had a physical after May 1, 2010, in order to try out for a team. Students need to turn in two forms in order to tryout and participate in athletics (1) the **Clearance Form** (part 3 of the NSAA Pre-Participation Physical Form) completed **AFTER** May 1, 2010, signed by the examining physician conducting the student's physical and (2) **NSAA Student and Parent Consent Form**. Both forms are available in the Pius X main office or on the NSAA (Nebraska School Activities Association) website at [www.nsaahome.org](http://www.nsaahome.org). **Note: If your athlete was involved in a Fall or Winter sport, it is NOT necessary to submit another set of forms.** If you have questions regarding these forms or whether your son/daughter has previously turned in these forms, please contact **Mr. Jake Moore** ([jake.moore@piusx.net](mailto:jake.moore@piusx.net)) in the Activities/Athletics Office.

### Trap Club Begins In February

The **Pius X Trap Club** will begin practices in **February** for all interested boys and girls grades 9-12 with actual **competition running from mid-March until the first week in May**. Practices will be held **Tuesdays & Thursdays from 3:30-5:30 p.m.** and **meets held on Saturdays**. Note: All shooters are required to pass a **Hunter Safety program** that is taught through the Nebraska Game and Parks Commission (registration is available at: [www.ngpc.state.ne.us/hunting/programs/education/HEClass.es.asp?ClassType=firearm](http://www.ngpc.state.ne.us/hunting/programs/education/HEClass.es.asp?ClassType=firearm)). The Pius X Trap Club was formed in the early 1970's and is still growing. Last year there were over 60 members including Junior High students (6th-8th grade). The Pius X Trap Club coaches are very good trap shooters who assist members in improving their shooting skills along with safe gun handling. For more information, please contact **Dave Tunink** at 483-4973 or **Ann Lafler** at 488-7752.

### 2011-12 Sports Physicals On May 24, 2011

The **Pius X Booster Club** will sponsor **2011-12 Sports Physicals** on **Tuesday, May 24, 2011, from 6:00-9:00 p.m.** at Pius X. All 2011-12 Pius X students are welcome to attend. Lincoln area physicians and staff will conduct the exams. The cost will be \$15 with checks payable to the Pius X Booster Club. Participants must bring a completed NSAA 2011-2012 Physical Form signed by a parent or legal guardian. Forms will be available in the Pius X main office after May 1, 2011, or on the NSAA (Nebraska School Activities Association) website at [www.nsaahome.org](http://www.nsaahome.org). If you have any questions, please contact **Mr. Jake Moore** ([jake.moore@piusx.net](mailto:jake.moore@piusx.net)) in the Activities/Athletics Office.

### Winter Sports - Attention Pius X Fans!

There are several winter sports at Pius X to watch and cheer! Please join our Pius X family at one of these HOME events during February:

Tuesday, 2-1-11	6:15/8:00 p.m.	JV/V Girls Basketball vs. Omaha Mercy
Friday, 2-4-11	6:15/8:00 p.m.	JV/V Boys Basketball vs. Omaha Gross
Saturday, 2-5-11	5:15/7:00 p.m.	JV/V Boys Basketball vs. Council Bluffs TJ
Tuesday, 2-8-11	6:15/8:00 p.m.	JV/V Boys Basketball vs. Lincoln Southeast
Thursday, 2-10-11	6:15/8:00 p.m.	JV/V Girls Basketball vs. Lincoln Southeast
Saturday, 2-12-11	5:15/7:00 p.m.	JV/V Boys Basketball vs. Omaha Skutt
Monday, 2-14-11	6:30 p.m.	10th Grade Boys Basketball vs. Norris
Tuesday, 2-15-11	6:15/8:00 p.m.	JV/V Boys Basketball vs. Hastings
Friday, 2-18-11	6:15/8:00 p.m.	JV/V Girls Basketball vs. Ralston

### Support Spring Sports & Activities By Joining The Pius X Booster Club!

If your child participates in spring sports, music, drama or other extracurricular activities, support them with your membership in the Pius X Booster Club. If you are already a member, thank you!! If not, find an application form on the Pius X website at [www.piusx.net](http://www.piusx.net) or in the main office.

### Girls Tennis Try-Outs Begin February 28

Tennis Team tryouts will be held February 28-March 2, 2011. Specific times and locations will be announced later. Attendance at all tryout sessions is mandatory.

#### Important Dates:

February 28 - March 2, 2011	tennis team tryouts
March 17, 2011	season competition begins
May 13, 2011	Class B Districts
May 19 -20, 2011	State Tennis

**Physicals:** You must have your doctor complete the physical form and turn in the NSAA Release Form in order to try out for the tennis team. If you participated in a fall or winter sport at Pius X and have already submitted these forms, it is not necessary to do so again. If you have not played on a team sport previously this year, you must have your physical and release forms turned into Pius X by Tuesday, February 22, 2011.

**Tennis Racket:** Each girl must provide her own racket. If she makes the varsity team, it is recommended that she has a second racket on hand for varsity matches. Because the tension of your racket strings is so important to your game, it is a good idea to have the tension checked and possibly restrung before the beginning of the season.

**Conditioning:** Conditioning is on Wednesdays from 3:45 to 4:30. It consists of general cardio and flexibility training to help you condition on your own the rest of the week. While conditioning is not mandatory, it is highly recommended. The remaining conditioning dates are January 26, February 2, 9, and 23. Please meet in room 152, ready to go.

### Stakeholder Update No. 1 First Blush Group Recap Jan. 24, 2011

*What do we need to know to move forward in creating the Pius X Vision and Strategic Plan?*

That was the question that nearly 20 Pius X stakeholders helped answer last December during two "First Blush" meetings.

The two-hour sessions were conducted to elicit early input into the design and focus of the upcoming strategic-planning focus groups. Stakeholders represented parents, administrators, faculty, staff, clergy, board members, booster club members, home & school association members, students and alumni.

Led by strategic planning consultant, **Anne Steinhoff**, the First Blush groups developed more than 150 questions pertaining to Pius X's future. Key areas of focus included the following:

- School Mission
- Forces, trends and influences
- Curriculum, programs and resources
- Operations
- Financial Foundation
- Facilities
- Technology
- Stakeholders
- Relationships and collaborations
- Marketing and image

First Blush participants also discussed Pius X's strengths, opportunities and challenges, and shared their personal hopes and dreams for the school.

"This early input from a variety of stakeholders is invaluable," said **Fr. James Meysenburg**. "During the next 15 months, the school's planning process will be both intensive and inclusive, involving dozens of stakeholders. The First Blush groups' input will help ensure a credible and successful project launch."

Participants in the Dec. 6, 2010, First Blush Group included **Steve Burt, Gary Hoebelheinrich, Deb Hoge, Mary Hugo, Greg Lesiak, Fr. Jim Meysenburg, Fr. Mike Morin, Jack Peetz, Mitch Scheuler, John Soukup, Liz Sutton, Alana Tucker, and Peter Woolman**.

Dec. 14, 2010, participants included **Michelle Birkel, Bob Bryant, Jan Frayser, Tom Korta, Alan Slattery, Fr. John Sullivan, and Julie Schonewise**.

## Catholic Schools Week

Catholic Schools week will be held from Sunday, January 30, 2011, through Saturday, February 5, 2011. The theme is "Catholic Schools: A+ For America." The theme for Catholic Schools Week 2011 celebrates the fact that Catholic schools are an added value ("a plus") for the nation. Because of their traditionally high academic standards and high graduation rates, all supported by strong moral values, Catholic schools and their graduates make a definite contribution to American society.

Activities at Pius X for the week include the following:

**Monday, January 31, 2011, is Religious Day** ("Dress-Up Day") in which our priests and religious are honored. Participants will dress in church clothes (no jeans). **Bishop Fabian Bruskewitz** will celebrate an all-school Mass at 9:25 a.m. in the Pius X gym. All are invited. A slideshow of the priests and religious will be shown at the end of mass. Religious "fun facts" will be displayed in the Commons during each lunch period.

**Tuesday, February 1, 2011, is Alumni Day** ("Pre-school Day") in which our alumni are honored. Participants will dress in pre-school clothes or jeans with their favorite Pius X shirt. Alumni are invited to attend the 7:30 a.m. Mass in the Pius X Chapel. Mass will be offered for their intentions. Coffee and coffee cake will be served to the alumni in the Commons after Mass. At lunch, a slideshow of alumni who have students at Pius X now, along with various alumni trivia will be shown. The office windows will have pictures and quotes of the alumni. Students from the UNL Newman Center will speak to each of the religion classes about their faith and forgiveness.

**Wednesday, February 2, 2011, is Parent/Guardian Day** ("90's Day") in which our parents/guardians are honored. Participants in the "90's Day" may wear modest clothes from that time period or jeans with their favorite Pius X shirt. Parents/Guardians of Pius X High School students are invited to the 7:30 a.m. Mass in the Pius X Chapel. Mass will be offered for their intentions. Coffee and coffee cake will be served to the parents/guardians in the Commons after Mass.

**Thursday, February 3, 2011, is Faculty/Staff Day** ("Faculty In Jeans Day") in which our faculty are honored. Only the faculty/staff will wear jeans and students will be in regular uniform. An anonymous donor is donating a coffee bar for the faculty/staff. A slideshow of trivia questions about the faculty will be shown in the Commons during lunch.

**Friday, February 5, 2011, is Student Day** ("Pattern Day"). Participants will wear jeans and a modest shirt with patterns or jeans with their favorite Pius X shirt. The students/faculty/staff will each receive a cookie during lunch. The Student Council will hold an all-school assembly (type of a pep rally) in the gym at the end of the day.

Please look for updated events and activities of the week in the daily announcements listed on the Pius X website at [www.piusx.net](http://www.piusx.net).

## Mass For Catholic Schools Week 1-31-11

Mass will be held **Monday, January 31, 2011, at 9:25 a.m.** in celebration of Catholic Schools week. The **Most Reverend Bishop Fabian Bruskewitz** will be the main celebrant. All are invited. Please visit the Pius X website for the modified bell schedule.

## Dino's First Tuesday On February 1

Enjoy dinner at **Dino's** on the **first Tuesday of every month** and support Pius X activities. Visit **Dino's Eastside Grill**, 2901 S. 84th Street, from **5-11 p.m.** on **Tuesday, February 1, 2011**, and **Pius X Booster Club** will receive **10% cash back on every dollar spent**. Be sure to tell your server that you are part of the Pius X Booster Club group.

## New Student Orientation February 7

Pius X High School, selected as one of the top fifty Catholic secondary schools in America in both 2006 and 2007 and Honorable Mention in 2008, will hold their annual "New Student Orientation" on **Monday, February 7, 2011, at 7:00 p.m.** in the Bishop Flavin Gym, 6000 A Street. Students anticipating enrollment at Pius X for the 2011-2012 term are invited to attend with their parent(s)/guardian(s). Please come and explore what Lincoln's only Catholic High School has to offer! If you have any questions, please call the Guidance Office at 488-0931. Attention BOLT fans: The Booster Club will have Pius X merchandise on sale - be sure to look for their table!

## Class Registration – Current Pius X Students

Current Pius X students will be registering for the 2011-2012 school year in February 2011. Pius X counselors will meet with all students in the classrooms to discuss course selection and to advise students regarding appropriate selections. Each student will receive a copy of the 2011-2012 Student/Parent handbook.

Grade Level	Counselors	Registration /Fee Due
Current Juniors	February 9	February 17
Current Sophomores	February 11	February 22
Current Freshmen	February 16 & 17	February 23

The following forms must be completed and returned together by the due date:

- Registration Form** which is completed on the internet at [www.piusx.net/webregistration](http://www.piusx.net/webregistration) and printed. This must be signed by the student and parent.
- Existing Student Questionnaire**
- Tuition Agreement Form** (signed by student and parent/guardian)
- Computer/Internet Use Agreement Form** (signed by the student and parent/guardian)
- \$70 registration fee** due with all other material

The Pius X counselors will be glad to answer any questions you may have regarding registration at 488-0931 in the Guidance Office.

Note: The Pius X guidance counselors will visit the Catholic grade schools for the 8th grade registration on February 14th and 15th.

## Parent/Teacher Conferences February 16-17

Parent/Teacher Conferences for second semester will take place after a noon dismissal on **Wednesday, February 16, 2011**, and **Thursday, February 17, 2011**, from **2-5 p.m. and 6-9 p.m.** Booster Club items will be on sale during these conference times. **Classes on Wednesday, February 16 will only include periods 1-4 and on Thursday, February 17 will only include periods 5-8. Lunch will NOT be served either day.** There will be **NO SCHOOL** the following day on Friday, February 18.

## Pick A Time Begins February 8 At 6:00 p.m.

An internet-based scheduling service called "Pick A Time" will be used to schedule Parent/Teacher Conferences. Instructions for using this service will be found on the home page of the Pius X website at [www.piusx.net](http://www.piusx.net). You will need to have your student's I.D. number and your student's birth date. Appointments for the Parent/Teacher Conferences may be scheduled beginning at **6:00 p.m. on Tuesday, February 8, 2011.**

Any computer with internet access can be used to make appointments. If you are unable to get to a computer, or encounter a difficulty in setting up an appointment, you may call the main office for assistance at **488-0931 between 6:00-7:00 p.m. on Tuesday, February 8, 2011**, and then during regular office hours until **Thursday, February 17, 2011.**

## No School - February 18 and 21

There will be no school on **Friday, February 18, 2011**, due to Parent/Teacher Conferences being held the night before. On **Monday, February 21, 2011**, there will be an in-service for faculty while students have the day off. Enjoy the 4-day weekend!

**Landscaping Club To Sell Carnations**

The **Landscaping Club** will be selling **carnations** for Valentine's Day on **Wednesday, February 9** and **Thursday, February 10** during all lunches. There will be paper hearts to write your friend, teacher, etc., a special message to include with the carnation. The cost is just \$1.00 per carnation. Flowers will be delivered during 8th period on Monday, February 14. All proceeds will be used to build the seat wall in front of the L/PAC. Thank you for your continued support of the Landscaping Club.

**NHS Honors Night - February 14**

The **Pius X National Honor Society (NHS)** will be holding its annual **Honors Night** on **Monday, February 14, 2011, at 7:30 p.m.** in the L/PAC **by invitation only**. The guest speaker will be **Senior Master Sergeant Ronald Polivka**. There will be a reception following the event in the Commons.

**Granite City's Third Friday On February 18**

Visit **Granite City** at 6150 O Street on **Friday, February 18, 2011, and every third Friday of the month**, and the restaurant will donate 10% of sales to Pius X. Guests need to inform their server upon arrival that they are participating in the Pius X event. **Ten percent of sales** raised from those participating will be given to the **Pius X Booster Club** for the support of school activities.

**AMC Math Tests On February 23**

Pius X will be conducting the **AMC 10** (administered to Freshmen and Sophomores) and **AMC 12** (administered to Juniors and Seniors) Tests on **Wednesday, February 23, 2011, during periods 1-4 in the Commons**. One hundred of our top math students are invited to participate. These tests are hosted by UNL and given nation-wide. Pius X High School continues the tradition of making the Math Department proud by the individual performances of our students.

**Driver's Education Class At Pius X**

Driver's Education class will begin **Tuesday, March 1, 2011, at Pius X** and end **Thursday, March 31, 2011**. Class will be held from **7:00 a.m.-8:00 a.m. in room 100, Monday-Friday**. You must have a **learner's permit** and have **at least 12 hours of driving experience**. **Perfect attendance** is required. Driving will be arranged through the student's study hall or after school. The cost is **\$265**. Registration forms are available in the main office. Class size is limited.

**Winter Band Concert On March 6**

The **Winter Band Concert** will take place on **Sunday, March 6, 2011, at 4:00 p.m.** in the gym. The Symphonic Band, Concert Band, and Jazz Band will perform.

**Ash Wednesday Mass On March 9**

The 2011 Lenten season opens with an **Ash Wednesday Mass** on **Wednesday, March 9, 2011, in the Bishop Flavin Gym at 9:25 a.m.** All are welcome. Students will follow a modified bell schedule which may be found on the Pius X website.

**No School On Friday, March 11**

On Friday, March 11, 2011, there will be no school.

**In Touch With Pius Parents - March 14**

The next session of **"In Touch with Pius Parents"** presented by the **Home & School Committee** will be held on **Monday, March 14, 2011, at 7:00 p.m. in the Commons**. A representative of the District Attorney's Office will present on issues related to internet safety. The Pius X Jazz Band will provide entertainment.

**Pius X Machine Contest On March 16**

On **Wednesday, March 16, 2011**, students in AP Physics and PACE will be participating in the **18th Annual Pius X Machine Contest** based on the Rube Goldberg Machine Contest. Rube Goldberg was a Pulitzer Prize winner whose cartoons depicted complicated machines that performed simple tasks. In this spirit, teams of students are building machines that will, in at least 20 different steps, **water a plant**. The contest is a fun way for students to express their creativity as they attempt to solve a problem. The teams will be judged on their ingenuity and on whether their machine successfully completes the task. Everyone is invited to this year's contest, which will begin at **7:00 p.m. in the new gym**.

**10:15 a.m. Start on Wednesday, March 16**

On Wednesday, March 16, 2011, there will be a 10:15 a.m. Start for all students, 9th-12th grade. The teachers will have a meeting.

**Lenten Services Begin Friday, March 18**

Lenten Services will be held at Pius X High School in the Bishop Flavin Gym at **9:37 a.m. on Friday, March 18, 2011; Friday, March 25, 2011; Friday, April 1, 2011; Friday, April 8, 2011; and Friday, April 15, 2011**. All are welcome.

**10th-12th Grade Retreats \* Mandatory \***

**Monday, March 21, 2011, is a mandatory Retreat Day for 10th-12th graders**. The 9th graders will have no school as they had their retreat in August 2010. **All 10th-12th graders should plan their schedules so they may attend the entire retreat.**

**9th Grade:** No School (they had their retreat in August 2010).

**10th Grade Girls:** Dress for the day is casual, but modest. Sophomores must provide their own transportation to and from St. Thomas Aquinas (Newman Center). The retreat will begin at 8:00 a.m. and conclude at 3:30 p.m. Lunch will be provided. Last names beginning with A-L should bring ½ dozen bottles of water. Last names beginning with M-Z should bring ½ dozen treats.

**10th Grade Boys:** Dress for the day is casual, but modest. Sophomores must provide their own transportation to and from the retreat location (tba). The retreat will begin at 8:00 a.m. and conclude at 3:30 p.m. Lunch will be provided. Last names beginning with A-L should bring ½ dozen bottles of water. Last names beginning with M-Z should bring ½ dozen treats.

**11th Grade:** Dress for the day is casual, but modest. Boys and girls will begin and end at Pius X. The retreat will begin at 8 a.m. and conclude at 3:30 p.m. Lunch will be provided. Last names beginning with A-L should bring ½ dozen bottles of water. Last names beginning with M-Z should bring ½ dozen treats.

**12th Grade:** Dress for the day is casual, but modest. Boys and girls will meet in the Pius X Commons at 8:00 a.m. Breakfast AND lunch will be provided. The senior girls will be bused to and from the Blessed John XXIII Center. The senior boys will be bused to and from St. Michael's parish in Cheney. Both will conclude at 4:30 p.m. at their site and return to Pius X by 4:45 p.m.

**Retreat Volunteers Needed**

Many adults are needed to help as small group leaders at the sophomore, junior and senior boy retreats. We prefer adults of the same gender as the students on the retreat. Parents of all grades are also needed to help provide transportation for the JUNIOR retreat. Students perform service projects for several hours as part of their junior retreat, so the transportation helps to get them to and from their service locations. Please email [emily.wyatt@piusx.net](mailto:emily.wyatt@piusx.net) if you are able to help with any of the retreats. Thank you!

**Wordstruck Live! Saturday, April 16**

Please mark your calendars for **Wordstruck Live** to be held on **Saturday, April 16, 2011, at 7:00 p.m.** in the Pius X High School gym. It is an evening presented by the **Senior Writing class** that allows all students the opportunity to share their writing. This is a nice by-product of the Wordstruck Literary magazine that is sponsored by **Ms. Burt**. More information will follow as the date draws nearer.

**Matthew Kelly - May 21 At Cathedral**

Save the date: **Matthew Kelly Passion and Purpose Event-- "Becoming the Best Version of Yourself", Saturday, May 21, 2011, 9:00 a.m. - 4:00 p.m., at Cathedral of the Risen Christ Church**. If you have any questions, please call or e-mail **Jill Korta** at 432-8083 or [korta@inebraska.com](mailto:korta@inebraska.com).

**Replacement ID Card**

Replacement **ID Cards** may be purchased for **\$5.00** before or after school in the Pius X **main office**.

**Spring Musical - Joseph & The Amazing Technicolor Dreamcoat**  
 Production of the Pius X's Spring Musical – “**Joseph and the Amazing Technicolor Dreamcoat**” will take place **March 24-27, 2011**, under the direction of **Mrs. Mary Odgaard** and **Mr. Joseph Moser**. In this retelling of the Biblical story, Joseph is a young man who is his father's favorite child, able to interpret dreams, and given an amazing coat by his father. These facts lead Joseph's eleven brothers to become insatiably jealous and they sell Joseph into slavery, telling their father that Joseph died. Years later, Joseph's now starving brothers ask Joseph, whom they do not recognize, for assistance. Please mark your calendars for the following performances to be held in the Pius X Performing Arts Center (L/PAC):

Thursday	March 24, 2011	7:00 p.m.
Friday	March 25, 2011	7:00 p.m.
Saturday	March 26, 2011	2:00 p.m.
Saturday	March 26, 2011	7:00 p.m.
Sunday	March 27, 2011	2:00 p.m.

Tickets will go on sale in the front office beginning **March 14**.

**Vocal Department Events - April to May**

- Lent Concert**  
Monday, April 11, 2011, 6:30 p.m. at St. John's
- Spring Concert**  
Tuesday, May 10, 2011, 7:00 p.m. in the new gym

**Uniform Shop Hours For February**

The **Pius X Uniform Shop** is located in the Pius X Commons. Please enter the Commons area through the east doors only. The uniform shop will be open on **Tuesdays & Thursdays** after school from **3:35-4:00 p.m.** on regular school days that end at 3:26 p.m. (not on early dismissal days) and some **Saturdays** from **10:00 a.m.-12:00 p.m.** The February 2011 schedule for Tuesdays & Thursdays is **February 1, 3, 8, 10, 15, and 22**, from 3:35-4:00 p.m. The February 2011 schedule for Saturdays is **February 5 and 26**, from 10:00 a.m.-12:00 p.m. For updates and to check for changes in the schedule, please visit the Pius X website at [www.piusx.net](http://www.piusx.net) [Parents Tab-Uniform Shop]. If you have any questions, please contact **Mrs. Hartman** in the Pius X main office at **488-0931** or via email at [sandy.hartman@piusx.net](mailto:sandy.hartman@piusx.net).

**Dennis Uniform**

**Uniform items** may be ordered online from **Dennis Uniform** or purchased at the Dennis Uniform store in Omaha, Nebraska. The website is [www.dennisuniform.com](http://www.dennisuniform.com) and the **Pius X school code** is **PPK**. Note: Items purchased via the Dennis Uniform website or store requires you to pay the Dennis Uniform full price.

**2010-11 Yearbooks For Sale**

The **2010-2011 yearbooks** are on sale for **\$65.00**. The price will increase to \$70.00 in February 2011 after Parent/Teacher Conferences, so be sure to purchase your yearbook now. Students may order yearbooks through **Mrs. Sullivan in room 251** after school. Please make checks out to "Pius X Yearbook". **NEW! Order Your Yearbook Online!!!** Yearbooks may be purchased online for a fee. Go to the Pius X home page, click on "students", click on "yearbook" and click on the banner to purchase a yearbook.

**Graduation Fee**

The 2011 graduation fee will be \$60.00. This fee covers the Lied Center rental costs, cap/gown and diploma. Payment of the fee is due by the end of the 3rd quarter and can be sent to the Pius X Business Office.

**Calculator Batteries May Need Replaced**

Just a reminder that we are at that time in our school year that students may need more school supplies. Please check with your student as to what supplies need replenishing such as batteries for his/her calculator, notebooks, pencils, pens, etc.

**Tissues Needed**

We are in need of **tissues** for our students. If you are able to donate a box or more, please bring them to the main office. One box of tissues per student would be greatly appreciated. As we are often in short supply, please remind your students to carry their own. Thank you for your generosity.

**Junior Trip To Washington D.C.**

Things are moving along nicely planning the D.C. trip. There are 86 Juniors signed up to go to Washington D.C. in June 2011. Students will be asked in February 2011 to write down who they would like to room with on the trip. There will be 4 to a room. A student/parent meeting will be held in May 2011 in the L/PAC to answer any and all questions.

**Recycling Fundraiser Program**

Did you get a new cell phone or MP3 player for Christmas? Are you looking for a safe way to recycle your old cell phone or MP3 player? The **Pius X Recycling Club** can safely recycle these items for you through the **Recycling Fundraiser program** (formerly EcoPhones). It will even help us support our recycling service at Pius X. Please drop off any cell phones or MP3 players that you would like recycled in the office with a note saying, "Recycling Club" on them. If you have any questions please contact **Claire Hicks** at [claire.hicks@piusx.net](mailto:claire.hicks@piusx.net) or visit the recycling fundraiser website at [www.recyclingfundraiser.com](http://www.recyclingfundraiser.com).

**Advertise In The X-Change**

The **Pius X-Change**, our very own student newspaper, is seeking advertisers for our upcoming issues. There are four editions of the X-Change left this year: February 17, March 18, April 15, and May 13. Ads are due a week before publication and must be approved by the adviser before being placed in the paper. The newspaper is funded through ad sales, and your support is greatly appreciated. If you are interested in advertising in the X-Change or if you have any questions, please contact **Nolan DeWispelare** (adviser) at Pius X High School at 488-0931 or by e-mail at [nolan.dewispelare@piusx.net](mailto:nolan.dewispelare@piusx.net). Thank you for your continued support of the X-Change!

**Fantastic February@Your Library**

Celebrate February by finding a fantasy book at the Pius X Media Center. Discover a new book or reread an old favorite. If fantasy is not your genre, see what title might be fantastic for you!

**February Is African-American History Month**

Celebrate African-History Month with a good book. Check out the Pius X media center's display of African-American books, including biographies, fiction and non-fiction books about the Civil Rights movements, other historical events, and poetry. The Pius X collection includes biographies of two Nebraska natives, Gale Sayers and Malcolm X.

**SCIP News - Show Your Kids You Care**

For the coming New Year, resolve to talk more often with your family about healthy decisions and choices. Our research shows that kids who learn a lot about the dangers of drugs from their parents are up to 50 percent less likely to use than those who do not get those important messages at home.

The **Partnership at Drugfree.org** celebrates the positive influence of parents in the lives of their kids. Together, we can help you start the New Year with "10 Resolutions That Show Your Kids You Care."

1. Teach your children to trust you by seeing you as a role model.
2. Be patient, not just tolerant. Apologize when you make a mistake or do something you regret.
3. Ask teens what they need from you - and do whatever you can to meet those needs.
4. Listen to your teens, a lot. Avoid interrupting.
5. Teach your children about ethics, values and principles they can apply in choices and decision making.
6. Help them discover the feeling of gratitude, not just to say thank you.
7. Keep the promises you make. If you do not keep your word, acknowledge that. Help your teen understand the circumstances or choices that precipitated the change in your plans.
8. Answer your teen's questions and be consistent. When you notice behavioral changes in them, make yourself available and encourage them to talk about what is going on in their life.
9. Be understanding when they have a difficult time and let them know you will love them no matter what.
10. Be diligent. Have ongoing conversations with your kids about the risks of drugs and alcohol.

Best Wishes for a safe, happy and healthy New Year.

Taken from [www.drugfree.org](http://www.drugfree.org)

**School Delays/Closings Due To Weather**

School delays/closings may be found on the radio stations, KFOR (1240 AM) or KLIN (1400 AM); on the television stations, Channel 8 and Channel 10/11; and on the LPS District website at [www.lps.org](http://www.lps.org). If Lincoln Public Schools close, Pius X will automatically close. Parents always retain the right to make decisions they feel are in the best interest/safety of their family. On days in which there is school with wintry weather, please remind your students to leave at least 15 minutes early for the school day to allow for adverse conditions. It is important for students to be safe and not to hurry on wintry weather days, but to also know that it is important to be on time.

**Freshmen Corner**

February is when Parent/Teacher Conferences will occur. PLEASE get involved!!!

While it's easy to assume that "no news = good news", students (like most adults) like to receive praise and encouragement.

Here are a few suggestions:

- ◆ "I appreciate your hard work."
- ◆ "I'm proud of you."
- ◆ "I knew you could do it."
- ◆ "Couldn't have done it better myself."

Young adults need to hear from you, especially when your comments are honest, sincere, and unexpected. So even though conferences can be time consuming and maybe even difficult to attend....show your student your support!!! If you can't attend, please contact your teacher. And finally, PRAY for God's grace to be an encourager!!!!

**Green & Gold Meeting Set For February 7**

The coordinators of the Green and Gold will meet **Monday, February 7, 2011**, in the Theology Office at Pius X High School for the annual Valentine meeting. All members are invited but not required to attend. The Green and Gold coordinators are **Mary Doher, Rhonda Litt, and Sister Veronica**. RSVP by phone before Friday, February 4, 2011, to **Sister Veronica** at **402-488-0931, ext. 10135**.

**Pro-Life Essay Contest**

Students in grades 7-11 are eligible to submit a 300-500 word essay. The theme of the contest is: Mother Teresa said "How can there be too many children? That's like saying there are too many flowers". Various national and international groups say that the world is overpopulated. Make a persuasive argument as to why these groups are wrong about overpopulation. Prizes will be awarded: \$40.00 first prize, \$30 second prize, and \$20 third prize at each grade level. First place essays will be submitted for a statewide selection where the winner will receive \$150, with the sponsoring school also receiving \$150. The judges will select winners based on the entry's understanding of the pro-life message, clarity in communicating this message, and creativity & originality. Please submit entries by Saturday, March 26, 2011, to Fr. Leo Seiker at Pius X High School [fr.seiker@piusx.net](mailto:fr.seiker@piusx.net) or mail to: Pro-Life Essay Contest, c/o Fr. Jeff Eickhoff, 800 Fletcher Rd., Seward, NE 68434.

**QUEST Retreats For Freshmen & Sophomores**

**Freshmen and sophomores** are invited to register for a **Quest Retreat** to be held **April 2-3, 2011, at Camp Kateri**. QUEST is a retreat for young Catholics between the ages of 14 and 16 who are freshmen and sophomores in high school. It is woven around the theme of the Three Circles of Love: Love of Self, Love of Others, and Love of God. The name QUEST implies "searching for" and "seeking out". As such, this retreat is designed to bring young people together and invite them to search for and seek out a deeper understanding and appreciation of themselves, others, and God. All registration is now online! To register, please visit the diocesan website at [www.dioceseoflincoln.org](http://www.dioceseoflincoln.org) then click on the orange "Youth Ministry" link at the bottom of the page. For more information, contact the **Family Life Office** at **488-2040**.

**TEC Retreats For Juniors & Seniors**

All **juniors and seniors** are invited to attend **TEC** (Teens Encounter Christ), **February 19-21, 2011, in Wahoo, NE**. TEC is a **3-day retreat program (Saturday-Monday)** for high school juniors and seniors, and college freshmen and sophomores. It provides one of the most valuable ways in which teenagers and young adults can be brought closer to Christ. All registration is now online! To register, please visit the diocesan website at [www.dioceseoflincoln.org](http://www.dioceseoflincoln.org) then click on the orange "Youth Ministry" link at the bottom of the page. For more information, contact the **Family Life Office** at **488-2040**. TEC Retreat dates and locations for the rest of the 2010-11 school year are as follows: February 19-21, 2011, in Wahoo; March 12-14, 2011, in Plattsmouth; and June 11-13, 2011, in David City.

**Pray For Our Seminarian/Novice/Postulant Of The Week**

All members of the Pius X community are encouraged to pray, especially in the month of February, for the following seminarians, novices, or postulants studying for the Diocese of Lincoln:

Week	Name	Place of Study
01/29-02/04	Denton Morris	St. Gregory The Great
02/05-02/11	George Pinkerton	St. Charles Borromeo
02/12-02/18	Cyrus Rowan	St. Gregory The Great
02/19-02/25	Mark Ruhl	Mount St. Mary
02/26-03/04	Benjamin Rynearson	St. Charles Borromeo

- Saint of Forgiveness -



St. Agnes of Sicily  
February 5, 2011

**Spirituality Committee**

By: **Rhonda Litt, Committee Member**

Saint Agatha of Sicily is a virgin-martyr of the early Church and her Feast Day is February 5. Almost nothing is historically certain about this saint except that she was martyred in Sicily during the persecution of Emperor Decius in 251. We have evidence that Agatha was venerated at least as far back as the sixth century. She is one of seven women, excluding the Blessed Virgin Mary, commemorated by name in the Canon of the Mass.

According to the Latin Acts of her Martyrdom, this version says she was the daughter of a distinguished family and remarkable for her beauty. St. Agatha dedicated her life to God at a young age and resisted any men who wanted to marry her. She was persecuted by the Senator Quintianus because she spurned his proposals of love. He had her arrested and brought before the judge – himself. He expected her to give in when faced with torture and possible death, but she simply affirmed her belief in God. It is said she prayed, "Jesus Christ, Lord of all, you see my heart, you know my desires. Possess all that I am. I am your sheep: make me worthy to overcome the devil."

Legend says that Quintian imprisoned her in a brothel in order to get her to change her mind. She suffered a month of assault and humiliation but she never wavered, saying that her freedom came from Jesus. Quintian then sent her to prison. When she continued to profess her faith in Jesus, he had her tortured. He refused her any medical care but God gave her all the care she needed in the form of a vision of St. Peter. She healed and was tortured again and died after saying a final prayer according to legend, "Lord, my Creator, you have always protected me from the cradle; you have taken me from the love of the world and given me patience to suffer. Receive my soul."

To become a Saint, Agatha would have forgiven Quintian and those who persecuted and tortured her. One of the tortures she supposedly suffered was to have her breasts cut off. In her vision of St. Peter it is said he healed them. Because of this, she has most recently been venerated as the patron saint of breast cancer patients.

Our Saint of Forgiveness' Feast Day is on the First Saturday in February. This reminds us of a spiritual devotion for our Pius X families: "The Five First Saturdays: Mary's Great Promise at Fatima". The observance of the Five First Saturdays in honor of the Immaculate Heart of Mary is intended to make reparation for the sins of mankind, oftentimes sins of unforgiveness. This devotion was revealed by the Blessed Virgin to three children, Francisco, Jacinta and Lucia to whom she appeared at Fatima, Portugal, in 1917. "Jesus wants to make use of you to make me known and loved. He wants to establish in the world devotion to my Immaculate Heart."

On June 13, 1917, Our Lady specifically stated in speaking to Lucia: "Jesus wants to make use of you to make me known and loved. He wants to establish in the world devotion to my Immaculate Heart." Our Lady said July 13, "I shall come to ask...that on the First Saturday of every month, Communions of reparation be made in atonement for the sins of the world."

On December 10, 1925, our Blessed Mother again appeared to Lucia at Penedra, Spain. Appearing with the Queen of Heaven was the Infant Jesus, Who said to Lucia: "Have pity on the Heart of your Most Holy Mother. It is covered with thorns with which ungrateful men pierce it at every moment, and there is not one to remove them with an act of reparation." Our Lady then spoke: "See, my daughter, my Heart encircled by thorns with which ungrateful men pierce it at every moment by their blasphemies and ingratitude. Do you, at least, strive to console me. Tell them that I promise to assist at the hour of death with the graces necessary for salvation all those who, in order to make reparation to me, on the First Saturday of five successive months, go to confession, receive Holy Communion, say five decades of the Rosary, and keep me company for a quarter of an hour, meditating on the fifteen mysteries of the Rosary."

**ACT OF REPARATION**

(to be recited on the First Saturdays)

O most holy Virgin and our Mother, we listen with grief to the complaints of thine Immaculate Heart surrounded with the thorns which ungrateful men place therein at every moment by their blasphemies and ingratitude. Moved by the ardent desire of loving thee as our Mother and of promoting a true devotion to the Immaculate Heart, we prostrate ourselves at thy feet to prove the sorrow we feel for the grievances that men cause thee, and to atone, by means of our prayers and sacrifices, for the offenses with which men return thy tender love.

Obtain for them and for us the pardon of so many sins. A word from thee will obtain grace and amendment for us all.

Hasten, O Lady, the conversion of sinners that they may love Jesus and cease to offend the Lord, already so much offended, and will not fall into Hell.

Turn thy eyes of mercy toward us that henceforth we may love God with all our heart while on earth and enjoy Him forever in Heaven. Amen.

The Spirituality Committee would like to invite and encourage parents to pray for the spiritual success of the March 21 all-school retreats (Freshmen had theirs when the school year began). Pray for all students on retreat, and especially specific groups assigned to you ~ when the first letter(s) of your last name begin with A-Co please pray for the Senior Boys, Cr-He = Senior Girls, Hi-L = Junior Boys, M-Pa = Junior Girls, Pe-S = Sophomore Boys, and T-Z = Sophomore Girls.

For more information about the Spirituality Committee, please contact Emily Wyatt, our Pius X staff liaison, or Shane Kennett, Committee Chair.

Then Peter approaching asked Him, "Lord, if my brother sins against me, how often must I forgive him? As many as seven times?" Jesus answered, "I say to you, not seven times but seventy-seven times." Mt 18:21-22 (forgiveness is to be given without limit)

**ACT/SAT Dates For 2010-11**

**Juniors and Seniors** are encouraged to take the **ACT** and/or **SAT**. Juniors planning to attend college should consider beginning the testing process sometime during their Junior year. For most students, there is no need to take both tests. Most students do better on the ACT. The ACT has an optional essay; the SAT has a mandatory essay. Students may obtain a practice test in the **Pius X Guidance Office**, or may apply online at [www.actstudent.org](http://www.actstudent.org) (ACT) or [www.collegeboard.com](http://www.collegeboard.com) (SAT). The Pius X High School code number is **281-315**.

ACT Test Date	Deadline	Late Fee Required
April 9, 2011	March 4, 2011	March 5-18, 2011
June 11, 2011	May 6, 2011	May 7-20, 2011
SAT Test Date	Deadline	Late Fee Required
March 12, 2011	February 11, 2011	February 12-25, 2011
May 7, 2011	April 8, 2011	April 9-22, 2011
June 4, 2011	May 6, 2011	May 7-20, 2011

**Advanced Scholars Program At UNL**

The **Advanced Scholars Program at UNL** is designed as a partnership linking the University of Nebraska–Lincoln (UNL) with your high school. Advanced Scholars gives qualified seniors and students identified as high ability or gifted students the opportunity to enroll in online University courses. All UNL Advanced Scholars courses are regular first-year offerings from the various colleges within the University system. The course syllabi, textbooks, assignments and grading practices are the same as those used by the faculty for on-campus classes. As an Advanced Scholar you will get used to the rigors of college-level coursework, stay challenged and strengthen your study habits, earn University credit, giving you more flexibility once you arrive on campus, and learn from UNL faculty at a major research institution. For more information, please contact the Guidance Office or logon to: <http://advancedscholars.unl.edu/step1/>

**Family Connection**

**Seniors/Juniors**, check your **Latest News** bulletins on the home page of **Family Connections** frequently. This is a live bulletin board with information primarily for senior/junior students and their parents. We will continue to list activities on this news bulletin board for you to stay informed about activities that could be important to you and your parents. Just log on to Family Connections and check out the home page information.

**Job Shadowing**

**Students:** Is your student interested in a career but not quite sure what the job entails? Job shadowing is an academically motivating activity designed to give students the unique opportunity of an up-close look at the world of work. The program invites students to see first-hand how the skills learned in school relate to the workplace. Interested juniors or seniors can pick up a form in the Guidance Office.

**Parents:** The Guidance Department at Pius X is continuously updating our records of parents and businesses which are willing to allow Job Shadowing at their place of business. If you are interested or have someone in your company who is willing to allow our students to job shadow, please call the Guidance Department at 488-0931 so you can be added to the list.

**Junior Parents/Students**

All students who want to participate in athletics after high school in any Division I, II or NAIA college must register in the NCAA or NAIA Eligibility Center. For information, please visit the websites: [www.eligibilitycenter.org](http://www.eligibilitycenter.org) or [www.playnaia.org](http://www.playnaia.org).

**Reading Tutorial Sessions**

The **University of Nebraska-Lincoln** is offering **reading tutorial sessions** through the College of Education and Human Sciences at the Kit and Dick Schmoker Reading Center. The reading instruction offered at the **Schmoker Reading Center** is designed to serve **elementary and secondary school students** who are **reading 1-3 years below grade level**, and whose **primary difficulties in school are results of reading problems**. The tutors are UNL students who are practicing teachers or individuals trained to be teachers. The services include one-on-one individual reading instruction based on the needs of the student. For more information, please contact **Melisia Bieber** at **472-3532** or via email at [readingcenter@unl.edu](mailto:readingcenter@unl.edu). Applications are available in the Pius X Guidance Office.

**Requesting Transcripts & Record Information**

All current students **MUST** log on to **Family Connections** to **request transcripts**. Students need transcripts for college applications, scholarship agencies, to register for the NCAA Eligibility Center, to get a personal copy and for other reasons.

- Click on “colleges” at the top.
- On the left side of the screen under the heading “resources”, click on “transcripts.”
- You will be able to choose from three options:
  - ◆ Request transcripts for my college applications.
  - ◆ Request transcripts for scholarships or athletics.
  - ◆ View the status of all my transcript requests.
- Determine which option fits your needs, click on it and complete the form.

**Scholarships For Colleges (Seniors)**

It is time for seniors to find and apply for scholarships to attend college. The most up-to-date opportunities are on **Naviance/Family Connection** which may be accessed on the Pius X website under Guidance Office. If you have not used Family Connection before, please contact the Pius X **Guidance Office** for your **personal access code** and **instructions** to create your own Family Connection account. This account cannot be viewed by other students or parents as each student/parent has a different access code to register. This account can be viewed by the counselors at Pius X High School, who will assist you by monitoring information that you provide. Be sure to apply for all scholarships ahead of the deadline. If you have any questions, please contact the Pius X Guidance Office.

**Seniors - ACE Scholarship Information**

For more information about the **ACE Scholarship** (for students in high school taking college courses), log into your **Family Connection** site and open the Scholarship List on the left hand column under the “About College” link. If you are interested in applying for this scholarship, please obtain an application in the Senior Resumes. If you have your resume on a word document and will potentially need recommendations for college acceptance or scholarships from teachers and/or counselors, please bring it to the Guidance Office so we can upload it into Family Connection on Naviance. This allows any teacher or counselor access to valuable information in order to write recommendations. Even if you have only a paper copy of your resume, please submit it to the Guidance Office. We will be able to scan it and upload it for you into Family Connection.

**Senior Parents - FAFSA Form For College Financial Aid**

If you are planning on completing the **FAFSA Form For College Financial Aid**, the following items will be needed to provide necessary information: personal identification number - apply at [www.pin.ed.gov](http://www.pin.ed.gov) - **get it now!!!**; federal tax returns and W-2s; driver's license number; social security number; birth dates; date parents were married, separated, divorced or widowed; value of checking/savings account and investments (exclude home and retirement plans); value of business or investment farm; child support paid or received; ADC/TANF welfare benefits; social security payments from SSI or SSDI; workers compensation benefits; other untaxed income such as veterans' benefits, housing/food/living allowance for military or clergy; and alien registration number for eligible non-citizens. For details about your dependency status and filling out the FAFSA refer to [www.educationquest.org](http://www.educationquest.org) or [www.fafsa.ed.gov](http://www.fafsa.ed.gov). Please contact **EducationQuest** for free assistance at (402) 475-5222 in Lincoln, NE.

**Seniors - Report Scholarships Received**

Please turn in any scholarships you receive from a college or organization to the **Guidance Office** by **Monday, May 2, 2011**. This information is needed so that all scholarships can be published in the program for the graduation ceremonies.

**2010-11 Annual Appeal Reaches 98% Of Goal!**



Michelle Birkel  
Development Director

Photo courtesy of Foundation Office -

Happy New Year! What a perfect time to thank our wonderful parents, alumni and supporters of our school! Every year we are overwhelmed by the gifts and donations received by the Foundation, and 2010 was no exception. This display of stewardship is very humbling to us. Your generosity will allow Pius X to build on our existing foundation and enable us to succeed for many years to come.

**Update on our Annual Appeal and Phone-A-Thon:** This has been our most successful year yet. We extend our gratitude to everyone who has made contributions of time, talent and treasure to secure our future. Thank you so much for your generosity! We couldn't do it without our dedicated alumni, parents, Lincoln businesses and friends of Pius X.

Our goal this year was \$200,000. As of January 18, 2011, we have received \$197,988.20 in donations. A total of 348 school families have pledged and/or given thus far. Our goal is to have 100% participation.

**Summary of Annual Appeal Donations as of January 18, 2011**

Phases	Goal	Donations
Board of Directors/Advisors	\$ 20,000	\$ 17,495.00
Alumni	\$ 105,000	\$ 103,764.50
Parents	\$ 45,000	\$ 51,711.70
Businesses	\$ 20,000	\$ 17,932.00
Friends	\$ 10,000	\$ 7,085.00
<b>Total (98% of goal!)</b>	<b>\$ 200,000</b>	<b>\$ 197,988.20</b>

**SUPPORT CATHOLIC SECONDARY EDUCATION  
- GIFTS ARE TAX DEDUCTIBLE -**

Please prayerfully consider giving a gift to the 2010-2011 Annual Appeal

**Gifts may be sent to:** Pius X Foundation Office, 6000 A St., Lincoln, NE 68510.

**Gifts may also be made online at:**  
<http://foundation.piusx.net> [select "Annual Appeal" then "Donate Now"].

The students of Pius X High School depend on your generosity. We are so very grateful for your consideration!

**Pius X Foundation Distributes \$31,325 To 63 Students**

Thanks to the generosity of many donors who have established endowed scholarships within the Pius X Foundation, a total of 63 scholarships totaling \$31,325 (\$26,125 in endowed scholarships, \$2,700 in Foundation scholarships and \$2,500 in high school scholarships) were distributed for the 2010-11 school year. Scholarship recipients will be listed in the fall issue of Pius Connections.

**Students Benefit from The Dillon Scholarship Fund**

This year, 172 students attending Catholic schools in the Lancaster area received \$35,018 in tuition assistance from the Dillon Scholarship Fund. Thirty-six of these students are Pius X students who received a total of \$7,610.43 in tuition assistance. We would like to thank the Dillon Foundation for their generosity to Pius X High School.

**Pius X Receives Grant For English Department From Catholic Business Connection & Realtor Eric Lemke**



Pictured left to right: Eric Lemke, HOME Real Estate; Michelle Birkel, Director of Development; Katie Elsener, Chair, Pius X English Department; and Sophia Werning, Grant Specialist. Photo courtesy of the Foundation Office.

Christmas came early for the Pius X High School English Department when several "Wish List" items were fulfilled due to a \$500 grant received from **Catholic Business Connection (CBC)** and **Eric Lemke**, a realtor with HOME Real Estate.

**Gary Tunnison**, Editor of **CBC**, a city-wide magazine that promotes Catholic business men

and women in the Lincoln area, and **Mr. Lemke** each donated \$250 to go toward educational materials at Pius X. The funds will be used to purchase writer's manuals, vocabulary books, and other resources students will use in their English classes.

"The **CBC** and Eric Lemke are proud to support the excellent educational opportunities provided to our Catholic students at Pius X," Mr. Tunnison stated.

Each year, the Pius X Foundation office publishes a "Wish List" of items needed by faculty and administration. For more information on how to make a wish come true, please contact the Foundation Office at (402) 488-1046.

**New Pius X Endowment Donation**



- Estella Oxley -

Photo courtesy of Foundation Office -

The Pius X Foundation was recently the recipient of a very generous donation. **Estella Oxley** of Pleasant Dale, Nebraska, left over \$16,000 to the Foundation, which was listed as the beneficiary of a CD.

**Estella Delphina Oxley** was born September 23, 1915, in Lincoln, Nebraska, to **Eugene & Laura (Meistrell) Sullivan**, the oldest of six children. She passed away in Lincoln on Saturday, November 20, 2010, after suffering a stroke in her home at the age of 95. As a young girl, she attended school in Denton and later furthered her education becoming a licensed hair stylist. On October 5, 1936, she was united in marriage to Glenn Oxley in Denton and to this union a son, Stephen and a daughter, Mary Jo, were born.

Estella operated, "Stella's Beauty Shop" in her home in Pleasant Dale and was still fixing hair into her 90s. Stella enjoyed playing cards, attending estate sales, and loved to visit with anyone. Stella had a zest for life and a deep faith. She was a member of the St. Mary Catholic Church of Denton.

Pius X High School and the Pius X Foundation extends its deepest sympathy and gratitude to Estella's family and friends. We continue to pray for her soul and all the souls of the faithful departed.

**Pius Receives \$40,000 for Math Department!**

Pius X has recently received a grant of \$40,000 from the **Dillon Foundation**. Thanks to their generous support, the Math Department will be able to purchase two new mobile, wireless computer labs and 7 document cameras. The new “classrooms on wheels” will provide an additional, re-locatable computer lab, and will provide more flexibility among faculty for periodic use by students. Access to mobile computer labs enables teachers to instruct a class of 30 students without moving the class from the originating classroom to a computer lab. This new equipment has been ordered, with plans to have everything in place by the end of February.

**Over \$4,000 Given Toward Wish List**

Since July 1, 2010, the beginning of our fiscal year, six very special donors have come forward with gifts to our teacher’s wish list. Five of these donations came in December and made wonderful Christmas gifts for our teachers. A very special thank you is extended to **Reverend Thomas Au, Valerie Eckrich, Kevin & Laura Erskine, Stephen & Tori Hupf, Kevin & Tammie Noonan and James & Irene Kearney** for their generosity!

**Teacher/Staff Wish List For 2011**

What a great idea to give a gift to your student’s teacher or classroom for the New Year. The staff at Pius X are appreciative of all that you do! The current Teacher/Staff Wish List can also be found on-line at [www.piusx.net](http://www.piusx.net) (go to Foundation and click on Wish List). Please contact the Pius X Foundation Office if you would like to make a donation to the Teacher/Staff Wish List at 402-488-1046 or e-mail [michelle.birkel@piusx.net](mailto:michelle.birkel@piusx.net). Thank you very much!

**English Department**

- English Vocabulary Books (30) \$9 each
- Ergonomic Chairs (2) \$300 each

**Family & Consumer Science Department**

- Cuisinart 77-7 Chef’s Classic Stainless 7-Piece Cookware Sets (2) \$107 each

**Fine Arts**

- Wireless Headsets for Pius Players (10) (microphone pieces that clip into student’s hair) \$500 each

**Foreign Language Department**

- Readers for Native Spanish Speakers (15) \$5 each
- Children’s Spanish story or chapter books (for ages 8-14) any donation

**Foundation Office**

- Endowment Fund any donation

**Math/Business Department**

- TI Navigator System for Classroom \$2,500
- Math Classroom Posters \$15 each
- TI Inspire Calculators for Classroom (30) \$120 each

**Religion**

- Student Response System (Clickers) \$3,150

**Science Department**

- Biopacs and Software (6) \$3,000
- Anatomy in Clay Skeletal Models & Curriculum \$3,000
- Lab chair stools (12) \$3,600
- Student Response System (clickers) \$2,835

**Youth Ministry Department**

- Funding For FCT Retreat any donation

**New Law Includes Help For Charities**

President Obama signed **The Tax Relief, Unemployment Insurance Reauthorization and Job Creation Act of 2010** into law on Friday, December 17, 2010. This bill restores the IRA Charitable Rollover and permits its use in all of 2011.

Here are the rules for direct transfers from IRAs to qualified public charities:

- The IRA owner must be 70 ½ years old or older.
- The transfer may not exceed \$100,000 each year.
- The transfer qualifies for the required minimum distribution.
- Distribution must be directed to a public charity either outright or for a specific purpose.
- Distribution cannot be made to a donor-advised fund, supporting organization, Charitable Gift Annuity or Charitable Remainder Trust.
- Transfers must come directly from an IRA trustee to the charitable organization.

**New Law Includes Help for Charities**

*Provision Permits Tax-free Qualified Charitable Distributions from IRAs*

Individuals who are 70 ½ years or older may once again roll over up to \$100,000 from an individual retirement account (IRA) directly to a qualifying charity without recognizing the assets transferred to the charity as income. The provision was included in the Tax Relief, Unemployment Insurance Reauthorization, and Job Creation Act of 2010 (H.R. 4853), which was signed into law by President Obama December 17, 2010.

The new law simply extends the charitable rollover, originally enacted in 2006. Please contact the Pius X Foundation office at (402) 488-1046 if you have any questions.

**Do You Work For One Of These Companies?**

If you or your spouse work for any of the companies listed below, you now have an easy way to double your gift to support Pius X High School! All of these organizations, plus many others not listed here, will match your tax deductible donation to a charitable organization such as the Pius X Foundation. Contact your Human Resources Department for a matching gift form, then send the completed form to Pius X High School, Attn: Foundation Office. For additional information, please contact the Foundation Office at (402) 488-1046.

AIG, Inc., Allstate, Amgen, Ameritas Life Insurance Co., Amoco, Aquatech Wash, Assurity Life Insurance Company, AT&T Foundation, Bank of America, Bank of New York, Becton Dickinson & Co., Bemis Co., Inc. \*, Boeing, Bracco Diagnostics Inc., Burlington Northern Santa Fe, Bucyrus Foundation, Inc., Cardinal Health, Chicago Tribune, Cisco Systems, Citigroup, Coca Cola Co., Country Insurance Financial Services, Crane Co., CSG Systems, Inc., Darden Restaurants Foundation, Eaton Corporation, EducationQuest Foundation, Eli Lilly, Exxon Mobil, First Data, Ford Motor Company, Gannett, Gap, General Electric, General Mills, General Motors, GlaxoSmithKline, H & R Block, Inc., Hewlett Packard Co., IBM Corporation, J.P. Morgan Chase & Co., Kellogg’s, Lincoln Benefit Life, Marsh & McLellan Co’s, McKesson Corporation \*, Medtronic Foundation, Merrill Lynch, Microsoft, Monsanto, Morgan Stanley Smith Barney, Motorola, Mutual of Omaha, Nelnet \*, New York Life, Nike Inc., Northrop Grumman, Novartis, Pacifi Corp, PepsiCo, Pfizer, Pioneer, Principal Financial Group, RBC Wealth Management, Saint-Gobain Corporation, Foundation, Sara Lee Corporation, Sprint, State Farm Companies Good Neighbor Grant Program, The Pentair Foundation, The Stanley Works (SeniorTechnologies), Union Pacifi c, UPS, U.S. Bancorp, Verizon Communications, Wachovia, Wal-Mart, Wells Fargo Foundation, Wyeth [\*Matches 2:1].

**Soccer - Boys - Varsity (V)**

Date	Day	Time	Meet	SITE
March 18	Fri	5:00	LNE Invite	LNE
March 19	Sat	10:00	LNE Invite	LNE
March 24	Thur	5:00	Mt. Michael	Elkhorn
March 26	Sat	10:00	Creighton Prep Inv.	Cr. Prep
March 31	Thur	5:00	Columbus Scotus	Columbus
April 2	Sat	2:00	Norris	Norris
April 9	Sat	12:00	Elkhorn South	ESHS
<b>April 12</b>	<b>Tue</b>	<b>7:30</b>	<b>Waverly</b>	<b>Pius X</b>
<b>April 14</b>	<b>Thur</b>	<b>6:00</b>	<b>GICC</b>	<b>Pius X</b>
<b>April 19</b>	<b>Tue</b>	<b>7:30</b>	<b>Beatrice</b>	<b>Pius X</b>
April 21	Thur	5:00	Papillion-LaVista So.	P-LV So.
April 25	Mon	5:00	Lincoln Lutheran	Spirit
April 28	Thur	5:00	Millard North	Millard North
May 2-5	M-Th	tba	Districts	tba
May 11-17	Wed-Tu	tba	State	Omaha

**Soccer - Boys - Junior Varsity (JV)**

Date	Day	Time	Meet	SITE
March 17	Thur	5:00	LE	LE
March 21	Mon	5:00	Pap.-LaVista South	P-LV So.
<b>March 28</b>	<b>Mon</b>	<b>7:30</b>	<b>Pap.-Lavista</b>	<b>Pius X</b>
<b>March 29</b>	<b>Tue</b>	<b>6:00</b>	<b>LH</b>	<b>Pius X</b>
April 2	Sat	12:00	Norris	Norris
<b>April 4</b>	<b>Mon</b>	<b>7:30</b>	<b>LNE</b>	<b>Pius X</b>
April 8	Fr	6:30	Beatrice	Beatrice
April 9	Sat	10:00	Elkhorn South	ESHS
April 11	Mon	5:00	Lin. Lutheran	Spirit
<b>April 12</b>	<b>Tue</b>	<b>5:45</b>	<b>Waverly</b>	<b>Pius X</b>
April 14	Thur	5:00	Omaha Skutt	Omaha Skutt
<b>April 18</b>	<b>Mon</b>	<b>7:00</b>	<b>LSW</b>	<b>Pius X</b>
April 29	Fri	5:00	LSE	Abbott

**Golf - Boys - Varsity (V)**

Date	Day	Time	Meet	SITE
March 22	Tue	3:00	Waverly Dual	Waverly
March 24	Thur	10:00	Beatrice Inv.	Beatrice
March 29	Tue	3:00	LE/LSE	LE
March 31	Thur	9:00	Titan Cup	Eagle Hills
<b>April 4</b>	<b>Mon</b>	<b>9:00</b>	<b>Pius X Golf Invite</b>	<b>Firethorn</b>
April 6	Wed	9:00	Bellevue E. Chieftain Invite	
April 14	Thur	9:00	York Invitational	York
April 18	Mon	9:00	Creighton Prep Inv.	Creighton Prep
April 28	Thur	8:30	Capital City Inv.	LSE
<b>May 3</b>	<b>Tue</b>	<b>9:00</b>	<b>Pius X Golf Classic</b>	<b>Arbor Links</b>
May 10	Tue	9:00	Capital City Scramble	
May 13	Fri	3:00	Creighton Prep Dual	Creighton Prep
May 16	Mon	tba	Disticts	tba
May 24/25	Tue/Wed	tba	State	tba

**Golf - Boys - Junior Varsity (JV)**

Date	Day	Time	Meet	SITE
March 22	Tue	3:00	Waverly Dual	Waverly
March 29	Tue	3:00	LE/LSE	LE
<b>April 4</b>	<b>Mon</b>	<b>9:00</b>	<b>Pius X Golf Invite</b>	<b>Firethorn</b>
April 12	Tue	4:00	Crete Dual	Crete
April 19	Tue	9:00	LSW JV Tournament	LSW
April 29	Fri	9:00	Crete Inv.	Crete
<b>May 3</b>	<b>Tue</b>	<b>9:00</b>	<b>Pius X Golf Classic</b>	<b>Arbor Links</b>
May 10	Tue	9:00	Pap.-LaVista JV Inv.	Pap.-LaVista
May 13	Fri	3:00	Creighton Prep Dual	Creighton Prep

**Soccer - Girls - Varsity (V)**

Date	Day	Time	Meet	SITE
March 18	Fri	5:00	LNE Inv.	Abbott
March 19	Sat	10:00	LNE Inv.	Abbott
March 21	Mon	5:00	Omaha Duchesne	Omaha
March 31	Thur	5:00	Columbus Scotus	Columbus
<b>April 2</b>	<b>Sat</b>	<b>2:00</b>	<b>Norris</b>	<b>Pius X</b>
<b>April 5</b>	<b>Tue</b>	<b>6:00</b>	<b>Omaha Westside</b>	<b>Pius X</b>
<b>April 9</b>	<b>Sat</b>	<b>12:00</b>	<b>Elkhorn South</b>	<b>Pius X</b>
<b>April 11</b>	<b>Mon</b>	<b>6:00</b>	<b>Pap.-LaVista So.</b>	<b>Pius X</b>
April 14	Thur	5:00	Nebraska Lutheran	Waco
April 16	Sat	11:00	Millard North	Millard North
<b>April 19</b>	<b>Tue</b>	<b>5:45</b>	<b>Beatrice</b>	<b>Pius X</b>
<b>April 26</b>	<b>Tue</b>	<b>7:30</b>	<b>Bellevue East</b>	<b>Pius X</b>
April 28/30	Th/Sat	tba	Omaha Mercy Inv.	Creighton
May 2-5	M-Th	tba	Districts	tba
May 11-17	Wed-Tu	tba	State	tba

**Soccer - Girls - Junior Varsity (JV)**

Date	Day	Time	Meet	SITE
March 17	Thur	5:00	LE	Abbott
March 21	Mon	5:00	Pap.-LaVista So.	PLVS
<b>March 28</b>	<b>Mon</b>	<b>5:45</b>	<b>Pap.-Lavista</b>	<b>Pius X</b>
<b>April 2</b>	<b>Sat</b>	<b>12:00</b>	<b>Norris</b>	<b>Pius X</b>
<b>April 4</b>	<b>Mon</b>	<b>5:45</b>	<b>LNE</b>	<b>Pius X</b>
April 8	Fri	5:00	Beatrice	Beatrice
<b>April 9</b>	<b>Sat</b>	<b>10:00</b>	<b>Elkhorn South</b>	<b>Pius X</b>
April 11	Mon	5:00	Lincoln Lutheran	Spirit
April 14	Thur	5:00	Omaha Skutt	Omaha
<b>April 18</b>	<b>Mon</b>	<b>5:45</b>	<b>LSW</b>	<b>Pius X</b>
<b>April 26</b>	<b>Tue</b>	<b>5:45</b>	<b>Bellevue East</b>	<b>Pius X</b>

**Soccer - Girls - Reserve (R)**

Date	Day	Time	Meet	SITE
March 24	Thur	5:00	LSE	Abbott
<b>April 7</b>	<b>Thur</b>	<b>6:00</b>	<b>LE</b>	<b>Pius X</b>
April 12	Tues	5:00	LNS	LNS
<b>April 25</b>	<b>Mon</b>	<b>6:00</b>	<b>LSW</b>	<b>Pius X</b>

**Track & Field - Co-Ed - Varsity (V)**

Date	Day	Time	Meet	SITE
March 11	Fri	8:30	Time Trials at NWU	A
March 18	Fri	3:00	Wesleyan Indoor Invite	A
March 24	Thur	10:30	LNE Relays at LH	A
March 29	Tue	2:00	Columbus Scotus Relays	A
April 8	Fri	11:00	Waverly Invite	A
April 14	Thur	3:30	Elkhorn Gene Kruger Invite	A
April 21	Thur	12:30	Harold Scott Invite at LH	A
April 29	Fri	3:30	Blair Invite	A
May 6	Fri	2:00	Auburn Invite	A
May 11	Wed	tba	Districts	A
May 20/21	Fri./Sat	tba	State at Omaha Burke	A

**Track & Field - Co-Ed - Junior Varsity (JV)**

Date	Day	Time	Meet	SITE
April 5	Tue	3:00	LSW Silver Hawk JV Invite	A
April 12	Tue	3:00	LH JV Invite	A
April 19	Tue	3:00	LE JV Invite	A

**Track & Field - Co-Ed - Freshmen (9th)**

Date	Day	Time	Meet	SITE
April 26	Tue	2:00	LNS Frshmen Invite at LH	A

**Note:** All dates and times are subject to change without notice.

For complete schedule information, please visit our webpage at [www.piusx.net](http://www.piusx.net) or [www.highschoolsports.net](http://www.highschoolsports.net).

Updated 1/25/11

**Baseball - Varsity (V)**

Date	Day	Time	Meet	SITE
March 17	Thur	5:00	LSW	A
<b>March 25</b>	<b>Fri</b>	<b>11:00</b>	<b>Thunderbolt Tournament</b>	<b>H</b>
		<b>1:00</b>	<b>Thunderbolt Tournament</b>	<b>H</b>
		<b>3:00</b>	<b>Thunderbolt Tournament</b>	<b>H</b>
		<b>5:00</b>	<b>Thunderbolt Tournament</b>	<b>H</b>
<b>March 26</b>	<b>Sat</b>	<b>tba</b>	<b>Thunderbolt Tournament</b>	<b>H</b>
<b>March 28</b>	<b>Mon</b>	<b>5:00</b>	<b>LSE (Double Header)</b>	<b>H</b>
		<b>7:00</b>	<b>LSE (Double Header)</b>	<b>H</b>
March 29	Tue	5:00	Creighton Prep	A
<b>March 31</b>	<b>Thur</b>	<b>5:00</b>	<b>LH</b>	<b>H</b>
<b>April 1</b>	<b>Fri</b>	<b>5:00</b>	<b>Beatrice</b>	<b>H</b>
<b>April 2</b>	<b>Sat</b>	<b>11:00</b>	<b>Bennington</b>	<b>H</b>
April 4	Mon	5:00	LE	A
April 5	Tue	5:00	LNE (Double Header)	A
		7:00	LNE (Double Header)	A
April 7	Thur	5:00	Fremont Bergan	A
<b>April 8</b>	<b>Fri</b>	<b>5:00</b>	<b>Nebraska City</b>	<b>H</b>
<b>April 9</b>	<b>Sat</b>	<b>12:00</b>	<b>Ralston</b>	<b>H</b>
<b>April 11</b>	<b>Mon</b>	<b>5:00</b>	<b>Seward</b>	<b>H</b>
April 12	Tue	4:30	Crete	A
<b>April 16</b>	<b>Sat</b>	<b>11:00</b>	<b>Elkhorn</b>	<b>H</b>
<b>April 18</b>	<b>Mon</b>	<b>5:00</b>	<b>Waverly (Double Header)</b>	<b>H</b>
		<b>7:00</b>	<b>Waverly (Double Header)</b>	<b>H</b>
April 19	Tue	5:00	Grand Island	A
<b>April 21</b>	<b>Thur</b>	<b>5:00</b>	<b>Norris</b>	<b>H</b>
<b>April 25</b>	<b>Mon</b>	<b>5:00</b>	<b>LNS (Double Header)</b>	<b>H</b>
		<b>7:00</b>	<b>LNS (Double Header)</b>	<b>H</b>
April 26	Tue	4:30	Omaha Roncalli	A
<b>April 28</b>	<b>Thur</b>	<b>5:00</b>	<b>Omaha Gross</b>	<b>H</b>
April 29	Fri	5:00	Columbus	A
April 30	Sat	10:00	Papillion LaVista (DH)	A
		12:30	Papillion LaVista (DH)	A
May 2	Mon	5:00	Omaha Skutt	A
May 6-10	Fri-Tue	tba	Districts	A
May 14-19	Sat-Thur	tba	State	A

**Baseball - Junior Varsity (JV)**

Date	Day	Time	Meet	SITE
March 17	Thur	5:00	LSW	A
<b>March 31</b>	<b>Thur</b>	<b>7:00</b>	<b>LH</b>	<b>H</b>
<b>April 1</b>	<b>Fri</b>	<b>5:00</b>	<b>Beatrice</b>	<b>H</b>
<b>April 2</b>	<b>Sat</b>	<b>1:00</b>	<b>Bennington</b>	<b>H</b>
April 4	Mon	5:00	LE	A
<b>April 8</b>	<b>Fri</b>	<b>7:00</b>	<b>Nebraska City</b>	<b>H</b>
<b>April 11</b>	<b>Mon</b>	<b>7:00</b>	<b>Seward</b>	<b>H</b>
April 12	Tue	5:00	LSW	A
April 14	Thur	5:00	LSE	A
<b>April 16</b>	<b>Sat</b>	<b>1:00</b>	<b>Elkhorn</b>	<b>H</b>
April 19	Tue	5:00	Grand Island	A
<b>April 21</b>	<b>Thur</b>	<b>7:00</b>	<b>LNE</b>	<b>H</b>
<b>April 25</b>	<b>Mon</b>	<b>5:00</b>	<b>Omaha Skutt</b>	<b>H</b>
<b>April 26</b>	<b>Tue</b>	<b>5:00</b>	<b>LNS (Double Header)</b>	<b>H</b>
		<b>7:00</b>	<b>LNS (Double Header)</b>	<b>H</b>
<b>May 3</b>	<b>Tue</b>	<b>5:00</b>	<b>Waverly (Double Header)</b>	<b>H</b>
		<b>7:00</b>	<b>Waverly (Double Header)</b>	<b>H</b>

**Baseball - Freshmen (9th)**

Date	Day	Time	Meet	SITE
March 28	Mon	5:00	Elkhorn South	A
April 6	Wed	5:00	LSE	A
<b>April 9</b>	<b>Sat</b>	<b>12:00</b>	<b>LE (Double Header)</b>	<b>H</b>
		<b>2:00</b>	<b>LE (Double Header)</b>	<b>H</b>
<b>April 27</b>	<b>Wed</b>	<b>5:00</b>	<b>LSW</b>	<b>H</b>
<b>April 28</b>	<b>Thur</b>	<b>5:00</b>	<b>LNE</b>	<b>H</b>

**Tennis - Girls - Varsity (V)**

Date	Day	Time	Meet	SITE
<b>March 22</b>	<b>Tue</b>	<b>4:00</b>	<b>Beatrice Dual</b>	<b>H</b>
March 28	Mon	4:00	Elkhorn So./Elkhorn Tri.	A
April 4	Mon	4:00	Nebraska City	A
April 7	Thur	4:00	Omaha Skutt	A
April 9	Sat	8:30	Ralston Invitational	A
April 12	Tue	4:00	LSW	A
<b>April 14</b>	<b>Thur</b>	<b>4:00</b>	<b>LSE</b>	<b>H</b>
April 16	Sat	8:30	Omaha Skutt Quad.	A
April 19	Tue	4:00	Crete	A
<b>April 21</b>	<b>Thur</b>	<b>9:00</b>	<b>Pius X/ Beatrice Inv.</b>	<b>H</b>
April 26	Tue	9:00	Grand Island CC Inv.	A
<b>April 28</b>	<b>Thur</b>	<b>4:00</b>	<b>LNE</b>	<b>H</b>
<b>May 2</b>	<b>Mon</b>	<b>4:00</b>	<b>Lincoln Christian</b>	<b>H</b>
<b>May 3</b>	<b>Tue</b>	<b>4:00</b>	<b>Waverly</b>	<b>H</b>
<b>May 4</b>	<b>Wed</b>	<b>4:00</b>	<b>LNS</b>	<b>H</b>
May 7	Sat	10:00	Omaha Duchesne	A
May 10	Tue	4:00	LE	A
May 13	Fri	tba	Districts	A
May 19/20	Thur/Fri	tba	State	A

**Tennis - Girls - Junior Varsity (JV)**

Date	Day	Time	Meet	SITE
<b>March 22</b>	<b>Tue</b>	<b>4:00</b>	<b>Beatrice Dual</b>	<b>H</b>
<b>April 12</b>	<b>Tue</b>	<b>4:00</b>	<b>LSW</b>	<b>H</b>
April 14	Thur	4:00	LSE	A
April 28	Thur	4:00	LNE	A
May 4	Wed	4:00	LNS	A
<b>May 10</b>	<b>Tue</b>	<b>4:00</b>	<b>LE</b>	<b>H</b>




Note: All dates and times are subject to change without notice.

For complete schedule information, please visit our webpage at [www.piusx.net](http://www.piusx.net) or [www.highschoolsports.net](http://www.highschoolsports.net).

Updated 1/25/11

## February 2011 - Pius X High School

Sunday	Monday	Tuesday	Wed	Thursday	Friday	Saturday
<p><b>* All dates and times are subject to change without notice.*</b></p> <p>Visit the Pius X website at <a href="http://www.piusx.net">www.piusx.net</a></p> <p><b>Daily Mass 7:30 a.m. Monday-Friday</b></p>  <p><b>Purchase your BOLT lottery tickets today! See page 8 for details.</b></p>		<p><b>1</b> Catholic Schools Week Uniform Shop open 3:35-4pm Dino's First Tuesday 5-11pm JV/V Boys BB @ Blair 6/7:45pm (A) JV/V Girls BB vs Omaha Mercy 6:15pm (H) JV/V Wrestling @ LH 7pm (A)</p>	<p><b>2</b> Catholic Schools Week</p>	<p><b>3</b> Catholic Schools Week Uniform Shop open 3:35-4pm JV/V Boys BB vs Gross Catholic 6:15/8pm (H)</p>	<p><b>4</b> Catholic Schools Week Boys &amp; Girls Diving @ Elkhorn 5pm (A) JV/V Boys BB vs Omaha Gross 6:15/8pm (H)</p>	<p><b>5</b> Catholic Schools Week ends First Saturday Uniform Shop 10am-12pm Boys &amp; Girls Swimming @ Elkhorn 10am (A) JV Wrestling @ Fremont Bergan Tournament 10am Girls BB @ Seward Tournament 10am</p>
<p><b>6</b> 5th Sunday in Ordinary Time Pray for seminarian, George Pinkerton</p>	<p><b>7</b> 9th Boys BB @ Norris Tournament tba (A) 10th Boys BB @ LNE 5:45pm (A) New Student Orientation 7pm Green &amp; Gold Meeting</p>	<p><b>8</b> Uniform Shop open 3:35-4pm JV Wrestling @ LH Invite 4pm (A) Boys &amp; Girls Swimming @ Columbus 4:30pm (A) Pick A Time begins at 6pm for P/T Conferences 9th Boys BB @ Norris Tournament tba (A) JV/V Boys BB vs LSE 6:15/8pm (H)</p>	<p><b>9</b> Landscaping Club selling carnations at lunch to be delivered for Valentine's Day for \$1.00 each</p>	<p><b>10</b> Landscaping Club selling carnations at lunch to be delivered for Valentine's Day for \$1.00 each Uniform Shop open 3:35-4pm 9th Boys BB @ Norris Tournament tba (A) JV/V Girls BB vs LSE 6:15/8pm (H)</p>	<p><b>11</b> First Friday Boys &amp; Girls Swimming @ Elkhorn 4pm (A) Wrestling Districts tba (A)</p>	<p><b>12</b> JV/V Boys BB vs Omaha Skutt Catholic 5:15/7pm (H) JV/V Girls BB vs Omaha Skutt Catholic 5:15/7pm (A) Wrestling Districts tba (A)</p>
<p><b>13</b> 6th Sunday in Ordinary Time Pray for seminarian, Cyrus Rowan</p>	<p><b>14</b> 10th Boys BB vs Norris 6:30pm (H) NHS Honors Night 7:30pm (invitation only)</p>	<p><b>15</b> Uniform Shop open 3:35-4pm JV/V Boys BB vs Hastings 6/8pm (H) JV/V Girls BB @ LE 5:45/7:30pm (A)</p>	<p><b>16</b> Parent/Teacher Conferences 2-5/6-9pm</p>	<p><b>17</b> Junior Registration for 2011-12 due Parent/Teacher Conferences 2-5/6-9pm X-Change newspaper distributed 10th Boys BB @ Gretna 6:30pm (A) State Wrestling tba (A)</p>	<p><b>18</b> No School Granite City's Third Friday JV/V Girls BB vs Ralston 6:15/8pm (H) State Wrestling tba (A)</p>	<p><b>19</b> State Wrestling tba (A) TEC Retreat - Wahoo, NE</p>
<p><b>20</b> 7th Sunday in Ordinary Time Pray for seminarian, Mark Ruhl TEC Retreat - Wahoo, NE</p>	<p><b>21</b> No School TEC Retreat - Wahoo, NE</p>	<p><b>22</b> Sophomore Registration for 2011-12 due Uniform Shop open 3:35-4pm V Girls BB @ Districts tba (A)</p>	<p><b>23</b> Freshmen Registration for 2011-12 due AMC Math Tests (Periods 1-4)</p>	<p><b>24</b> Boys &amp; Girls Swimming/Diving @ State @ Devaney tba (A)</p>	<p><b>25</b> Boys &amp; Girls Swimming/Diving @ State @ Devaney tba (A)</p>	<p><b>26</b> Uniform Shop 10am-12pm Boys &amp; Girls Swimming/Diving @ State @ Devaney tba (A)</p>
<p><b>27</b> 8th Sunday in Ordinary Time Pray for seminarian, Benjamin Rynearson</p>	<p><b>28</b> V Boys BB @ Districts tba (A)</p>					

## March 2011 - Pius X High School

Sunday	Monday	Tuesday	Wed	Thursday	Friday	Saturday
<div style="border: 1px dashed black; padding: 5px; display: inline-block;"> <b>Daily Mass</b>                      7:30 a.m.                      Monday-Friday                 </div> <div style="border: 1px dashed black; padding: 5px; display: inline-block;"> <b>Purchase your BOLT lottery tickets today!</b>                      See page 8 for details.                 </div>		<b>1</b> Uniform Shop open 3:35-4pm  Driver's Education begins	<b>2</b>	<b>3</b> Uniform Shop open 3:35-4pm	<b>4</b> First Friday	<b>5</b> First Saturday
<b>6</b> 9th Sunday in Ordinary Time  Pray for seminarian, Ryan Salisbury  Winter Band Concert 4:00pm in the gym	<b>7</b>	<b>8</b> Uniform Shop open 3:35-4pm	 Ash Wednesday Mass 9:25am	<b>10</b> Uniform Shop open 3:35-4pm  3rd Quarter ends	<b>11</b> No School  Track Time Trials @ NWU 8:30 (A)	<b>12</b>
<b>13</b> 1st Sunday of Lent  Pray for seminarian, Thomas Schultes	<b>14</b> In Touch With Pius Parents	<b>15</b> Uniform Shop open 3:35-4pm	<b>16</b> 10:15am Start  Pius X Machine Contest 7pm in the gym	<b>17</b> V. Baseball @ LSW 5pm (A)  JV Baseball @ LSW 7pm (A)  JV B & G Soccer @ LE 5:00 (A)	<b>18</b> Lenten Service 9:37am  Alumni Basketball Tournament  X-Change newspaper distributed  Track @ NWU Indoor Invite 3:00 (A)  V. B & G Soccer @ LNE Invite 5:00 (A)	<b>19</b> Alumni Basketball Tournament  V. B & G Soccer @ LNE Invite 10:00 (A)
<b>20</b> 2nd Sunday of Lent  Pray for seminarian, Wesley Skillett	<b>21</b> Retreat Day (Grades 10, 11, & 12)  No School - Grade 9 JV B & G Soccer @ Pap.-LaVista South 5:00 (A)  V. G. Soccer @ Omaha Duchesne 5:00 (A)	<b>22</b> Uniform Shop open 3:35-4pm  All-School Retreat Mass 9:25am  V & JV Golf @ Waverly Dual 3:00  V & JV Tennis vs Beatrice Dual 4:00 (H)	<b>23</b>	<b>24</b> V. Golf @ Beatrice Invite 10:00  Uniform Shop open 3:35-4pm  Track- LNE Relays @ LH 10:30 (A)  V. B. Soccer @ Mt. Michael 5:00 (A)  Girls Reserve Soccer vs LSE @ Abbott 5:00 (A)  Spring Musical 7pm	<b>25</b> Lenten Service 9:37am  Spring Musical 7pm  V. Baseball - Thunderbolt Tournament 11:00/1:00/3:00/5:00 (H)	<b>26</b> Spring Musical 2pm & 7pm  V. Baseball - Thunderbolt Tournament tba (H)  V. B. Soccer @ Creighton Prep Invite 10:00 (A)
<b>27</b> 3rd Sunday of Lent  Pray for seminarian, Adam Sparling  Spring Musical 2pm	<b>28</b> V Tennis @ Elkhorn So./High Tri 4:00 (A)  V. Baseball - LSE (DH) 5:00/7:00 (H)  9th Baseball @ Elkhorn South 5:00 (A)  JV G. Soccer vs Pap.-LaVista 5:45 (H)  JV B. Soccer vs Pap.-LaVista 7:30 (H)	<b>29</b> V & JV Golf @ LE 3:00  Uniform Shop open 3:35-4pm  Track- Columbus Scotus Relays 2:00 (A)  V. Baseball @ Creighton Prep 5:00 (A)  JV B. Soccer vs LH 6:00 (H)	<b>30</b>	<b>31</b> V. Golf - Titan Cup @ Eagle Hills 9:00  Uniform Shop open 3:35-4pm  V. Baseball vs LH 5:00 (H)  JV Baseball vs LH 7:00 (H)  V. B & G Soccer @ Columbus Scotus 5:00 (A)	<div style="border: 1px dashed black; padding: 5px; display: inline-block;"> <b>* All dates and times are subject to change without notice.*</b> </div>  <div style="border: 1px dashed black; padding: 5px; display: inline-block;">                     Visit the Pius X website at <a href="http://www.piusx.net">www.piusx.net</a> </div>	



**Questions Regarding Food Service?**

If you have any questions regarding the Pius X Food Service Program, please contact **Tini Van-Oehlertz, R.D.** via email at [tini.van-oehlertz@piusx.net](mailto:tini.van-oehlertz@piusx.net) or **488-0931**.

**A "TINI" Fact**

Yellow and orange fruits and vegetables provide antioxidants and contain vitamin C, carotenoids, and flavonoids. Antioxidants prevent free radicals and fight heart disease and cancer. Part of the list includes: apricots, cantaloupe, oranges, peaches, pineapples, squash, carrots, pumpkin, sweet corn and sweet potatoes. These fruits and vegetables help us to maintain a healthy heart, vision health and a healthy immune system.

**Get Connected**

Walking boosted brain function in a study of formerly sedentary individuals who had gotten almost no exercise in the previous six months. During the study, they walked for 40 minutes three times a week for a year. Over that time, **regions of their brains that previously had little to do with one another began to interact.** Since connectivity is a hallmark of young healthy brains, the results suggest that exercise may help turn back the brain's clock.

Source: *Frontiers in Aging Neuroscience*, August 2010

**Try This**

Drink two glasses of water before you eat. In a study of 48 middle-aged men and women, researchers assigned half to a low-fat, low-calorie diet. The other group stuck in the same diet but also drank two, 8 ounce glasses of water before each meal. Those who drank water before meals lost more weight than their peers.

Source: American Chemical Society annual meeting, August 2010.

**Weighty Misperceptions**

Heavy is apparently the new normal. According to researchers who surveyed more than 2,400 adults, 30 percent of overweight people classified themselves as "normal weight" and 70 percent of obese people felt that they were just overweight. A body mass index (BMI, a measure of body fat is based on height and weight) of between 25 and 29.9 in adults is considered overweight. A BMI of 30 or greater is considered obese.

Source: Harris Interactive/Health Day poll

**Breakfast Best Way To Start Your Day**

Breakfast is the best way to start your day. Research has proven that students learn better and staff work harder when they have eaten breakfast. Breakfast is served in the **Pius X Commons** from **7:15-8:30 a.m.** Hot Breakfast is served on Tuesdays and Thursdays and cold breakfast served every day. When you eat a **3 component breakfast** that qualifies as a breakfast according to state regulations, you are given credit for that breakfast. Purchase 10 breakfasts and the next is FREE. The cards are maintained in the Food Service area.

Our breakfast and lunch counts continue to grow. However, with the group of students who qualify for free and reduced meals, the breakfast participation continues to be low. Please encourage your students to use these benefits. Those qualifying for free and reduced meals can eat **both breakfast and lunch** under this program. Please encourage your student to participate in both. There is a great deal of benefit from eating these meals.



**Celebrate The Chinese New Year**

The Chinese New Year will be celebrated on Thursday, February 3, 2011. If you were born in 1915, 1927, 1939, 1951, 1963, 1975, 1987, or 1999, this is your celebration year. People born in the Year of the Rabbit are articulate, talented, and ambitious. They are virtuous, reserved and have excellent taste. Rabbit people are admired, trusted, and our often financially lucky. They are fond of gossip but are tactful and generally kind. Rabbit people seldom lose their temper. They are clever at business and being conscientious, and never back out of a contract. They would make good gamblers, for they have the uncanny gift of choosing the right thing. However, they seldom gamble as they are conservative and wise. They are most compatible with those born in the year of the Sheep, Pig or Dog.

Our menu for the Chinese New Year will be Sweet 'n Sour Chicken/Rice, Vietnamese Egg Roll and Fortune Cookie. Come and enjoy the fun!



**Valentine's Day**

Valentine's Day, will be celebrated on Monday, February 14, 2011. Our menu for this day will be heart shaped Chicken Nuggets, Cheesy Mashed Potatoes, Corn, Wheat Dinner Roll or Chef's Choice. A special complimentary dessert will be served to all who purchase lunch.

**Sources Of Nutrition Information**

How can you identify reputable sources of nutrition information? There are many conflicting sources of information about what to eat. We are continually bombarded with claims made by weight loss programs, Infomercials, radio and newspaper ads, magazines, websites with pop-up ads, diet centers and health food stores. Many start the ads with "studies show...".

With all of this information, how do you wisely determine whom or what to trust? Are any of these sources believable?

Some of the reputable NUTRITION journals include:

- American Journal of Clinical Nutrition
- Journal of the American Dietetic Association
- Journal of Food Science
- Nutrition and Cancer
- Journal of Nutrition
- Nutrition in the Elderly
- Journal of Nutrition Education and Behavior
- Nutrition Research

Many other reputable journals and science journals also publish articles on nutrition.

Fortunately, the government is becoming more strict about nutrition claims that appear on food products. Any type of health claim appearing on a food product now must be backed up by adherence to a stringent set of guidelines. The FDA has regulatory authority over these claims. Manufacturers of food products making these claims must now provide scientific evidence, including studies on humans, that the product provides the benefits promised. However, keep in mind that in a newspaper or magazine ad these regulations do not apply. Another factor that may surprise you is that dietary supplements are largely unregulated by any government agency.

Source: *Nutrition, Real People, Real Choices*

**Pius X Catholic High School**  
**6000 A Street**  
**Lincoln, NE 68510**  
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**Menu - February 2011**

Monday	Tuesday	Wednesday	Thursday	Friday
	<p><b>February 1</b>  <u>Hot Breakfast</u>                      Breakfast Pizza</p> <p><u>Lunch</u>                      Spaghetti &amp; Meat Balls                      Tossed Salad                      Bread Stick                      - or -                      Hot Ham &amp; Cheese Sandwich                      Hot Cinnamon Apples</p>	<p><b>February 2</b>  <u>Cold Breakfast</u>                      choose 3 items</p> <p><u>Lunch</u>                      Barbeque Beef/Wheat Bun                      Parsley Buttered Potatoes                      - or -                      Chipolte Chicken Pizza</p>	<p><b>February 3</b>  <u>Hot Breakfast</u>                      Pancakes and Sausage</p> <p><u>Lunch</u>  <b>Chinese New Year</b>                      Sweet 'n Sour Chicken/Rice                      Vietnamese Egg Roll                      Fortune Cookie                      - or -                      Chef's Choice</p>	<p><b>February 4</b>  <u>Cold Breakfast</u>                      choose 3 items</p> <p><u>Lunch</u>                      Macaroni &amp; Cheese                      Fish Sticks                      Chef Choice Vegetable                      Dinner Roll</p>
<p><b>February 7</b>  <u>Cold Breakfast</u>                      choose 3 items</p> <p><u>Lunch</u>                      Pepperoni Pizza                      Carrots/Ranch                      - or -                      Sloppy Joe/Wheat Bun</p>	<p><b>February 8</b>  <u>Hot Breakfast</u>                      French Toast Sticks</p> <p><u>Lunch</u>                      Cheesy Chicken Wrap                      Brown Rice                      - or -                      Beef Gyros/Cucumber Sauce</p>	<p><b>February 9</b>  <u>Cold Breakfast</u>                      choose 3 items</p> <p><u>Lunch</u>                      Chili                      Cinnamon Rolls                      Crackers                      - or -                      Cheese Quesadilla</p>	<p><b>February 10</b>  <u>Hot Breakfast</u>                      Breakfast Burrito</p> <p><u>Lunch</u>                      Chicken Ala King                      on Mashed Potatoes                      Biscuit                      Mixed Vegetables                      - or -                      Hot Dog/Bun</p>	<p><b>February 11</b>  <u>Cold Breakfast</u>                      choose 3 items</p> <p><u>Lunch</u>                      Cheese Nachos                      Fixin Bar                      - or -                      Spinach Lentil Soup                      Yogurt                      Crackers                      Wheat Dinner Roll</p>
<p><b>February 14</b>  <u>Cold Breakfast</u>                      choose 3 items</p> <p><u>Lunch</u>  <b>Valentine's Day</b>                      Heart Shaped Chicken Nuggets                      Cheesy Mashed Potatoes                      Corn                      Wheat Dinner Roll                      - or -                      Chef's Choice</p>	<p><b>February 15</b>  <u>Hot Breakfast</u>                      Breakfast Sandwich</p> <p><u>Lunch</u>                      Lasagna Style Casserole                      Garlic Bread Sticks                      Seasoned Green Beans                      - or -                      Corn Dog</p>	<p><b>February 16</b>  <u>Cold Breakfast</u>                      choose 3 items</p> <p><u>No Lunch</u>                      Noon Dismissal</p>	<p><b>February 17</b>  <u>Hot Breakfast</u>                      Chef's Choice</p> <p><u>No Lunch</u>                      Noon Dismissal</p>	<p><b>February 18</b>                      No School</p>
<p><b>February 21</b>                      No School</p>	<p><b>February 22</b>  <u>Hot Breakfast</u>                      Yogurt, Fruit, Granola Bar</p> <p><u>Lunch</u>                      Hamburger/Wheat Bun                      Potato Smiles                      - or -                      Chicken Rice Soup                      Cheese Crackers                      Wheat Dinner Roll</p>	<p><b>February 23</b>  <u>Cold Breakfast</u>                      choose 3 items</p> <p><u>Lunch</u>                      Chef's Choice Chicken                      Chef's Choice Potato                      - or -                      Turkey/Cheese/Multigrain Hoagie</p>	<p><b>February 24</b>  <u>Hot Breakfast</u>                      Breakfast Casserole, Bagel</p> <p><u>Lunch</u>                      Tacos (Hard or Soft Shell)                      Fixin Bar                      - or -                      Vegetarian Lasagna                      Wheat Dinner Roll</p>	<p><b>February 25</b>  <u>Cold Breakfast</u>                      choose 3 items</p> <p><u>Lunch</u>                      Cheese Pizza                      Tossed Salad                      - or -                      Fish Sandwich</p>
<p><b>February 28</b>  <u>Cold Breakfast</u>                      choose 3 items</p> <p><u>Lunch</u>                      Chicken Strips                      Baked Potato                      Wheat Dinner Roll                      - or -                      Chef's Choice Soup                      Cheese &amp; Crackers                      Wheat Dinner Roll</p>				