

Pius X Catholic High School

# The BOLT

## PIUS X HIGH SCHOOL NEWSLETTER

" Restore All Things In Christ "



Purchase your BOLT lottery tickets today! See page 15 for details.



March 2011  
Saint of Forgiveness  
St. Patrick

- Tuesday, March 1, 2011**  
Dino's First Tuesday 5-11pm
- Sunday, March 6, 2011**  
Winter Band Concert 4:00pm
- Tuesday, March 8, 2011**  
Landscaping Club Bake Sale  
Dance Team Info Meeting 5:30pm
- Wednesday, March 9, 2011**  
Ash Wednesday Mass 9:25am
- Thursday, March 10, 2011**  
3rd Quarter ends
- Friday, March 11, 2011**  
No School  
Spring Sports Photo Day
- Sunday, March 13, 2011**  
Spring Kick-Off 2pm
- Monday, March 14, 2011**  
In Touch With Pius Parents 7pm
- Wednesday, March 16, 2011**  
10:15am Start  
Pius X Machine Contest 7pm
- Friday, March 18, 2011**  
Lenten Service 9:37am  
Granite City's Third Friday
- Fri-Sat, March 18-19, 2011**  
Alumni Basketball Tournament
- Monday, March 21, 2011**  
Retreat Day (Grades 10, 11, & 12)  
No School - Grade 9  
Cheerleading Info Meeting 7pm
- Tuesday, March 22, 2011**  
No School  
Educational Freedom Rally at the State Capitol 10am-12pm
- Wednesday, March 23, 2011**  
All-School Retreat Mass 9:25am
- Thursday, March 24, 2011**  
Spring Musical 7pm
- Friday, March 25, 2011**  
Lenten Service 9:37am  
Spring Musical 7pm
- Saturday, March 26, 2011**  
Uniform Shop New Freshmen  
Try-On Day \* 9am-12pm  
Spring Musical 2pm & 7pm
- Sunday, March 27, 2011**  
Spring Musical 2pm
- Thursday, March 31, 2011**  
Blood Drive 9am-3pm

## Important Alerts!!!

### No School on Tuesday, March 22nd

The Lincoln Catholic Schools have cancelled classes for Tuesday, March 22nd, in support of the Educational Freedom Rally that is scheduled for 10 a.m. to noon at the State Capitol. The rally is primarily in support of LB50, a bill that would provide tax credits to individuals or corporations who pay into a scholarship fund for low- to middle-income students (household incomes can be up to four times the federal poverty level). This bill would be a benefit to private schools throughout the state, and we are asking parents and students to stand together in support of the bill. More information about the bill can be found on our webpage under "Parents" and "Home School Association." Please make every effort to inform yourselves about the bill and join us at the Capitol on March 22nd.

### No School on Wednesday and Thursday, April 27/28

During Catholic Schools Week each year, the Bishop directs Fr. Meysenburg to give a day off to the school. With permission from the Diocesan Superintendent and support from the elementary school principals, we are taking the full day on Wednesday, April 27th and the half day on Thursday, April 28th. Because of Easter's late date this year, our schedule did not make great sense in terms of having four school days off, having one and half days of school, and then having one and a half days off again (for BOLT preparations). *Provided that we don't lose too many days to snow days*, we are planning to not have school on April 27th and 28th.

### Awards Night moved to Monday, May 9th

Pius X is hosting the district soccer tournament on Aldrich Field the same night as Awards Night had originally been scheduled. Because of our concern with parking, we have decided to move the Awards Night to Monday, May 9th.

### Important Dates for 2011-2012 School Year

First Day Of School - Thursday, August 18 Labor Day - Monday, September 5 Diocesan Teachers' Institute - Monday, October 10 All Saints Day - Tuesday, November 1 Immaculate Conception - Thursday, December 8 Semester Finals - December 19-21	Testing Days (grades 9,11) - January 4-5 Second Semester Begins - Friday, January 6 Martin Luther King, Jr. Day - Monday, January 16 Teacher In-Service - Monday, February 20 Easter Break - April 5-10 Ascension Thursday - May 17 Pius X Graduation - Sunday, May 20 Last Day of School - Wednesday, May 23
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March 2011

**Pius X High School Newsletter**  
is published monthly throughout the school year.

**Pius X Catholic High School**  
6000 "A" Street  
Lincoln, NE 68510  
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www.piusx.net

**The Pius X Mission Statement:  
To Restore All Things In Christ**

We are dedicated to a total education that is Christ-centered by integrating Catholic values in all areas of life and providing academic preparation of the highest quality in a disciplined environment.

**Administrative Team**

Rev. James Meysenburg, Superintendent  
Tom Kortz, Principal  
Greg Lesiak, Assistant Principal  
Jan Frayser, Guidance Director

**Guidance Office**

Jan Frayser, Director  
Connie Freudenberg, Counselor  
Claire Stramel, Counselor  
Peggy Wilkins, Secretary  
Sr. Patricia Ann Hanus, Secretary  
Jeanne Vaggalis, Secretary

**Campus Ministry**

Sr. Veronica Volkmer, Religion Coordinator  
Fr. Joseph Bernardo, Campus Chaplain  
Emily Wyatt, Lay Campus Minister

**Activities Office**

Tim Aylward, Activities Director  
Jake Moore, Assistant Activities Director

**Business Office**

Karen Francis

**Office Support**

Georgia Miller, Secretary  
Jolene Ritzman, Athletic Secretary  
Sandy Hartman, Attendance Secretary

**SCIP Coordinator**

Julia Schonewise

**Booster Club**

Ron & Claire Schinkel, Co-President  
Duane & Mary Hugo, Co-President

**Foundation Office**

(402) 488-1046  
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Amy Riley, Administrative Assistant  
Deb Hoge, Administrative Assistant  
Sophia Werning, Grant Writing Specialist

**Alumni Relations**

Kristin (Edwards) Heath, Class of '91

**BOLT Coordinator**

Deb Schulte

**Yearbook**

Special thanks to the talented photographers of the 2010-11 Pius X Yearbook staff who contribute to this publication: Sponsor Sandi Sullivan, Editor In Chief Preston Sparks, Assistant Editor Kathy Do, Assistant Editor Hannah Hovis, Rebecca Beecham, Kayla Condello, Chloe Johnson, Jessica Kapustka, Lily Kennett, Johnathon Knobbe, Kathryn Krick, Daniel LeDuc, Brenden Love, Abby McClure, Drew Miller, Mary Kate Sievert, Kaitlin Slattery, Mary Sullivan, and Mikayla Tremain.

**Please submit articles to:**

Marilyn Twehous, Design & Layout Editor  
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**Catholic Schools Week Celebration - A+ For America**



Pius X High School joined other schools throughout the country in celebration of **Catholic Schools Week** during the week of January 30-February 5, 2011. The theme of "**Catholic Schools: A+ For America**" celebrated the fact that Catholic schools are an added value ("a plus") for the nation. Because of their traditionally high academic standards and high graduation rates, all supported by strong moral values, Catholic schools and their graduates make a definite contribution to American society.



In celebration of **Religious Day** on Monday of Catholic Schools Week, participants dressed up in their church clothes and were honored to have Mass with the **Most Reverend Bishop Fabian Bruskwitz** and six other priests of our school including **Fr. Bernardo, Fr. Haschke, Fr. Kosch, Fr. Meysenburg, Fr. Seiker, and Fr. Snitily**. Special thanks to all who contributed to the Mass celebration: Servers- **Dylan Blake, Kevin Curran, Matt Ellerbee, Gabi Gutierrez, Daniel LeDuc, Trevon McGill, Tanner Nguyen, Mitch Scheuler, Nate Schlautman, and Nick Theisen**; Readers- **Jessica Albin, Ellen Cunningham, Mary Marsolek, and Brenden Love**; and Gift Bearers- **Sophie Connot, Trey Montanez, Claire Pohlen, and Preston Sparks**. Following Mass, a slideshow in honor of our priests and religious at Pius X was shown.



Tuesday, February 1, and Wednesday, February 2, were **Snow Days** in the city of Lincoln. School was cancelled due to snow and cold weather conditions.



On Thursday, **Faculty/Staff Day** was celebrated. The faculty/staff enjoyed a dress-down day and received letters of appreciation from students. An anonymous donor donated a coffee bar for the faculty/staff in the morning. A slideshow of trivia questions about the faculty was shown in the Commons during lunch.



The week was completed on Friday with **Student Day**. Participants dressed in jeans with either a Pius X shirt or pattern shirt. A Pep Rally was held in the afternoon which included the **Thunderettes** performing a dance with the senior boys, **Gabi Gutierrez** on the mic, music provided by **Max Duggan & John Meyers** on the guitar with **Lucas Sullivan** on the drums, **Mr. John Cox** and his helpers with the hotdog launcher, and the teachers challenging the senior class to an arena style football game. Afterwards, everyone received a cookie which was donated by **Saint Elizabeth's Regional Medical Center**.



Special thanks to the **Most Reverend Fabian Bruskwitz** for celebrating mass with us and to all those who donated items and assisted in any way in making the Catholic Schools Week so very special. We thank God for the gift of Catholic education and for all those who sacrifice to make our education so meaningful. We pray for the grace to continue to work toward the mission of St. Pius X, "to restore all things in Christ." -Photos Courtesy of Yearbook-

## National Honor Society Honors Night



- Photo courtesy of Foundation Office -

The **National Honor Society (NHS)** Honors Night was held Monday, February 14, 2011, in the Learning & Performing Arts Center (L/PAC) at Pius X. The ceremony was held to honor the top academic Junior and Senior students at Pius X and to induct them into the National Honor Society.

Guests were welcomed by **Mr. Tom Korta**, Principal, followed by an invocation led by Superintendent, **Fr. Jim Meysenburg**. The current NHS officers were introduced by the group's sponsor, **Mr. Tom Seib**. Current NHS Officers include: President, **Dominic Dongilli**; Vice President, **Ivy Stejskal**; Secretary, **Alana Tucker**; Treasurer, **Trevon McGill**; Senior Representative, **Emma Morin**; Junior Representatives, **Carolyn McDermott** and **Will Pokojksi**; and Sophomore Representative, **Kiley Ferrell**. The NHS president, Dominic Dongilli, gave a message and then honored the following with certificates which were distributed by the officers:

**Juniors:** Connor Aylor, George Blankenau, Michael Boes, Stephen Byers, Melody Claus, Shelby Condello, Katherine Crawford, Hunter Creglow, Alexandra Crook, Mary Margaret Dawson, Anna Drehs, Cassandra Effken, Steven Emmerich, Ann Essay, Constance Fiedler, Mark Fiedler, Bridget Fitzgerald, Katelyn Geary, Bridgette Hafner, Michael Heibel, Caleb Hile, Maria Hotovy, Noah Javadi, Derek Jundt, Shannon Kelly, Kathryn Kopetzky, William Long, Mary Marsolek, Abby McClure, Carolyn McDermott, Kathleen Meradith, Derek Meyer, Emily Milana, Tyler Minchow, Maggie Morehouse, Sara Novotny, Sean O'Neill, William Pokojski, Eric Policky, Lauren Pope, Andrew Reese, Emily Rentschler, Suzanna Rezk, Richard Rice, Lea Sack, Timothy Sanders, Nathan Schlautman, Abigail Schoening, Zakary Sedlak, Emily Steinbach, Erika Stuchlik, Alexander Theisen, Matthew Vrbka, Hanna Wackel, Marie Wathen, Benjamin Woita, and Allison Zastrow.

**Seniors:** Jessica Albin, McKenzie Bailey, Lucille Baker, Brandon Barnes, Eric Baumgartner, Morgan Birkel, Nolan Border, Sarah Buescher, Kayla Condello, Sophia Connot, Emma Contreras, Ellen Cunningham, Dominic Dongilli, Whitney Drahot, Rosanna Egge, Anthony Finley, Aaron Frey, Andrea Frey, Thomas Gillan, Alex Hain, Jacob Hanus, Haley Heibel, Alex Heimes, Morgan Hoffman, Jake Houlihan, Hannah Hovis, Elizabeth Husmann, William Hynes, John Jablonski, Ruth Jaros, Theodore Kirkpatrick, Jennine Kottwitz, Allyson Koziol, Shelby Kruse, Lauren Largen, Zachery Mahler, Trevon McGill, Megan Meagher, Regina Merrill, Emma Morin, Kelsey Nealon, Cecilia Nguyen, Thu Huong Nguyen, Taylor Niemann, Haley Noel, Claire Pohlen, Allysa Pryor, Matthew Reinhart, Kelli Rice, Deidre Richard, Joseph Richert, Will Roeder, Hannah Schinkel, Alex Schueth, Camrie Seier, Kaitlin Slattery, Ivy Stejskal, Jacob Swanson, Elizabeth Szatko, Sarah Tasler, Amanda Timm, Hanh Tran, Alana Tucker, Taylor Tvrdy, Nicholas Unger, Kassandra Utrup, Thao Vu, Quyen Vu, Elizabeth Wiest, Amy Wallish, and Abby Zimmerman.

Special thanks to the guest speaker, **Senior Master Sergeant, Ronald J. Polivka**.

All Pius X students in grades 10-12 are eligible for admission into the National Honor Society if they have a cumulative grade point average of 3.75 or higher and meet the by-law requirements of scholarship, character, service and leadership.

## New Student Orientation Held in February



Pictured: Mrs. Margaret Kaiser-Woodward gives information on Club World Aid to potential freshmen: Sydney Johnson (her dad, Craig Johnson, attended Pius X his freshman and sophomore years); Katie Petersen (her mom, Kathy Edwards, graduated from Pius in 1987); and Hayley Heath (her mom and dad graduated from Pius X - Kristin (Edwards) Heath '91 and Peter Heath '90).

Approximately 320 families attended Pius X's annual **New Student Orientation** on February 7, 2011. Prospective students and their parents visited Pius X to learn more about it as a potential high school for the 2011-12 school year.

The Pius X Student Council greeted visitors with packets of information, the Band Department provided music, Superintendent **Father James Meysenburg** gave a welcoming prayer & message, Principal **Tom Korta** & Guidance

Director **Jan Frayser** presented an overview of the school's academic performance history & class registration guidelines, and Student Council President **Sophia Connot** shared her experiences as a student at Pius X. After the presentations, visitors were given tours of the school and visited booths hosted by various student organizations & athletic teams. Refreshments were served in the Commons area with performances of the Vocal Music Department and the Thunderette Dance Team.

Along with great academics, Pius X offers many clubs, activities, and sports including: Academic Decathlon, Art Club, Band, Baseball, Basketball, Booster Club, Bowling Club, Cheerleading, Chess Club, Cribbage Club, Cross Country, Dance Team (Thunderettes), Diving, Fellowship of Christian Teens Club, Football, Golf, Junior Achievement, Key Club, Landscaping Club, Legion of Mary, Literature Club, Math Club, National Honors Society, Needleworkers Anonymous Club, Newspaper, Outdoors Club, Passport To Adventure Club, Pius Players, Pro-Life Club, Recycling Club, Retreat Team, Running Club, Science Club, Sign Language Club, Sisters of Sanctity (SOS) Schoenstatt Girls Club, SOADA Club, Soccer, Softball, Speech Team, Student Council, Swimming, Tennis, Track, Trap Shooting Club, Ultimate Frisbee Club, Vocal Music, Volleyball, Wordstruck, Wrestling, X-Change Newspaper, and Yearbook.

Although the orientation night primarily focused on new students, a contest was held to determine which booths best demonstrated Pius X school spirit while conveying its mission, "To Restore All Things In Christ." Prizes were given to the first and second place winners in each category. Congratulations to the following winners of the booths: Most Original: 1st- SOADA Club and 2nd- SOS Club; Best Represents Club Theme: 1st- Passport To Adventure Club and 2nd- Science Club; Best Interaction With Potential New Students: 1st- FCT Club and 2nd- Pro-Life Club.

Special thanks to all those that attended; to the administration for their presentation; to the clubs, students, sponsors, and coaches who represented our school; and to **Mrs. Connie Freudenberg** who coordinated the booths.

If you would like more information about Pius X High School or have questions about registration, please contact the school's Guidance Office at 488-0931.

Photo courtesy of the Foundation Office.



Sierra Weber, Senior

- Photo courtesy of Sierra Weber

### National March For Life

*"There's no way I could witness a movement like that and not believe this is a battle we could win someday...we WILL win someday."*

When asked to write a short description of the **March for Life in Washington, D.C.** this past January, I was at a loss on what exactly to talk about. There's so many things that make the trip an amazingly incredible, "finding who you are" adventure. This was my second year attending this pilgrimage, and it far exceeded the previous year. I thought maybe it was the people I met on the trip. A big group of kids from Hastings, Nebraska, touched my heart the week I was with them, and I now have a new group of friends with whom I can enjoy their company and pray with as well. However, that's not really what this article should be about. So I thought I'd tell you about how breathtaking the churches that we visited were, or about all the corny jokes the priests said, or the makeshift Winter Formal we had. But none of those things seem to fit. So here it is, short and sweet and to the point.

On the morning of the march, we arose early and left our hotel for the Verizon Center. Take a minute to close your eyes and picture an arena completely packed with 20,000 teenagers singing, "Here I Am, Lord", to the music of only an acoustic guitar. Hundreds of priests processed in and there were more than 10,000 people having Mass at the Basilica of the Immaculate Conception. After leaving the Verizon Center, we picked up signs and headed to the State Capitol - 500,000 people. I've heard the news telecasters, and yes, there were close to half a million people walking that day. Louisiana, Florida, New Jersey, Nebraska...it didn't matter where you were from or who you were- everyone was one group fighting for one cause.

If you ever are given the chance to go on a pilgrimage like this one, I advise you to do so. It's a long drive, 26 hours to be exact, but worth every single minute of it. Lives were changed that day. We saved babies, mothers, fathers, and even ourselves. There's no way I could witness a movement like that and not believe this is a battle we could win someday...we WILL win someday. "I can do all things in Him who gives me strength."

### 38th Annual March For Life The Biggest Ever!



The number of marchers who made the journey to our nation's capital once again exceeded the record number of participants that attended the previous year. Some estimates pegged the number at approximately 400,000, about the same as 2010. But other experienced observers thought that the crowd was much larger than last year, especially considering that tens of thousands of marchers got a jump start and reached Capitol Hill before the main contingent even left the staging area! Fifty-two members of the House of Representatives and one Senator came to express their deep concern for the plight of our preborn brothers and sisters and to pledge their support for legislation that will overturn Roe vs. Wade. The next National March For Life will be held on January 23, 2012. Source: <http://www.marchforlife.org/>

### Winter Formal Dance



- Photo courtesy of Yearbook -

The Pius X High School Cheerleaders sponsored a Winter Formal Dance on Saturday, January 22, 2011. Special thanks to all those that attended and to all those that made it possible.

### Mrs. Vifquain Chosen For New Teachers Network



- Photo courtesy of LifeTouch

Mrs. **Gina (Bartels) Vifquain** has been chosen to take part in the New Teachers Network. NTN is a graduate program designed to support the excellent new teachers of Nebraska in becoming outstanding secondary master teachers. This three year program provides tuition, classes and mentoring for Mrs. Vifquain. She will use this experience to enhance her mathematical understanding and teaching, and share teaching methods with all of the mathematics teachers at Pius X High School. The New Teacher Network is supported by Nebraska-MATH through a National Science Foundation Grant and the Center for Science, Math, and Computer Education at UNL.

### 2011 Is Off To A Life-Saving Start!



- Photo courtesy of Yearbook

Famed anthropologist Margaret Mead once said, "A small group of committed people can change the world." Thanks to the efforts of Pius X blood donors, the new year has brought renewed hope to a multitude of patients. The January 20th blood drive was a success with **45 blood donations**. The winter drive helped maintain the blood supply and raised scholarship funds through the Nebraska Community Blood Bank (NCBB) Educational Scholarship Program.

Every day blood is needed for patients challenged by illnesses and injuries. Since there is no substitute for blood, patients depend on the support of volunteer donors to give the gift of life. "With the help of high schools like Pius X, the Nebraska Community Blood Bank is able to supply blood to hospitals across southeast Nebraska," noted Phyllis Ericson, NCBB CEO. "On behalf of the patients we serve, the message is clear, you can make a difference."

As a result of this and future Pius X blood drives, a Community Blood Bank donation will be made to create a scholarship for Pius X. Every pint of blood collected at Pius X during the year adds to the scholarship amount. If you donate blood at the Community Blood Bank, please mention that you are donating for Pius X, and they will include it in our scholarship count. For more information on blood donation, visit [www.ncbb.org](http://www.ncbb.org).

### STARS "Firewall" Communication

The **Pius X STARS** continue to learn about the story of Joseph in the Old Testament as his hardships and temptations are overcome by trusting in God's plan for him and living a virtuous life. This ancient story still applies today as the media (advertisements, TV, movies, music, internet, Facebook, etc.) lures and deceives teens into believing that instant gratification, sex, self-centeredness, and the material world are where true happiness lies. The students discussed the importance of a firewall on the computer to protect them from the dangers of the internet. They applied this to the need for a "firewall" around their minds to protect them from an unhealthy lifestyle, shallow relationships, and a non-Christian way of life. This "firewall" will help to ensure that they will be able to live the life God has planned for them, like Joseph. For one week the STARS agreed to "firewall" their communication and relationships by **CALLING** instead of **TEXTING**. This included with their parents, of course! They will present the same challenge this month to the 7th graders they mentor on character development.

### Academic Decathlon's Inaugural Year A Success!



- Photo courtesy of Yearbook -

Creighton University hosted the **State Academic Decathlon Competition** February 18-19. Receiving Rookie Team of the Year awards and medals, Pius X High

School students showed their invitation to the State contest was well deserved.

In the Honors Division: **Bridget Fitzgerald** earned the gold medal in Speech and silver in Interview and was team high scorer. **Connor Aylor** earned a bronze medal in Art and **Kathryn Kopetzky** a bronze in Literature and Language Arts.

In the Varsity Division: **Anna Hanzl** earned the gold medal in Speech, **Kelsey Konecky** silver in Math and Literature, and **Joe Kotopka** a bronze in Art.

For the alternate Honors; **Stephen Kotopka** received bronze medals in both Fine Arts (Music and Art) and Hard Science (Math and Economics).

The Super Quiz Team consisted of **Connor Aylor, Bridget Fitzgerald, Audra Nabity, Gabrielle Bruckner, Kelsey Konecky** and **Joe Kotopka**.

Competing against the well established programs of Creighton Prep and Omaha Burke, who won 1st and 2nd team awards, makes the successes of the season all the more satisfying. Already the teachers and students eagerly await the announcement of next year's topic which will come out in March.

### Wrestlers Qualify 8 For State



Congratulations to **Coach Jerry Clinch** and the **Pius X Wrestling Team** who placed 6th at Districts and qualified **8 wrestlers** for State competition. The Bolts placed 21st out of 33 teams in Class A at State with 2 wrestlers placing 4th. Pius X was 4th out of all of the Lincoln teams.

#### District Results:

- 4th place- **Nick Boes**, Sophomore, 103 Weight Division (15-13)
- 3rd place- **Zachary Bell**, Sophomore, 140 Weight Division (11-11)
- 4th place- **Alec Sasse**, Junior, 145 Weight Division (17-17)
- 3rd place- **Jared Nickman**, Junior, 152 Weight Division, (32-6)
- 2nd place- **Ben Goodwin**, Junior, 160 Weight Division (34-6)
- 2nd place- **Sam Dolezal**, Sophomore, 189 Weight Division (23-12)
- 3rd place- **Austin Kreifels**, Senior, 215 Weight Division (17-14)
- 3rd place- **Aaron Frey**, Senior, 285 Weight Division (23-8)

#### State Results:

- 4th place- **Jared Nickman**, Junior, 152 Weight Division
- 4th place- **Ben Goodwin**, Junior, 160 Weight Division

Special thanks to all the fans who attended the Districts Meet in Papillion, the State Wrestling Meet at the Qwest Center in Omaha, and to all for their support during the season.

If your student would like more information on wrestling for the 2011-12 school year, please contact **Coach Jerry Clinch** at [jerry.clinch@piusx.net](mailto:jerry.clinch@piusx.net) or visit the wrestling website at [www.thunderboltwrestling.info](http://www.thunderboltwrestling.info). See page 10 for information on wrestling summer camps offered at Pius X.

### Swim Team Qualifies 6 Individuals & All 6 Relays For State



#### And Dive Team Qualifies All 3 Divers

On Thursday, February 24, the **Pius X Dive Team** competed at State with 3 divers. In its 3rd year of the program at Pius X, they are the first divers to qualify for state for Pius X. Competing for the Bolt's Diving Team under the direction of **Coach Hollie Michaud** were:

- Sheila Boothe** Sophomore 318.30
- Ashley Alexander** Sophomore 310.30
- Katie Kirby** Freshman 302.55

On Thursday, February 25, the **Pius X Swim Team** competed at State in 14 events. Swimmers that qualified for state with **Head Coach Cindy Nash** and Assistant **Coach Maggie Bach** were:

- Bridget Hafner** Junior 100 Fly 1:03.70
- Austin Hagge** Junior 100 Free 50.66
- Austin Safranek** Senior 100 Fly 56.68
- Lauren Smith** Junior 50 Free 25.03
- Lauren Smith** Junior 100 Free 57.55
- Carly Twehous** Freshman 100 Breast 1:12.86
- Hanna Wackel** Junior 500 Free 5:44.70
- Hanna Wackel** Junior 100 Back 1:04.20

- Boys 200 Medley Relay** 1:50.91  
Qualifiers- Mark Hugo (Sr), Mitch Theil (Jr), Austin Safranek (Sr), and Austin Hagge (Jr); Alternates- Ian Addy (Fresh), Colin Costello (Jr), John McDonald (Soph)
- Boys 200 Free Relay** 1:37.30  
Qualifiers- Austin Hagge (Jr), Colin Costello (Jr), Mark Hugo (Sr), and Austin Safranek (Sr); Alternates- Ian Addy (Fresh), John McDonald (Soph), Mitch Theil (Jr)
- Boys 400 Free Relay** 3:37.30  
Qualifiers- Austin Hagge (Jr), Mitch Theil (Jr), Mark Hugo (Sr), and Austin Safranek (Sr); Alternates- Ian Addy (Fresh), Colin Costello (Jr), John McDonald (Soph)

- Girls 200 Medley Relay** 1:56.75  
Qualifiers- Hanna Wackel (Jr), Carly Twehous (Fresh), Bridgette Hafner (Jr), and Lauren Smith (Jr)
- Girls 200 Free Relay** 1:47.50  
Qualifiers- Bridgette Hafner (Jr), Hanna Wackel (Jr), Carly Twehous (Fresh), and Lauren Smith (Jr)
- Girls 400 Free Relay** 3:57.61  
Qualifiers- Lauren Smith (Jr), Hanna Wackel (Jr), Carly Twehous (Fresh), and Bridgette Hafner (Jr)

\*Alternates for the girl's relays: Shelby Condello (Jr), Melanie Jacobsen (Fresh), Kathleen Moeschen (Soph), Kasey Utrup (Sr)

Note: Swimmers may only swim 4 events at State with only 2 of them being individual events. If a swimmer is competing in 2 individual events and qualified for 3 relays, an alternate will swim in his/her place in a relay so that the maximum of 4 events does not occur.

In its third year as a sport at Pius X, there were a total of 18 athletes (15 swimmers and 3 divers) attending state for the Pius X Swim/Dive Team with 14 swim events. In Pius X's first year, there were 5 swimmers and 2 swim events. Congratulations to all of the coaches and athletes on this great achievement!

State competition took place at the Bob Devaney in Lincoln from February 24-26 (Thursday-Saturday) with finals being broadcast on Saturday, February 26, on NET public television. Results will be published in the April parent newsletter.

## Pius X High School Prom 2011

Juniors & Seniors Are Cordially Invited To  
Pius X High School's Prom 2011  
Saturday, April 9, 2011

The Cornhusker Marriott Hotel, Grand Ballroom  
6:30-11:00 p.m.  
Dinner To Be Served At 7:15 p.m.  
Tickets: \$25.00

Tickets will be on sale in the Commons during the 5th period on the following dates:

- Friday, April 1, 2011
- Monday, April 4, 2011
- Tuesday, April 5, 2011 (and after school on April 5)
- Wednesday, April 6, 2011 - the **LAST** day - by **8:00 a.m.** We can not take reservations after 8:00 a.m. due to our contract with the Cornusker, Marriott

## Parent Chaperones Needed



### For Prom Dinner & Dance

Plans have begun for the Prom 2011 which will be held on Saturday, April 9, 2011. Any parent wishing to help with the dinner and dance may contact **Sandy**

**Hartman** at [sandy.hartman@piusx.net](mailto:sandy.hartman@piusx.net) or call the main office at 488-0931.

## Post Prom Party

Juniors & Seniors Are Cordially Invited To  
Pius X High School's Post Prom Party  
Sunday, April 10, 2011

Pius X High School  
12 a.m. Midnight - 4:00 a.m.  
Mass 3:00 a.m.

Please join us for a night filled with games, food, entertainment, contests, prizes, companionship, and Mass!

## From The Post Prom Committee

For the past twenty-three years, **Project Post Prom** has been successful in providing an alternative event for high school students to the traditional drinking parties that seem to have become the accepted form of celebrating following Prom. The future potential of these students' lives after an event such as Prom are marred by the tragedy of drinking and driving accidents.

The Post Prom Committee is beginning to prepare for the annual Post Prom party which will be held on **Sunday, April 10, 2011, from 12:00 a.m. – 4:00 a.m.**

### WE NEED YOUR HELP!

Letters have been sent to area businesses asking for donations to Post Prom. These donations and prizes are needed in order to make Post Prom a success. Parents are needed to call these businesses to see if they are donating an item(s) and if it needs to be picked up.

If you are willing to help, please contact **Krystal Baumert** at 486-4839 or email at [kbaumert2@neb.rr.com](mailto:kbaumert2@neb.rr.com)



## Policies Regarding Prom

Prom will be held Saturday, April 9, 2011. The Pius X High School dance policy is stated on pages 29-30 of the 2010-2011 Student/Parent Handbook. Please review it with your student. It will be strictly adhered to on Saturday, April 9, 2011. Your help in getting your child to the dance within this policy will help him/her to have an enjoyable, hassle-free evening. Pius X students who invite guests from other schools **ARE RESPONSIBLE** for sharing the policy and ensuring their guest is in compliance.

Note: Any student that arrives more than thirty minutes after the start time of a dance may be submitted to a breathalyzer. If a student wishes to leave earlier than thirty minutes prior to the end time of a dance, an administrator or police officer at the dance must speak to a parent or guardian.

In keeping with our mission, Pius X provides the following dress policy for dress at formal dances. This policy supports the formal/semi-formal atmosphere and promotes modesty.

### Ladies:

- No excessively tight clothing may be worn.
- No revealing neckline or visible cleavage. The entire breast area must be completely covered with solid fabric. Ensuring that there is solid material from the top crease of the armpit and lower will ensure compliance.
- Midriff must be covered completely (mesh or sheer material is not acceptable).
- No open backs or sides. Solid material must cover the sides of the body and entire back from the bottom of the shoulder blades and lower.
- The hemline or the highest point of a slit in the dress at the bottom must be no higher than the fingertips when standing erect with hand and arm fully extended and shoulders lowered.

### Gentlemen:

- Button-down shirt with collar or a sweater is required.
- No excessively tight clothing may be worn.
- Dress slacks and shoes are required.
- No jeans or shorts are allowed.
- Tuxedos are customary for Prom; however, they are not required.

Administrators will be at the door to determine appropriateness of dress. To avoid any consequences, we recommend that all students avoid being "on the edge" of the policy. For example, the policy indicates that the length of the dress or the top of a slit in the dress must be at the fingertips or below when shoulders are lowered and fingers and arms are extended. So, make it at least an inch below that. If a dress has a slit at the bottom, the top-most spot of that slit will be the measuring point for the appropriate length of the dress.

A few tips: Dresses should lay flat against the chest. The tape that is sold to keep a dress adhered to the body does not work; within one or two dances, the perspiration removes the hold of that tape. Straps on dresses are not required, but they can really help. Once a student begins dancing (jumping up and down hundreds of times), the dress shifts downward. Dresses must be appropriate throughout the entire evening. If the lowest part of a dress (on top) is as high as the highest point of the armpit crease, it will be appropriate. The policy indicates that the "entire breast area must be fully covered" which includes the space between the breasts.

Here is the procedure if a student comes to the dance inappropriately dressed:

1. At the door, they will be given a slip to go to the Dress Compliance area.
2. They will sign in and be instructed to go to a particular room depending on our decision as to whether we can help them come into compliance or not. If we believe that we cannot help them, they will go to a room to try to call home to get different clothing. For example, we cannot add length to a dress.
3. If we can help them come into compliance, they will enter a different room and wait until someone helps them by adding material to their dress or finding some appropriate fix that must remain throughout the entire dance. Clothing fixes will be done only if the child would like help.
4. Once they have been fixed, they must go to another room to wait 15 minutes for choosing to come outside of the policy.
5. The entire procedure can last 45 minutes or more.

We realize that it is difficult to find appropriate dresses. However, it is possible to find dresses that are within the policy. Hundreds of girls come with dresses that have been simply modified to meet the policy. It's a wise choice, and we hope you will make it.

Any parent who would like to assist us in enforcing the dress attire policy at Prom on Saturday, April 9, 2011, from 8-9:30 p.m. is most welcome. Please contact the main office at 488-0931 if you are interested.

**Dino's First Tuesday On March 1**

Enjoy dinner at **Dino's** on the **first Tuesday of every month** and support Pius X activities. Visit **Dino's Eastside Grill**, 2901 S. 84th Street, from **5-11 p.m. on Tuesday, March 1, 2011**, and **Pius X Booster Club** will receive **10% cash back on every dollar spent**. Be sure to tell your server that you are part of the Pius X Booster Club group.

**Band Notes**

- The Winter Band Concert will be held at 4:00 P.M. on Sunday, March 6, in the gym. The Jazz Band, Concert Band, and Symphonic Band will perform.
- Band Camp for the 2011-12 school year will be July 28, 29, and August 1 through 5. All students in band are expected at band camp. As always, a detailed camp letter will be sent to all registered band students in early summer.
- A pre-trip parents meeting will be held soon. Announcement to come.

**Dance Team Informational Meeting - March 8**

There will be tryouts for the 2011/12 **Thunderette Dance Team** at the Pius X Gym on **Friday, April 1, 2011**, from 4-6 p.m. and **Saturday, April 2, 2011**, from 9 a.m.- 2 p.m. Tryouts are closed to the public. Incoming freshmen **ARE** eligible to tryout. Requirements will be distributed at an informational meeting on **Tuesday, March 8, 2011**, at **5:30 p.m. in the Commons** and will be available in the main office after that date. If you would like more information, please contact **Sha'mene Dixon** at [shamene.dixon@piusx.net](mailto:shamene.dixon@piusx.net).

**Ash Wednesday Mass On March 9**

The 2011 Lenten season opens with an Ash Wednesday Mass on **Wednesday, March 9, 2011**, in the Bishop Flavin Gym at **9:25 a.m.** All are welcome. Students will follow a modified bell schedule which may be found on the Pius X website.

**No School On Friday, March 11**

On Friday, March 11, 2011, there will be no school.

**Spring Sports Photo Day is March 11**

Students who participate in spring sports will have their individual and team photos taken on **Friday, March 11**. Times will be announced. Coaches will have photo order packets at their parent meeting or will send the packets home with their student athletes before photo day. All students need to complete the order form and bring it with them to photo day, even if they don't want to purchase individual photos. This is to identify students in the team photo. If students or parents wish to purchase buttons or photographs, please include a check with your order form. Thank you.

**Spring Kick-Off On March 13**

To welcome the Pius X soccer teams to their first season of home games at Aldrich Field and to give the Spring activities a spirit boost, the first annual **Spring Kick-Off** is scheduled for **Sunday, March 13, 2011**, at **2:00 p.m.** Highlights will include the introduction of the Spring sports teams, band, cheerleaders, and dance squad. A soccer scrimmage will follow on the new artificial turf. The Booster Club will be selling Pius X clothing and items throughout the event. Admission to the Spring Kick-Off scrimmage is \$2 for adults and \$1 for students.

**"In Touch With Pius Parents" - March 14**

The Internet has become a tool that changes the way we do business, communicate with one another, and exchange information. Unfortunately, it has also become a tool for predators and pedophiles putting our young people at risk. At the next **"In Touch with Pius Parents"** event, March 14, the **Nebraska Attorney General's Office** will share information on how you can help your kids better understand those dangers. Please plan on attending this important and informative event concerning responsible and safe Internet use: **Monday, March 14**, from **7:00 p.m. to 9:00 p.m.** at Pius X High School in the Commons area.

**Pius X Machine Contest On March 16**

On **Wednesday, March 16, 2011**, students in AP Physics and PACE will be participating in the **18th Annual Pius X Machine Contest** based on the Rube Goldberg Machine Contest. Rube Goldberg was a Pulitzer Prize winner whose cartoons depicted complicated machines that performed simple tasks. In this spirit, teams of students are building machines that will, in at least 20 different steps, **water a plant**. The contest is a fun way for students to express their creativity as they attempt to solve a problem. The teams will be judged on their ingenuity and on whether their machine successfully completes the task. Everyone is invited to this year's contest, which will begin at **7:00 p.m. in the new gym**.

**10:15 a.m. Start on Wednesday, March 16**

On Wednesday, March 16, 2011, there will be a 10:15 a.m. Start for all students, 9th-12th grade. The teachers will have a meeting.

**Lenten Services Begin Friday, March 18**

Lenten Services will be held at Pius X High School in the Bishop Flavin Gym at **9:37 a.m. on Friday, March 18; Friday, March 25; Friday, April 1; Friday, April 8; Friday, April 15; and Wednesday, April 20**. All are welcome.

**Granite City's Third Friday On March 18**

Visit **Granite City** at 6150 O Street on **Friday, March 18, 2011**, and **every third Friday of the month**, and the restaurant will donate 10% of sales to Pius X. Guests need to inform their server upon arrival that they are participating in the Pius X event. **Ten percent of sales** raised from those participating will be given to the **Pius X Booster Club** for the support of school activities.

**10th-12th Grade Retreats \* Mandatory \***

**Monday, March 21, 2011**, is a **mandatory Retreat Day for 10th-12th graders**. The 9th graders will have no school as they had their retreat in August 2010. **All 10th-12th graders should plan their schedules so they may attend the entire retreat.**

**9th Grade:** No School (they had their retreat in August 2010).

**10th Grade Girls:** Dress for the day is casual, but modest. Sophomores must provide their own transportation to and from St. Thomas Aquinas (Newman Center, 320 N. 16th St.). The retreat will begin at 8:00 a.m. and conclude at 3:30 p.m. Lunch will be provided. Last names beginning with A-L should bring ½ dozen bottles of water. Last names beginning with M-Z should bring ½ dozen treats.

**10th Grade Boys:** Dress for the day is casual, but modest. Sophomores must provide their own transportation to and from St. Joseph's parish (7900 Trendwood Drive). The retreat will begin at 8:00 a.m. and conclude at 3:30 p.m. Lunch will be provided. Last names beginning with A-L should bring ½ dozen bottles of water. Last names beginning with M-Z should bring ½ dozen treats.

**11th Grade:** Dress for the day is casual, but modest. Boys and girls will begin and end at Pius X. The retreat will begin at 8 a.m. and conclude at 3:30 p.m. Lunch will be provided.

**12th Grade:** Dress for the day is casual, but modest. Boys and girls will meet in the Pius X Commons at 8:00 a.m. Breakfast AND lunch will be provided. The senior girls will be bused to and from the Blessed John XXIII Center. The senior boys will be bused to and from St. Michael's parish in Cheney. Both will conclude at 4:30 p.m. at their site and return to Pius X by 5:00 p.m.

**Retreat Volunteers Needed On March 21**

Many adults are needed to help as small group leaders at the sophomore (girls & boys), junior and senior boy retreats. We prefer adults of the same gender as the students on the retreat. Parents of all grades are also needed to help provide transportation for the JUNIOR retreat. Students perform service projects for several hours as part of their junior retreat, so the transportation helps to get them to and from their service locations. Please email [emily.wyatt@piusx.net](mailto:emily.wyatt@piusx.net) if you are able to help with any of the retreats. Thank you!

**Cheerleading Informational Meeting - March 21**

Want to become more involved with Pius X High School? Do you have a lot of energy and love to smile? You should try out to be a member of the **Pius X Cheerleaders**. There will be a parent and participant informational meeting on **Monday, March 21, 2011**, in the Pius X Commons at **7:00 p.m.** The actual tryout will be held **Monday, April 11, 2011, through Friday, April 15, 2011**. Any questions or concerns may be directed to the cheerleaders' coaches, **Annie Mack** at [annaelisemack@yahoo.com](mailto:annaelisemack@yahoo.com) and **Amy Snyder** at [amy\\_snyder@windstream.net](mailto:amy_snyder@windstream.net).

**No School - March 22 (Educational Freedom Rally)**

There will be no school on Tuesday, March 22, 2011. An Educational Freedom Rally will be held at the State Capitol from 10 a.m. to 12 p.m.

**Retreat Mass - March 23**

There will be an **all-school Mass** to conclude the retreats held on March 21, 2011, on **Wednesday, March 23, 2011**, in the Bishop Flavin Gym at **9:25 a.m.** All are welcome. Students will follow a modified bell schedule which may be found on the Pius X website.

**Spring Musical - Joseph & The Amazing Technicolor Dreamcoat**

Production of the Pius X's Spring Musical – **“Joseph and the Amazing Technicolor Dreamcoat”** will take place **March 24-27, 2011**, under the direction of **Mrs. Mary Odgaard** and **Mr. Joseph Moser**. In this retelling of the Biblical story, Joseph is a young man who is his father's favorite child, able to interpret dreams, and given an amazing coat by his father. These facts lead Joseph's eleven brothers to become insatiably jealous and they sell Joseph into slavery, telling their father that Joseph died. Years later, Joseph's now starving brothers ask Joseph, whom they do not recognize, for assistance. Please mark your calendars for the following performances to be held in the Pius X Performing Arts Center (L/PAC):

Thursday	March 24, 2011	7:00 p.m.
Friday	March 25, 2011	7:00 p.m.
Saturday	March 26, 2011	2:00 p.m.
Saturday	March 26, 2011	7:00 p.m.
Sunday	March 27, 2011	2:00 p.m.

Tickets will go on sale in the front office beginning **March 14**.

**Blood Drive - Thursday, March 31**

The **Nebraska Community Blood Bank (NCBB)** will be hosting a **Blood Drive** at Pius X on **Thursday, March 31, 2011**, from **9 a.m. - 3 p.m.** Donors must: be at least 17 years old, weigh 115 pounds or more, be in good health (no colds, flu, cold sores, or antibiotics 72 hours prior to donating and no risk of HIV or hepatitis), and bring a government issued photo i.d. Walk-ins are welcome. **NCBB will offer an educational scholarship award to Pius X based on the success of the blood drive.** Every pint of blood collected at Pius X during the year adds to the scholarship amount. If you donate blood at the Community Blood Bank, please mention that you are donating for Pius X, and they will include it in our scholarship count.

**Vocal Department Lent Concert - April 11**

The Pius X **Vocal Music Department** will hold its **Lent Concert** on **Monday, April 11, 2011**, at **6:30 p.m.** at **St. John's**.

**Wordstruck Live! Saturday, April 16**

Please mark your calendars for **Wordstruck Live!** to be held on **Saturday, April 16, 2011**, at **7:00 p.m.** in the Pius X High School gym. It is an evening presented by the **Senior Writing class** that allows all students the opportunity to share their writing. This is a nice by-product of the **Wordstruck Literary magazine** that is sponsored by **Ms. Burt**. More information will follow as the date draws nearer.

**Call for Professional Interviewers - May 4**

The **Careers and Life Management class** will be offering a mock job interview fair for 9th and 10th grade students enrolled in the CLM class on **Wednesday, May 4, 2011**. We are looking for **several parents/professionals** to help facilitate this process. If you are interested in helping conduct the mock interviews on **May 4, 2011**, please e-mail **Mr. Ryan Psota** for details at [ryan.psota@piusx.net](mailto:ryan.psota@piusx.net).

**Spring Vocal Concert On May 10**

Please join the Pius X **Vocal Music Department** for their **Spring Concert** on **Tuesday, May 10, 2011**, in the new gym. The concert will begin at **7:00 p.m.**

**Matthew Kelly - May 21 At Cathedral**

Save the date: **Matthew Kelly Passion and Purpose Event--“Becoming the Best Version of Yourself”**, **Saturday, May 21, 2011, 9:00 a.m. - 4:00 p.m.**, at **Cathedral of the Risen Christ Church**. If you have any questions, please call or e-mail **Jill Korta** at 432-8083 or [korta@inebraska.com](mailto:korta@inebraska.com).

**2011-12 Sports Physicals On May 24, 2011**

The **Pius X Booster Club** will sponsor **2011-12 Sports Physicals** on **Tuesday, May 24, 2011**, from **6:00-9:00 p.m.** at Pius X. All 2011-12 Pius X students are welcome to attend. Lincoln area physicians and staff will conduct the exams. The cost will be \$15 with checks payable to the Pius X Booster Club. Participants must bring a completed NSAA 2011-2012 Physical Form signed by a parent or legal guardian. Forms will be available in the Pius X main office after **May 1, 2011**, or on the NSAA (Nebraska School Activities Association) website at [www.nsaahome.org](http://www.nsaahome.org). If you have any questions, please contact **Mr. Jake Moore** at [jake.moore@piusx.net](mailto:jake.moore@piusx.net).

**Soccer Home Games**

With Aldrich Field now having artificial turf, Pius X will play home soccer games here at Pius X. This spring will be the first time for this and is exciting for our teams! There will be admission charged for the games played here with the same prices as all the other events. Student and adult activity cards may also be used.

**Spring Sports Schedule Changes/Additions**

- Girls Varsity Soccer** - Change - Monday, March 21, at Omaha Duchesne has been changed to **Tuesday, March 22** - same place (Omaha Duchesne) and time (5:00 p.m.)
- Girls Varsity Soccer** - Change - Tuesday, April 5, vs Omaha Westside has been changed to **Tuesday, March 29**, at 5:45 p.m. on Aldrich Field. Boys JV vs Lincoln High to follow.
- Girls Varsity Soccer** - Addition - **Friday, April 8**, Pius X vs Lincoln Lutheran at 4:15 p.m. on Aldrich Field
- Girls Varsity Soccer** - Change - Monday, April 11, vs Papillion-LaVista South has been changed to **Wednesday, April 13** - same place (Pius X) and time (6:00 p.m.)
- Girls Varsity Soccer** - Change - **Saturday, April 16**, at Millard North has been changed from an 11:00 a.m. start to 1:00 p.m. and will be played at Buell Stadium.
- Girls Reserve Soccer** - Addition - **Thursday, April 21**, Pius X vs Lincoln Lutheran at 4:00 p.m. on Aldrich Field
- JV Baseball** - Addition - Friday-Saturday, **April 29-30**, Lincoln East Spartan JV Baseball Tournament at Densmore Fields
- Boys JV Soccer** - Change - Tuesday, March 29 vs Lincoln High has been changed to **Friday, April 1**, at 6:00 p.m. at Aldrich Field

**Fall Sports Begin in August**

- Monday, August 8, 2011** – Football, Girls' Golf and Softball practices begin
- Monday, August 16, 2011** – Volleyball, Cross Country, and Boys' Tennis practices begin

Note: All athletes must have a physical after May 1, 2011, in order to try out for or participate in a sport. Necessary forms will be available in the Pius X main office after May 1, 2011, or on the NSAA (Nebraska School Activities Association) website at [www.nsaahome.org](http://www.nsaahome.org).

**Pius X High School Sportsmanship**

**Sportsmanship** can be defined as playing fair, following the rules of the game, respecting the judgment of referees and officials, treating opponents with respect, and being gracious in victory and defeat. Good sportsmanship is a matter of character, of being able to choose what is right even in the heat of competition. It is an obligation of everyone involved in athletic contests at Pius X including participants and spectators. Not only should this be expected when our teams compete, but because we are a Catholic school, we are many times held to a higher standard, and we need to measure up to that higher standard. Since perception becomes reality, bad behavior, and unsportsmanlike conduct in particular, will become our reputation.

- Interscholastic competition exists for its educational value. Although winning is important, the prime objective is to appreciate the educational and athletic development of the players.
- Spectators and participants are all guests at this educational experience and have a responsibility to uphold the ideals of good manners and sportsmanship.
- Officials do their best to make quick, fair, and unbiased decisions and should be treated with respect.

**Your Responsibilities As A Spectator**

- Show interest in the contest by enthusiastically cheering and applauding the performance of both teams.
- Understand that a ticket is a privilege to observe the contest, not a license to verbally attack others, or to be obnoxious. Maintain self-control.
- Don't "boo", stamp your feet, or make disrespectful remarks toward players, fans or officials. Respect the integrity and judgment of game officials.
- Learn the rules of the game, so that you can understand and appreciate why certain calls are made or not made.

Tim Aylward, Activities Director - [tim.aylward@piusx.net](mailto:tim.aylward@piusx.net)

## NSAA Policy On Transfer Students

For transfer students to be immediately eligible for NSAA sports and activities in the fall of 2011, Pius X must notify the NSAA online on or before Tuesday, March 15, 2011, telling them which students are transferring to our school. Changes are not allowed after March 15, 2011. For more information, please visit [www.nsaa.org](http://www.nsaa.org).

### 2010-11 NSAA By-Laws For All Activities

**2.7.7.1 and 2.7.7.2.** *“Those students who have their Enrollment Option applications signed and filed prior to **March 15** shall be eligible immediately in the fall. Those students who do not have their Enrollment Option applications signed and filed prior to **March 15** shall be ineligible for ninety school days, with such transfers being subject to hardship waiver guidelines.”*

**2.7.8 Transfer Exceptions.** *In addition to Enrollment Option students, an exception to NSAA Bylaws will be considered for transfer students who have transferred from one member high school to another member high school when there is not a change of domicile by the parents. This would apply to students who transfer: (1) from public school to private school; (2) from private school to public school; (3) from private school to private school; (4) from public school to public school; (5) from out-of-state schools, and (6) transfers from school to school within a multi-school district.*

**2.7.8.1** *Those students who have their transfer papers signed and filed on or before **March 15** shall be eligible immediately in the fall, providing the school into which the student transfers notifies the NSAA of the transfer by **March 15**. Once the transfer papers have been signed, filed and the NSAA has been notified, the student could complete that year of eligibility in the school the student was leaving. The student would, however, become ineligible for ninety (90) school days the next fall if the student were to change his/her mind and decided not to transfer.*

**(Approved Ruling Clarification:** Unless there is a bona fide change of domicile by the legal parent, a student may transfer only one time to a different school under the March 15 transfer deadline. A student who transfers under the March 15 transfer provisions and who later decides to return to his/her former district before 90 school days have elapsed shall continue to be ineligible in the former district for 90 school days, with the ineligibility period commencing at the start of the fall semester. This ineligibility shall continue, regardless of the parent's domicile change within the resident district.)

**2.7.8.2** *Those students who do not have their transfer applications signed and filed on or before **March 15**, and whose transfer has not been reported to the NSAA in writing, postmarked no later than **March 15**, shall be ineligible for 90 school days, with such transfers being subject to hardship waiver guidelines.*

**2.7.8.3** *Such transfer students may transfer under this rule one time during their high school years, unless there is a change of domicile by the legal parent. Such students who transfer a subsequent time without a change of domicile by the legal parent shall be ineligible for 90 school days.*

## Graduation Fee

The 2011 graduation fee will be \$60.00. This fee covers the Lied Center rental costs, cap/gown and diploma. Payment of the fee is due by the end of the 3rd quarter and can be sent to the Pius X Business Office.

## Advertise In The X-Change

The **Pius X-Change**, our very own student newspaper, is seeking advertisers for our upcoming issues. There are three editions of the X-Change left this year: March 18, April 15, and May 13. Ads are due a week before publication and must be approved by the adviser before being placed in the paper. The newspaper is funded through ad sales, and your support is greatly appreciated. If you are interested in advertising in the X-Change or if you have any questions, please contact **Nolan Dewispelare** (adviser) at Pius X High School at 488-0931 or by email at [nolan.dewispelare@piusx.net](mailto:nolan.dewispelare@piusx.net). Thank you for your continued support of the X-Change!

## Cribbage Club

There is a new club that has been started to provide students the opportunity to learn and enjoy playing the game of **Cribbage**. Cribbage is a card game that can provide entertainment throughout one's life. If a student desires to join and has a cribbage board at home, please bring it along. There are boards available at school, but with the interest shown so far, we will be in need of more boards. We have been meeting in **Room 101** after school on **Tuesdays**. See **Mr. Leuenberger** for more information.

## 2011-2012 New Student Uniform Try-On Day \* IMPORTANT \* March 26

**Because the construction of the new kitchen will limit our access to the uniform room in May, it is important for ALL INCOMING FRESHMEN to attend this uniform try-on day.**

The 2011-2012 Uniform Try-On Day will be **Saturday, March 26, 2011**, from **9 a.m.-12 p.m.** in the Commons. Please enter through the south door in the Commons area. Please order on or **before Saturday, May 21, 2011**, to insure fall delivery. Orders placed after this date are NOT guaranteed to be delivered before the first day of school.

## Uniform Shop Hours For March

The **Pius X Uniform Shop** is located in the Pius X Commons. Please enter the Commons area through the east doors only. The uniform shop will be open on **Tuesdays & Thursdays** after school from **3:35-4:00 p.m.** on regular school days that end at 3:26 p.m. (not on early dismissal days) and some **Saturdays** from **10:00 a.m.-12:00 p.m.** The March schedule for Saturdays is **March 5** (10:00 a.m.-12:00 p.m.) and **March 26** (2011/12 Uniform Try-On Day with extended hours, 9:00 a.m.-12:00 p.m. - see above for details). For updates and to check for changes in the schedule, please visit the Pius X website at [www.piusx.net](http://www.piusx.net) [Parents Tab-Uniform Shop]. If you have any questions, please contact **Mrs. Hartman** in the Pius X main office at **488-0931** or via email at [sandy.hartman@piusx.net](mailto:sandy.hartman@piusx.net).

## Dennis Uniform

**Uniform items** may be ordered online from **Dennis Uniform** or purchased at the Dennis Uniform store in Omaha, Nebraska. The website is [www.dennisuniform.com](http://www.dennisuniform.com) and the **Pius X school code** is **PPK**. Note: Items purchased via the Dennis Uniform website or store requires you to pay the Dennis Uniform full price.

## Landscaping Club

Thank you to all that purchased carnations for Valentine's Day. We netted \$252 to be used towards the purchase of materials for a new seat-wall in front of the L/PAC. **We will be having a bake sale on Fat Tuesday, March 8**, before and after school outside the front office. All proceeds will be used for the seat-wall. The students will be using their landscaping talents to help out at Saint Elizabeth's Regional Medical Center in March. The students are learning how to make corsages and boutonnières. They will be taking orders for these items before prom (We will only make a limited number due to the time commitment it takes to construct them). All corsages will be made on a keepsake bracelet. The cost will be \$10 for boutonnières and \$12 for a wristlet corsage on a keepsake bracelet or \$13 with bling. We will also offer pin-on corsages for \$11.

## 2010-11 Yearbooks For Sale

The **2010-2011 yearbooks** are on sale for **\$70.00**. Students may order yearbooks through **Mrs. Sullivan** in **room 251** after school. Please make checks out to "Pius X Yearbook". Yearbooks may also be purchased online for a fee. Go to the Pius X home page: click on "students", "yearbook", then click on the banner to purchase a yearbook.

## Yearbook Fundraiser: All-Class Senior Picture

The Yearbook Department is selling **8x10's** of the all-class senior picture as a fundraiser. If you are interested in purchasing a copy, please send **\$10** (check or cash) addressed to the Yearbook Department at Pius X or your student may drop off the payment in room 251 to Mrs. Sullivan. We will deliver them to your students when they are processed. Checks should be made out to "Pius X Yearbook". The deadline for orders is **Friday, April 15, 2011**. We will see that they are delivered by the end of April- in time for graduation displays.

## Recycling Fundraiser Program

Are you looking for a safe way to recycle your old cell phone or MP3 player? The **Pius X Recycling Club** can safely recycle these items for you through the **Recycling Fundraiser program** (formerly EcoPhones). It will even help us support our recycling service at Pius X. Please drop off any cell phones or MP3 players that you would like recycled in the office with a note saying, "Recycling Club" on them. If you have any questions please contact **Claire Hicks** at [claire.hicks@piusx.net](mailto:claire.hicks@piusx.net) or visit the recycling fundraiser website at [www.recyclingfundraiser.com](http://www.recyclingfundraiser.com).

Tune in to Catholic radio at 102.7 FM or [www.kvss.com](http://www.kvss.com)

**FCT Lenten Service Project**

Each year, for the 6 ½ weeks of Lent, the Pius X Fellowship of Christian Teens chooses a service project to perform for a specific charity or group of people. This year, students on the FCT Leadership Board decided to help two different agencies.

The first project will benefit **Tabitha's Meals on Wheels** program. This program delivers a hot, noon meal to individuals in Lincoln who are homebound or recovering from an injury or illness. FCT will be decorating the bags that are used to deliver the meals. Our hope is that the kind messages and colorful decorations will brighten the recipients' day in addition to receiving an excellent, warm meal!

Our second project is in conjunction with **Saint Elizabeth's Regional Medical Center**. The leadership board understands the importance of remembering those who are ill or suffering from injury. FCT will be creating Easter cards for the patients who will be in the hospital on Easter. Our hope is that it will remind not only the patients, but those who are creating the cards, that we are all members of the Body of Christ and therefore must include as many people as we can in celebrating the joy of Jesus' resurrection.

Anyone is welcome to participate in these projects! Please look for more detailed information in the announcements!

**Pro-Life Essay Contest**

Students in **grades 7-11** are eligible to submit a 300-500 word essay. The theme of the contest is: **Mother Teresa said "How can there be too many children? That's like saying there are too many flowers"**. Various national and international groups say that the world is overpopulated. Make a persuasive argument as to why these groups are wrong about overpopulation. Prizes will be awarded: \$40.00 first prize, \$30 second prize, and \$20 third prize at each grade level. First place essays will be submitted for a statewide selection where the winner will receive \$150, with the sponsoring school also receiving \$150. The judges will select winners based on the entry's understanding of the pro-life message, clarity in communicating this message, and creativity & originality. Please submit entries by **Saturday, March 26, 2011, to Fr. Leo Seiker** at Pius X High School [fr.seiker@piusx.net](mailto:fr.seiker@piusx.net) or mail to: Pro-Life Essay Contest, c/o Fr. Jeff Eickhoff, 800 Fletcher Rd., Seward, NE 68434.

**Lenten Reflections**

During the season of Lent, please visit the Pius X website under [Students] [Campus Ministry] to read daily reflections written by our Pius X faculty and staff.

**QUEST Retreats For Freshmen & Sophomores**

**Freshmen and sophomores** are invited to register for a **Quest Retreat** to be held **April 2-3, 2011, at Camp Kateri**. QUEST is a retreat for young Catholics between the ages of 14 and 16 who are freshmen and sophomores in high school. It is woven around the theme of the Three Circles of Love: Love of Self, Love of Others, and Love of God. The name QUEST implies "searching for" and "seeking out". As such, this retreat is designed to bring young people together and invite them to search for and seek out a deeper understanding and appreciation of themselves, others, and God. All registration is now online! To register, please visit the diocesan website at [www.dioceseoflincoln.org](http://www.dioceseoflincoln.org) then click on the orange "Youth Ministry" link at the bottom of the page. For more information, contact the **Family Life Office** at **488-2040**.

**TEC Retreats For Juniors & Seniors**

All **juniors and seniors** are invited to attend **TEC (Teens Encounter Christ)**, **March 12-14, 2011, in Plattsmouth, NE**. TEC is a **3-day retreat program (Saturday-Monday)** for high school juniors and seniors, and college freshmen and sophomores. It provides one of the most valuable ways in which teenagers and young adults can be brought closer to Christ. All registration is now online! To register, please visit the diocesan website at [www.dioceseoflincoln.org](http://www.dioceseoflincoln.org) then click on the orange "Youth Ministry" link at the bottom of the page. For more information, contact the **Family Life Office** at **488-2040**. TEC Retreat dates and locations for the rest of the 2010-11 school year are as follows: March 12-14, 2011, in Plattsmouth; and June 11-13, 2011, in David City.

**Pray For Our Seminarian/Novice/Postulant Of The Week**

All members of the Pius X community are encouraged to pray, especially in the month of March, for the following seminarians, novices, or postulants studying for the Diocese of Lincoln:

Week	Name	Place of Study
02/26-03/04	Benjamin Rynearson	St. Charles Borromeo
03/05-03/11	Ryan Salisbury	St. Gregory The Great
03/12-3/18	Thomas Schultes	St. Charles Borromeo
03/19-03/25	Wesley Skillett	St. Charles Borromeo
03/26-04/01	Adam Sparling	Mount St. Mary

**Summer Camps**

Pius X High School has announced the following **camps** for the **summer of 2011**. More camps will be announced as they are scheduled. All camp information is subject to change without notice. Please review these camps in each parent newsletter and on the Pius X website as some changes may occur before the start date. The costs listed below are for early registration. Costs may increase after the registration deadline. Some camps offer a discount for a family that is registering more than one child. Please see the registration form for details. Registration forms for these summer camps will be available mid-April in the Catholic elementary schools, at Pius X, and on the Pius X website at [www.piusx.net](http://www.piusx.net) [Activities/Summer Camps].

Summer Camp	Age	Dates	Start	End	Cost
Baseball	entering 6th-9th grades	May 31, June 1, 2, 3	9:00 a.m.	12:00 p.m.	\$ 70.00
Basketball (Boys)	entering 10th-12th grades	May 31, June 1, 2, 3	8:30 a.m.	11:00 a.m.	\$ 55.00
Basketball (Boys)	entering 7th-9th grades	May 31, June 1, 2, 3	12:30 p.m.	2:30 p.m.	\$ 55.00
Basketball (Boys)	entering 4th-6th grades	May 31, June 1, 2, 3	3:00 p.m.	5:00 p.m.	\$ 55.00
Soccer (Girls)	entering 2nd-9th grades	June 6, 7, 8, 9	8:00 a.m.	11:00 a.m.	\$ 75.00
Basketball (Girls)	entering 10th-12th grades	June 13, 14, 15, 16	8:30 a.m.	11:30 a.m.	\$ 65.00
Basketball (Girls)	entering 7th-9th grades	June 13, 14, 15, 16	12:30 p.m.	2:30 p.m.	\$ 65.00
Basketball (Girls)	entering 4th-6th grades	June 13, 14, 15, 16	2:45 p.m.	4:45 p.m.	\$ 65.00
Performing Arts	5-14 year old boys & girls	June 20, 21, 22, 23, 24	10:00 a.m.	1:00 p.m.	\$ 75.00
Football	entering 6th-8th grades	July 11, 12, 13	9:00 a.m.	11:30 a.m.	\$ 30.00
Volleyball	entering 6th-8th grades	July 11, 12, 13, 14	9:00 a.m.	11:30 a.m.	\$ 75.00
Wrestling	entering K-4th grades	July 12, 13, 14	6:00 p.m.	7:00 p.m.	\$ 30.00
Wrestling	entering 5th-12th grades	July 12, 13, 14	7:00 p.m.	8:30 p.m.	free
Football	entering 9th-12th grades	July 18, 19, 20, 21, 22	8:00 a.m.	12:00 p.m.	\$ 40.00
Volleyball	entering 9th-12th grades	July 18, 19, 20, 21	8:30 a.m.	4:00 p.m.	\$160.00
Band (required)	entering 9th-12th grades	July 28, 29 Aug 1, 2,3,4,5	9:00 a.m.	12:00 p.m.	free
Cheerleader	3 years old-entering 8th grade	August 3, 4, 5	9:00 a.m.	12:00 p.m.	\$ 50.00



## Spirituality Committee

By: Rhonda Litt, Committee Member

St. Patrick is our Saint of Forgiveness for March. Legends about St. Patrick abound; however, it is known that he possessed several virtues including humility, piety, courage, love, devotion, trust in God, and the ability to forgive.

Patrick's parents were Calpornius and Conchessa, Romans living in Britain who were in charge of the colonies there. Around the age of 14, St. Patrick was captured during a raiding party and taken to Ireland as a slave to herd and tend sheep. Ireland at this time was a land of Druids and pagans. He learned the language and practices of the people, but was fearful. His captivity became his spiritual conversion. He turned to God in prayer and wrote, "The love of God and His fear grew in me more, as did the faith, and my soul was roused, so that, in a single day, I have said as many as a hundred prayers and in the night, nearly the same. I prayed in the woods and on the mountains, even before dawn. I felt no hurt from the snow or ice or rain."

Captivity lasted about six years and he escaped after having a dream from God in which he was told to leave Ireland by going to the coast. There he found some sailors who took him back to Britain to be reunited with his family. Patrick had another dream after returning home, this time it was the people of Ireland calling out to him. "We beg you, holy youth, to come and walk among us once more." Patrick forgave those who enslaved him and he understood this vision from God to be a call to do mission work in pagan Ireland. He began his studies for the priesthood and at 43 was consecrated a Bishop.

Patrick preached the Gospel throughout Ireland, converted thousands and built churches all over the country. Kings, their families, and entire kingdoms converted to Christianity when hearing Patrick's message. In a relatively short time, Ireland experienced deeply the Christian Spirit and sent out missionaries whose efforts were responsible for helping to convert Europe to Christianity. It is said a person is known by the fruits of his work. Had Patrick not forgiven his captors, and in humility listened and courageously followed Christ, hundreds of thousands of people would not have heard the Word of God. The fruits of St. Patrick's labor were even felt in Nebraska as we too have had missionary priests from Ireland!

The shamrock was used by St. Patrick to explain the Trinity, and has been associated with him and the Irish ever since that time. The following are words from St. Patrick's Breastplate: "Christ shield me this day; Christ with me, Christ before me, Christ behind me, Christ in me, Christ beneath me, Christ above me, Christ on my right, Christ on my left, Christ when I lie down, Christ when I arise, Christ in the heart of every person who thinks of me, Christ in the mouth of everyone who speaks of me, Christ in the eye that sees me, Christ in the ear that hears me."

St. Patrick was a "Saint of Prayer". The grace from his frequent prayers led to his complete conversion to Christ, the ability to forgive his captors, and the courage to follow Christ and to live God's plan for his life through listening to the Holy Spirit. The fruit of his prayer are still felt round the world today. The Spirituality Committee would like to encourage our Pius X families to follow Saint Patrick's life of prayer this month as we begin our journey into Lent.

The Rosary is the most powerful prayer we have been given as revealed to many saints by Our Holy Mother, Mary. The word Rosary means "Crown of Roses". Our Lady revealed that each time we pray a Hail Mary we are giving her a beautiful rose and that each complete Rosary makes her a crown of roses. The rose is the queen of flowers, and so the Rosary is the rose of all devotions and it is therefore the most important one. Within the Rosary lies the awesome story of our salvation, making it a perfect prayer.

At Fatima (1917) Our Lady said: "I am the Lady of the Rosary. Pray the rosary every day to obtain peace for the world." Pope Adrian VI said "The Rosary is the scourge of the devil." St. Padre Pio said "The Rosary is the weapon." St. Louis De Montfort wrote: "The Rosary is the most powerful weapon to touch the Heart of Jesus, Our Redeemer, Who so loves His Mother."

Will you give 1% of each day to God? If so, pray the daily Rosary.

Our Lady revealed to St. Dominic and Blessed Alan de la Roche fifteen promises to those who devoutly pray the Rosary:

1. Whoever shall faithfully serve me by the recitation of the Rosary shall receive signal graces.
  2. I promise my special protection and the greatest graces to all those who shall recite the Rosary.
  3. The Rosary shall be a powerful armor against hell, it will destroy vice, decrease sin and defeat heresies.
  4. It will cause good works to flourish; it will obtain for souls the abundant mercy of God; it will withdraw the hearts of men from the love of the world and its vanities, and will lift them to the desire for Eternal Things. Oh, that souls would sanctify themselves by this means.
  5. The soul which recommends itself to me by the recitation of the Rosary shall not perish.
  6. Whoever shall recite the Rosary devoutly, applying himself to the consideration of its Sacred Mysteries shall never be conquered by misfortune. God will not chastise him in His justice, he shall not perish by an unprovided death; if he be just he shall remain in the grace of God, and become worthy of Eternal Life.
  7. Whoever shall have a true devotion for the Rosary shall not die without the Sacraments of the Church.
  8. Those who are faithful to recite the Rosary shall have during their life and at their death the Light of God and the plenitude of His Graces; at the moment of death they shall participate in the Merits of the Saints in Paradise.
  9. I shall deliver from purgatory those who have been devoted to the Rosary.
  10. The faithful children of the Rosary shall merit a high degree of Glory in Heaven.
  11. You shall obtain all you ask of me by recitation of the Rosary.
  12. All those who propagate the Holy Rosary shall be aided by me in their necessities.
  13. I have obtained from my Divine Son that all the advocates of the Rosary shall have for intercessors the entire Celestial Court during their life and at the hour of death.
  14. All who recite the Rosary are my Sons, and brothers of my Only Son Jesus Christ.
  15. Devotion to my Rosary is a great sign of predestination.
- \* (reminder: these promises mean that, by faithfully and devoutly praying the Rosary, Our Lady will obtain for us the necessary Graces to obtain said promises. It is still up to each individual soul to respond to those Graces in order to obtain salvation.)

During the six weeks of Lent we have an excellent opportunity to form a new habit, a devotion that will aid us in our desire to grow in holiness. We often focus on "giving up" something worldly. This year, instead consider focusing on "adding" a new family devotion such as the daily Rosary. This addition to our family's Spiritual life will not end with Easter as giving up something usually does. In praying the Rosary daily we will continue to grow in Grace and Holiness long after Lent has ended.

March 21 is the day for our All School Retreats. The Spirituality Committee would like to continue to encourage parents to pray for those students on Retreat (Freshmen had their retreat when the school year began) especially specific groups assigned to you ~ when your last name begins with A - C please pray for the Senior Boys, Cr - He = Senior Girls, Hi - L = Junior Boys, M - Pa = Junior Girls, Pe - S = Sophomore Boys, and T - Z = Sophomore Girls.

For more information about the Spirituality Committee, please contact Emily Wyatt, our Pius X staff liaison, or Shane Kennett, Committee Chair.

"And be kind to one another, compassionate, forgiving one another as God has forgiven you in Christ." Ephesians 4:32

## SCIP News - Teen Drug Use Increases

According to the National Institute on Drug Abuse (NIDA)'s 2010 Monitoring the Future survey, drug use among teens has increased. The survey also reported a change in teen attitudes about the dangers associated with drug use and perceptions about drug availability. These data confirm a continued softening in young people's attitudes toward drugs - particularly marijuana. Visit <http://monitoringthefuture.org> to view the complete survey results.

Some key findings from the survey include:

- ☐ The rate of 8th graders saying they have used an illicit drug in the past year jumped to 16% from last year's 14.5%.
- ☐ Fewer high school seniors perceive "great risk" of harm associated with smoking marijuana and/or using heroin in 2010 compared to teens in grade 12 in 2009.
- ☐ Daily marijuana use increased significantly among 8th, 10th, and 12th graders.
- ☐ Ecstasy use increased among 12th graders in the past year from 1.9% to 2.6%.
- ☐ Prescription drug abuse remains high. Rates among students in the 12th grade stayed the same in the year prior.

Research shows youth are less likely to use drugs if they have involved adults in their lives who set clear rules and communicate that drug use is unacceptable. Parents and other adult influencers can follow these tips:

- ☐ Talk to your kids about drugs.
- ☐ Learn to spot risk factors that can lead to drug use.
- ☐ Go through your medicine cabinet and remove unused or unneeded prescription drugs.

The National Youth Anti-Drug Media Campaign has revamped the "Above the Influence" (ATI) youth campaign to provide a greater emphasis on youth prevention issues. "Above the Influence" informs and inspires teens to reject the influences of drugs, alcohol and other risky behaviors, and to make smart decisions when confronted with the pressures of negative people and environments around them.

Materials for youth to help them stay "Above the Influence", including FREE customizable ads, brochures, CD's, youth posters and postcards, can be accessed at [www.TheAntiDrug.com/Resources](http://www.TheAntiDrug.com/Resources). The web site also provides resources and helpful tools for parents and community leaders. Source: National Youth Anti-Drug Media Campaign, 12/14/10

## Freshmen Corner

March marks the end of the 3rd Quarter and the beginning of the "home-stretch." With "three down & one to go," it's very easy and tempting to let things go.

Hopefully by now your son or daughter is feeling comfortable and familiar with school expectations. This is a terrific time to review how to follow-up or follow-through to stay on top of things!!!

Here are a few suggestions:

- ◆ Use a planner DAILY.....know what needs to be done as well as upcoming deadlines.
- ◆ Stay ORGANIZED.....things won't get forgotten or lost as easily.
- ◆ Hand in work on time.....it's the *easiest* way to a better grade.
- ◆ Ask for help from your teacher.....especially if you've been absent, for any reason.

The last quarter always goes by way faster than anyone realizes. The habits learned now can lay the foundation for success for the next 3 years!!!

And finally, PRAY for God's grace so your student can "finish the race"!!!!

## 2010-11 Pius X Booster Club Members As Of December 22, 2010

### Pius X Booster Club Thanks You For Your Support

#### GOLD LEVEL - \$500 OR MORE

Brian & Kathy Boes  
Bristol Windows  
Dino's Eastside Grill  
Dr. Bruce Condello, DDS  
Phil & Laura Essay  
GE Landscape Supply  
Gerald & MaryBeth Hafner  
Dr. Mark & Karen Heibel  
Gary & Kathy Hoebelheinrich  
Leo & Barb Jablonski-  
    Jablonski Physics  
Jimmy John's  
    Gourmet Sandwiches  
Kidwell Inc.  
Sandhills Publishing  
Jack & Natalie Peetz  
Saint Elizabeth  
    Regional Medical Center  
Sid Dillon  
    Lincoln-Crete-Fremont-Blair-Wahoo  
Joe & Sara Stejskal  
Tom & Sandy Wieser

#### GREEN LEVEL - \$100 OR MORE

Jeff & Deb Altman  
Mark & Debbie Arneson  
Rod & Michelle Arndt  
John & Tasha Arrigo  
Mark & Cheryl Bell  
Paul & Michelle Birkel  
Mark & Diane Breiner  
Doug & Stacy Buescher  
Steve & Tricia Burt  
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David & Laura Claus  
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John & Wendy Cook  
Dan & Mary Curran  
Dr. Doug & Kathleen Dolezal  
Tom & Mary Kay Donlan  
Paul & Mindy Edwards  
Scott & Jane Felber  
Mike & Susan Foley  
Keith & Mary Lynn Frey  
Gary & Susan Frodyma  
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Jim & Janell Hall  
Terry & Lisa Heimes  
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Randy & Julie Houser  
Duane & Mary Hugo  
Patrick & Jeanne Hupp  
Jim & Tricia Jara  
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Joe & Susan Kelly  
Brad & Lori Koehn  
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Doug & Michelle Kreifels  
Rex & Karen Largen  
Phillip & Joan Liescheski  
Dan & Connie Lindenstein  
Todd & Anne Marie Lardenoit  
Gary & Cindy Love  
Rog & Jill Machacek  
Joe & Ruthie Maguire  
Harlan Milder  
Kevin & Lisa Morehouse  
Peter & Lori Morin  
Jeff & Teresa Morrow  
Craig Nickman & Natalie Greigo  
Tom & Marty Novotny  
John & Jody Olsson  
Mike & Lil O'Neill  
Ryan & Becky Pollock  
Stan & Libby Raetz  
Chris & Teresa Raun  
Mark & Martha Resseguie  
Wes & Monica Richert  
Mike & Ruth Royse  
Eric & Angie Schafers  
Mark & Cindy Schilmoeller  
Mary & Joel Schlautman  
Tim & Margo Schnell  
Scott & Diane Shottenkirk  
Ed & Elaine Simpson  
Brad & Sherry Thavenet  
Tom & Shelley Thorpe  
Kent & Lori Vossler  
Chris & Michelle Wagner  
Jeff & Janell Walker  
Ed & Vicki Woolman

#### WHITE LEVEL - \$25 OR MORE

Ron & Becki Ackermann  
Tom & Lynne Albin  
Dan & Genny Albrecht  
Andrew & Carin Appleget  
Michelle & Mark Aylor  
Kevin & Theresa Aylward  
Tim & Gaylene Aylward  
Steve & Lisa Andersen  
Bruce & Kate Baker  
Jonathan & Ann Baker  
Bob & Laurie Barnes  
James & Connie Bayless  
Ken & Joan Benes  
Tom & Pam Beiermann  
Jim & Kristi Bertrand  
Jim & Susie Blue  
David & Natalie Bodfield  
Chris & Karen Border  
Tim & Pam Boyle  
Matt & Stacy Brass  
Dave & Pru Brokaw  
Pat & Gina Brophy

Barry & Tricia Butler  
Steve & Janice Chramosta  
Jerry P. Clinch  
Bob & Becky Codr  
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Ken & Peggy Hain  
Robert & Margery Haney  
Jim & Teresa Hansen  
Bob & Cheri Hellem  
Russ & Jill Hergert  
Jay & Cindy Hochstein  
Mike & Beth Holland  
Scott & Karen Hooper  
Rick & Kathleen Horsley  
Ann & Phil Hovis  
Stephen & Tori Hupf  
Mike & Mary Jo Hussey  
Susie Kasperek  
Patrick & Shawn Kean  
Denny & Maureen Kipper  
Tom & Sue Kirkpatrick  
Matt & Michele Knobbe  
Mary Jo Kopf  
Russ & Carla Kosch  
Drew & Becky Kramer  
Annette Kreifels  
Dan & Susan Krick  
Jim & Deb Kula  
Mark & Janet Kurtenbach  
Jerry & Julie Lacy  
Bob & Loretta Lang  
Paul & Terri Lewandowski  
Michael & Rhonda Litt  
Larry & Marci Logsdon  
Kyle & Dorci Mabie  
Thomas & Deidre Malmstrom  
Pat & Beth McCabe  
Mark & Beth McElroy  
David & MaryBeth McWilliams  
Michael & Judy Meagher  
John & Denise Moeschen  
Jake Moore

John & Kelly Ann Morehouse  
Tim & Mary Murphy  
Kevin & Christy Naumann  
Dan & Kathy Nealon  
Bill & Jenny Nelson  
Michele & Troy Ott  
Tim & Nancy Otto  
Gerry & Ruth Peirce  
Bobby & Julie Pettitt  
Kenny & Kris Pfeiffer  
Peter & Joni Piccolo  
Kim & Jane Pohlen  
Dave & Joyce Policky  
Linda Pope  
Tom & Karen Post  
Dominic & Mary Pynes  
Ed & Karen Printz  
Alan & Diane Pryor  
Todd & Renae Reed  
Rich & Mary Beth Rice  
Jim & Jolene Ritzman  
Laurie Rodaway  
Bill & Sue Roeder  
Eric & Therese Sack  
Ted & Janna Sasse  
Ron & Claire Schinkel  
Mike & Sandy Schleppenbach  
Doug & Diane Schneider  
David & Kristine Schoening  
Ronald & Tammie Scholz  
Tom & Cheryl Seib  
Jack & Paula Sharkey  
John & Ellen Soukup  
Tyler & Bev Sprouse  
Dean & Lisa Steffensmeier  
Dan & Shelly Sullivan  
Matt & Joan Tasler  
John & Linda Thompson  
Rich & Marilyn Twehous  
Mike & Jane Tobias  
Jim & Juli Townsend  
Gary & Chris Timm  
Jan Tvrdy  
Greg & Deana Unger  
Dan & Connie Van Slyke  
Jeff & Deb Van Lent  
Mike & Cyndi Vestecka  
Rich & Celia Wahl  
Paul & Jody Warfield  
Chris & Lori Weskamp  
Tom & Fran Westfall  
Jim & Kathy Wilkerson  
Paul & Bridget Woita  
Rick & Lori Wordekemper  
Dave & Luann Zastrow  
Tom & Sonya Zimmerman  
Troy & Jenny Zornes

**ACT/SAT Dates For 2010-11**

Juniors and Seniors are encouraged to take the ACT and/or SAT. Juniors planning to attend college should consider beginning the testing process sometime during their Junior year. For most students, there is no need to take both tests. Most students do better on the ACT. The ACT has an optional essay; the SAT has a mandatory essay. Students may obtain a practice test in the Pius X Guidance Office, or may apply online at [www.actstudent.org](http://www.actstudent.org) (ACT) or [www.collegeboard.com](http://www.collegeboard.com) (SAT). The Pius X High School code number is 281-315.

ACT Test Date	Deadline	Late Fee Required
April 9, 2011	March 4, 2011	March 5-18, 2011
June 11, 2011	May 6, 2011	May 7-20, 2011
SAT Test Date	Deadline	Late Fee Required
May 7, 2011	April 8, 2011	April 9-22, 2011
June 4, 2011	May 6, 2011	May 7-20, 2011

**Advanced Scholars Program at UNL**

The **Advanced Scholars Program at UNL** is designed as a partnership linking the University of Nebraska–Lincoln (UNL) with your high school. Advanced Scholars gives qualified seniors and students identified as high ability or gifted students the opportunity to enroll in online University courses. All UNL Advanced Scholars courses are regular first-year offerings from the various colleges within the University system. The course syllabi, textbooks, assignments and grading practices are the same as those used by the faculty for on-campus classes. As an Advanced Scholar you will get used to the rigors of college-level coursework, stay challenged and strengthen your study habits, earn University credit, giving you more flexibility once you arrive on campus, and learn from UNL faculty at a major research institution. For more information, please contact the Guidance Office or logon to: <http://advancedscholars.unl.edu/step1/>

**Family Connection**

Seniors/Juniors, check your **Latest News** bulletins on the home page of **Family Connections** frequently. This is a live bulletin board with information primarily for senior/junior students and their parents. We will continue to list activities on this news bulletin board for you to stay informed about activities that could be important to you and your parents. Just log on to Family Connections and check out the home page information.

**Job Shadowing**

**Students:** Is your student interested in a career but not quite sure what the job entails? Job shadowing is an academically motivating activity designed to give students the unique opportunity of an up-close look at the world of work. The program invites students to see first-hand how the skills learned in school relate to the workplace. Interested juniors or seniors can pick up a form in the Guidance Office.

**Parents:** The Guidance Department at Pius X is continuously updating our records of parents and businesses which are willing to allow Job Shadowing at their place of business. If you are interested or have someone in your company who is willing to allow our students to job shadow, please call the Guidance Department at 488-0931 so you can be added to the list.

**College Visits To Pius X**

A list of dates and times of colleges visiting Pius X may be found on the Pius X website under Guidance Office/College Admissions/Naviance. If you are interested in attending sessions with college representatives, you may sign up for these sessions through Family Connection or come into the Guidance Office for assistance. Students will need to pick up a permission slip from the Guidance Office if there is a conflict with a class.

**Seniors- Check Out Scholarships Available**

Seniors should be checking out scholarships that are available. You may qualify and get some assistance for college. Click on the Guidance Office tab at the top of the Pius X homepage. Then, click on Family Connection within the College Selection tab. Please contact the Guidance Office for your personal access code and instructions to create your own Family Connection account.

**Requesting Transcripts & Record Information**

All current students **MUST** log on to **Family Connections** to request transcripts. Students need transcripts for college applications, scholarship agencies, to register for the NCAA Eligibility Center, to get a personal copy and for other reasons.

- Click on “colleges” at the top.
- On the left side of the screen under the heading “resources”, click on “transcripts.”
- You will be able to choose from three options:
  - ◆ Request transcripts for my college applications.
  - ◆ Request transcripts for scholarships or athletics.
  - ◆ View the status of all my transcript requests.
- Determine which option fits your needs, click on it and complete the form.

**Scholarships For Colleges (Seniors)**

It is time for seniors to find and apply for scholarships to attend college. The most up-to-date opportunities are on **Naviance/Family Connection** which may be accessed on the Pius X website under Guidance Office. If you have not used Family Connection before, please contact the Pius X **Guidance Office** for your **personal access code** and **instructions** to create your own Family Connection account. This account cannot be viewed by other students or parents as each student/parent has a different access code to register. This account can be viewed by the counselors at Pius X High School, who will assist you by monitoring information that you provide. Be sure to apply for all scholarships ahead of the deadline. If you have any questions, please contact the Pius X Guidance Office.

**Seniors - ACE Scholarship Information**

For more information about the **ACE Scholarship** (for students in high school taking college courses), log into your **Family Connection** site and open the Scholarship List on the left hand column under the “About College” link. If you are interested in applying for this scholarship, please obtain an application in the Senior Resumes. If you have your resume on a word document and will potentially need recommendations for college acceptance or scholarships from teachers and/or counselors, please bring it to the Guidance Office so we can upload it into Family Connection on Naviance. This allows any teacher or counselor access to valuable information in order to write recommendations. Even if you have only a paper copy of your resume, please submit it to the Guidance Office. We will be able to scan it and upload it for you into Family Connection.

**Senior Parents - FAFSA Form For College Financial Aid**

If you are planning on completing the **FAFSA Form For College Financial Aid**, the following items will be needed to provide necessary information: personal identification number - apply at [www.pin.ed.gov](http://www.pin.ed.gov) - **get it now!!!**; federal tax returns and W-2s; driver’s license number; social security number; birth dates; date parents were married, separated, divorced or widowed; value of checking/savings account and investments (exclude home and retirement plans); value of business or investment farm; child support paid or received; ADC/TANF welfare benefits; social security payments from SSI or SSDI; workers compensation benefits; other untaxed income such as veterans’ benefits, housing/food/living allowance for military or clergy; and alien registration number for eligible non-citizens. For details about your dependency status and filling out the FAFSA refer to [www.educationquest.org](http://www.educationquest.org) or [www.fafsa.ed.gov](http://www.fafsa.ed.gov). Please contact **EducationQuest** for free assistance at (402) 475-5222 in Lincoln, NE.

**Seniors - Report Scholarships Received**

Please turn in any scholarships you receive from a college or organization to the **Guidance Office** by **Monday, May 2, 2011**. This information is needed so that all scholarships can be published in the program for the graduation ceremonies.

### American Legion/Nebraska State Patrol Junior Law Cadet Program

Application forms for the **American Legion/Nebraska State Patrol Junior Law Cadet Program** are now available in the Guidance Office. Juniors interested in learning more about the various aspects of law enforcement are eligible to apply to attend. There is no cost for the program and the sessions will be held at the Nebraska State Patrol Training Academy in Grand Island. The young women's session is June 13-17, 2011, and the young men's session is June 20-24, 2011. Completed application forms and a school endorsement must be submitted to the local Post Commander **before Tuesday, March 1, 2011.**

### Bright Lights Program - Summer 2011

**Brights Lights Summer Learning Adventures** is looking for high school students (Grades 9-12) to be classroom assistants for the 2011 summer enrichment classes. The classes will be held the weeks of **June 13-17, June 27-July 1, and July 11-15** at Randolph Elementary or Lux Middle School. Assist in a one-week, half-day class, either morning or afternoon (20 hour commitment). Have fun, assist teachers, help kids, and learn more about the field of teaching. **This volunteer opportunity will fulfill community service hour requirements for next year's seniors.** Apply online at [www.brightlights.org](http://www.brightlights.org). The deadline to apply is Tuesday, March 15. If you have any questions or would like more information, please stop in the Guidance Office.

### BryanLGH Discovery Day - March 16

On **Wednesday, March 16, from 8 a.m.-12:30 p.m., BryanLGH** will be holding its **Discovery Day**. Students will learn hands-on by experiencing actual equipment used in a variety of professions. In addition, there will be a Physician Panel Discussion for all students at the beginning of the morning. Informational packets are available in the Guidance Office. Please register in the Guidance Office by **Wednesday, March 9.**

### Red Cross Water Safety Instructor & Lifeguard Courses

The **American Red Cross** is sponsoring **Water Safety Instructor** and **Lifeguard Courses**. Students must be 16 years of age to register for the Water Safety Instructor class and the fee is \$180. The Lifeguard Course is open to anyone 15 years of age and older and the fee is \$155. All classes will be held at the Youth Rehab Treatment Facility in Geneva, Nebraska. The starting date is Saturday, March 5. For more information and a registration form, please contact the Guidance Office.

### SCC Automotive Summer Camp

Southeast Community College is offering bright students the opportunity to experience what it would be like to pursue a career in the automotive field. This 2 day camp will be held on June 10 & 11 at the Milford campus. Tuition is \$25.00 and this includes tools, meals, housing, and transportation to special activities. Participants must be 16 years or older. The registration deadline is Friday, May 6. For more information, please contact the Guidance Office.

### Junior Parents/Students

All students who want to participate in athletics after high school in any Division I, II or NAIA college must register in the NCAA or NAIA Eligibility Center. For information, please visit the websites: [www.eligibilitycenter.org](http://www.eligibilitycenter.org) or [www.playnaia.org](http://www.playnaia.org).

### NWU Prairie Wolves Days

Attend a **Prairie Wolves Day** at **Nebraska Wesleyan University** on Friday, March 11, or Saturday, April 2. Tour the campus, talk to professors and students, ask questions and come see if NWU is the right place for you to grow.

**Friday, March 11, 9 a.m.- 4 p.m.** Informational sessions and tours begin at the top of each hour. A liberal arts fair takes place from 11 a.m.- 12 p.m. and 2-3 p.m. Lunch is on your own.

**Saturday, April 2, 9 a.m.- 12 p.m.** Enjoy breakfast at NWU before the tours and presentations begin.

RSVP one week before the event at [admissions.nebrwesleyan.edu](http://admissions.nebrwesleyan.edu) or call 465-2218.

### UNL College Of Architecture Workshop

The **UNL College of Architecture** will be conducting a week-long exploration workshop in architecture, landscape architecture, and interior design. The workshop is a residential program and will be held Sunday-Saturday, **June 12-18, 2011**, on the UNL campus. Students who have completed two or more years of high school and are interested in exploring careers in these fields are encouraged to apply. The cost of the program is \$585 and includes studio supplies, program fees, meals and lodging. Space is reserved for 24 students to attend. **The deadline to apply is Friday, April 8, 2011.** Application forms are available at [http://architecture.unl.edu/programs/arch/hs\\_workshop.shtml](http://architecture.unl.edu/programs/arch/hs_workshop.shtml)

### Saint Elizabeth's Regional Medical Center's Occupations Summer Camp & Internship

St. Elizabeth's Regional Medical Center is again sponsoring the Health Occupations Summer Camp and Summer Internship Program for students interested in health related occupations. The camp is for current sophomores and juniors and will be held at St. Elizabeth's Hospital June 6-11, 2011, from 7:00 a.m. to 3:00 p.m. daily. The internship is for current juniors and will be held at St. Elizabeth's Hospital or other health related locations in Lincoln June 13-July 22, 2011, from 7:00 to 11:00 a.m. daily. There is no fee for either program. St. Elizabeth Foundations is underwriting the cost. Application forms are available in the Guidance Office. Completed application forms must be returned to the Guidance Office no later than Friday, March 11.

### Reading Tutorial Sessions

The **University of Nebraska-Lincoln** is offering **reading tutorial sessions**. The reading instruction is designed to serve **elementary and secondary school students** who are **reading 1-3 years below grade level**, and whose **primary difficulties in school are results of reading problems**. The services include one-on-one individual reading instruction based on the needs of the student. For more information, please contact **Melisia Bieber** at **472-3532** or via email at [readingcenter@unl.edu](mailto:readingcenter@unl.edu). Applications are available in the Pius X Guidance Office.

### Juniors - ACE Scholarship Information

For more information about the ACE Scholarship, log into your Family Connection site and open the Scholarship List. This scholarship is for financially needy students who desire to take college courses during high school. A Pius X senior this year applied for and got this scholarship both semesters of this year to take a UNL Spanish classes. The value of his scholarships was nearly \$1600.

### 7th Annual Alumni Basketball Tournament

MARCH MADNESS THUNDERBOLT STYLE  
 FRIDAY, MARCH 18, 2011  
 SATURDAY, MARCH 19, 2011

Mark your calendars to be a part of the Seventh Annual Thunderbolt Alumni Basketball Tournament, "March Madness - Thunderbolt Style." The tournament will be held **Friday, March 18, 2011**, and **Saturday, March 19, 2011**, in the Pius X gym. On Saturday, March 19, 2011, lunch will be provided for all participants with your registration fee, and for guests with a free will donation.

Start forming your team now! Remember, classes can have more than one team and you need not have played basketball in high school to play in this tournament; you just need to be a Pius X graduate.

More information is available on the website <http://alumni.piusx.net/events/basketball.htm>. To register to be a contact person (captain) for your graduation year, to be a part of the planning committee, or if you would like more information, please contact **Greg Lesiak** at (402) 488-0931 or via email at [alumnibasketball@piusx.net](mailto:alumnibasketball@piusx.net).

### The 7th Annual Thunderbolt Scramble

Monday, June 20, 2011

Firethorn Golf Club

Registration 11:30 a.m. - 12:00 p.m.

Shotgun Start 1:00 p.m.

Wine Tasting 5:00 - 6:00 p.m.

Dinner, Music, & Awards 6:00 p.m.

Closest To Pin From Patio 6:15 p.m.

There are multiple levels of sponsorship and registration.

Registration is due Friday, June 10, 2011,

and is limited to the first 36 teams.

More details to follow SOON!

### 2011 Class Reunions

If you would like to help organize a class reunion, please contact **Kristin Heath** in the Alumni Office at (402) 488-0931 ext. 10132 or via email at [kristin.heath@piusx.net](mailto:kristin.heath@piusx.net).

#### 2011 Honor Years

1961 ~ 1966 ~ 1971 ~ 1976 ~ 1981 ~ 1986 ~ 1991 ~ 1996 ~ 2001  
 50 yr - 45 year - 40 year - 35 year - 30 year - 25 year - 20 year - 15 year - 10 year

**Class of 1961** - weekend of September 23, 2011

**Class of 1966** - no reunion is being planned

**Class of 1986** - Friday, July 29 thru Sunday, July 31, 2011

**Class of 1991** - Friday, July 22 and Saturday, July 23, 2011

**Class of 2001** - Friday, June 17 thru Sunday, June 19, 2011

If your class does not have a reunion planned yet and you would like to get one started, please call the **Pius X Alumni Office** at (402) 488-0931 or email at [kristin.heath@piusx.net](mailto:kristin.heath@piusx.net). For updated information on what is being planned for your class reunion, please visit <http://alumni.piusx.net/reunionschedule.htm> or the Pius X website at [www.piusx.net](http://www.piusx.net) [Alumni, Alumni Home, Reunions, and Scheduled Events].

### Reconnect With Pius X Alumni

Reconnecting with Pius X alumni is as easy as logging on to the web. Find us at [www.facebook.com/lincolnpixalumni](http://www.facebook.com/lincolnpixalumni). Get the latest news and keep in touch with old friends. For more details, contact Alumni Director **Kristin (Edwards) Heath** '91 at [alumni@piusx.net](mailto:alumni@piusx.net).



## BOLT DOWN THE NILE...BOLT 2011

**A BENEFIT FOR PIUS X HIGH SCHOOL AND THE PIUS X BOOSTER CLUB  
 GOURMET DINNER, LIVE & SILENT AUCTIONS, AND LOTTERY  
 PIUS X HIGH SCHOOL GYMNASIUM  
 SATURDAY, APRIL 30, 2011**

There is still time to send in your reservations for **BOLT 2011**, Pius X's 26th Annual Dinner/Benefit Auction that will be held on Saturday, April 30, 2011. **Reservations are due Wednesday, March 30, 2011.**

BOLT is the fundraiser held in the Spring to support the Booster Club and to aid in renovations of the physical facility of Pius X High School. The proceeds of this year's BOLT will be used to **make payment on our asbestos loan, to build the new kitchen, and to continue to support Booster Club activities.**

All are invited to attend the **BOLT Preview** on **Friday, April 29, 2011**, from **6:30-7:30 p.m.** Please join us for a casual evening and hors d'oeuvres to preview our beautiful gift displays and to thank our many wonderful volunteers. There is also an opportunity to place bids on auction items.

Some of this year's exciting auction items are:

- ◆ Student Car
- ◆ Trips
- ◆ 50" Plasma T.V.
- ◆ Furniture
- ◆ Dinners
- ◆ and much more!

### BOLT Lottery Tickets Available

BOLT 2011 lottery ticket are available! Tickets are \$100.00 each. The drawing will be held Saturday, April 30, 2011 at the BOLT 2011 event. Winners do not need to be present.

GRAND PRIZE	\$ 10,000.00
SECOND PRIZE	\$ 2,500.00
THIRD PRIZE	\$ 1,500.00
FOURTH PRIZE	\$ 1,000.00

Tickets may be purchased by calling **Deb Schulte** at the Pius X BOLT office at 488-0931 or by going to the Pius X website at [www.piusx.net](http://www.piusx.net) [BOLT Down The Nile].

### Students Sell BOLT Lottery Tickets

Attention Parents!!! Lottery tickets and informational sheets for BOLT 2011 were distributed to all students in February. In the past, the students have contributed greatly to the success of BOLT by selling these tickets. All students are eligible to sell as many of these lottery tickets as they wish. They will have the chance to win cash prizes of \$300, \$200, or \$100 for the top three student ticket sellers. The individual who sells the grand prize winning ticket receives \$100 as well.

The proceeds of this year's BOLT will be used to make payment on our asbestos loan, to enlarge our kitchen, and to support Booster Club activities.

If you have any questions, please contact **Deb Schulte** at Pius X at 488-0931; or **Tim & Jennifer Conzemius** at 421-1830 or **Joe & Penny Bachmann** at 423-9027, Lottery Chairs.

**The Pius X Foundation - Who We Are**

The Pius X Foundation began in the early 1970's to help ensure the success of Pius X High School. More specifically to ensure long-term financial stability, keep Catholic education affordable, retain and attract quality instructors, provide for faculty development, and encourage curriculum development.

The Pius X Foundation is exempt from Federal Income Tax under the provisions of the Internal Revenue Code 501(c)(3). The capital funds of the Pius X Foundation are never touched and only the earnings are used to provide the security of a steady, reliable income for Pius X High School.

Since its formation, a **Board of Directors** has been in place to monitor the Foundation's assets and an Annual Report is published and distributed annually in the Fall. In May 2003, a **Board of Advisors** was created to manage the affairs related to the school.

For more information on the Pius X Foundation, please visit our website at: <http://foundation.piusx.net/>

**Pius X Wish List**

What a great idea to give a gift to your student's teacher or classroom. The staff at Pius X are appreciative of all that you do! The current Teacher/Staff Wish List can also be found online at [www.piusx.net](http://www.piusx.net) (go to Foundation and click on Wish List). If you would like to make a donation to the Teacher/Staff Wish List, please contact the Pius X Foundation Office at 402-488-1046 or e-mail [michelle.birkel@piusx.net](mailto:michelle.birkel@piusx.net). Thank you very much!

**English Department**

- English Vocabulary Books (30) \$9 each
- Ergonomic Chairs (2) \$300 each

**Family & Consumer Science Department**

- Cuisinart 77-7 Chef's Classic Stainless 7-Piece Cookware Sets (2) \$107 each

**Fine Arts**

- Wireless Headsets for Pius Players (10) (microphone pieces that clip into student's hair) \$500 each

**Foreign Language Department**

- Video Camera for In-Class Projects \$400
- Children's Spanish Story or Chapter Books (for ages 8-14) any donation

**Foundation Office**

- Endowment Fund any donation

**Math/Business Department**

- TI Navigator System for Classroom \$2,500
- Math Classroom Posters \$15 each
- TI Inspire Calculators for Classroom (30) \$120 each

**Religion**

- Student Response System (Clickers) \$3,150
- Vestments \$300

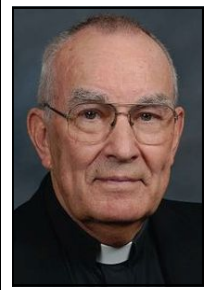
**Science Department**

- Biopacs and Software (6) \$3,000
- Anatomy in Clay Skeletal Models & Curriculum \$3,000
- Lab Chair Stools (12) \$3,600
- Student Response System (clickers) \$2,835

**Youth Ministry Department**

- Funding For FCT Retreat any donation

**Nominations Sought For The 2011**



Msgr. Ivan Vapp, recipient of the 2010 Distinguished Stewardship Award

**Distinguished Stewardship Award**

Nominations are being sought for friends of Pius X High School who deserve to be recognized as a distinguished steward of Pius X. A good steward is one who receives God's gifts gratefully, cherishes those gifts, shares them with others, and returns a portion to the Lord. The 2010 Distinguished Stewardship Award was presented to **Msgr. Ivan Vapp**. Nominations for the 2011 award must be received by **Friday, April 1, 2011**. The 2011 recipient(s) will be announced and awarded at our Friends of Pius X Appreciation Reception in August 2011.

**We are interested in individuals who:**

- Have demonstrated exemplary service to Pius X School
- Have been a role model within their community
- Are leaders in fulfilling our mission to "Restore All Things in Christ", and
- Share their gifts of time, talent & treasure with Pius X

If someone you know meets the criteria or if you would like to place your name in for nomination, please send a letter including your name & contact information, the nominee's name & contact information, and a detailed explanation as to why the nominee should receive this award. Please send this information to: The Pius X Foundation Office, 6000 A Street, Lincoln, NE, 68510, or email [michelle.birkel@piusx.net](mailto:michelle.birkel@piusx.net). For more information, please contact the Pius X Foundation Office at (402) 488-1046. You may also submit your nomination online at [http://foundation.piusx.net/distinguished\\_stewardship/nominationform.asp](http://foundation.piusx.net/distinguished_stewardship/nominationform.asp)

**Nominations Sought For The 2011**



Tony Messineo, recipient of the 2010 Outstanding Alumni Award, is pictured with his family

**Outstanding Alumni Award**

Nominations are being sought for Pius X High School alumni who deserve to be recognized as a **Pius X Outstanding Alumnus/Alumna**. The 2010 Outstanding Alumni Award was presented to **Tony Messineo**. Nominations for the 2011 award must be received by **Friday, April 1, 2011**.

The recipient will be announced and awarded at our Friends of Pius X Appreciation Reception in August 2011.

**We are interested in graduates of Pius X who:**

- Are leaders in fulfilling our mission to "Restore All Things in Christ"
- Have graduated from Pius X at least 10 years ago
- Are recognized on a local, state or national level in their field
- Have been awarded for contributions in their profession and
- Are leading a life of leadership & service, and are outstanding examples of Catholic values, virtues & ideals

If someone you know meets the criteria or if you would like to place your name in for nomination, please send a letter including your name & contact information, the nominee's name & contact information, and a detailed explanation as to why the nominee should receive this award. Please send this information to: The Pius X Foundation Office, 6000 A Street, Lincoln, NE, 68510 or email [michelle.birkel@piusx.net](mailto:michelle.birkel@piusx.net). For more information, please contact the Pius X Foundation Office at (402) 488-1046. You may also submit your nomination online at:

[http://alumni.piusx.net/outstanding\\_alumni/nominationform.asp](http://alumni.piusx.net/outstanding_alumni/nominationform.asp)

## March 2011 - Pius X High School

Sunday	Monday	Tuesday	Wed	Thursday	Friday	Saturday
<div style="border: 1px dashed black; padding: 5px; display: inline-block;"> <b>Daily Mass</b>                      7:30 a.m.                      Monday-Friday                 </div> <div style="border: 1px dashed black; padding: 5px; display: inline-block;"> <b>Purchase your BOLT lottery tickets today! See page 15 for details.</b> </div>		<b>1</b> Uniform Shop open 3:35-4pm  Driver's Education begins  Dino's First Tuesday 5-11pm	<b>2</b>	<b>3</b> Uniform Shop open 3:35-4pm	<b>4</b> First Friday	<b>5</b> First Saturday  Uniform Shop open 10am-12pm
<b>6</b> 9th Sunday in Ordinary Time  Pray for seminarian, Ryan Salisbury  Winter Band Concert 4:00pm in the gym	<b>7</b>	<b>8</b> Landscaping Club Bake Sale  Uniform Shop open 3:35-4pm  Dance Team Informational Meeting 5:30pm in Commons	<b>9</b> Ash Wednesday Mass 9:25am  	<b>10</b> Uniform Shop open 3:35-4pm  3rd Quarter ends	<b>11</b> No School  Track Time Trials @ NWU 8:30 (A)  Spring Sports Photo Day tba	<b>12</b>
<b>13</b> 1st Sunday of Lent  Pray for seminarian, Thomas Schultes  Spring Kick-Off 2pm - Aldrich Field	<b>14</b> In Touch With Pius Parents 7pm	<b>15</b> Uniform Shop open 3:35-4pm	<b>16</b> 10:15am Start  Pius X Machine Contest 7pm in the gym	<b>17</b> Uniform Shop open 3:35-4pm  V. Baseball @ LSW 5pm (A)  JV Baseball @ LSW 7pm (A)  JV B & G Soccer @ LE 5:00 (A)	<b>18</b> Lenten Service 9:37am  Granite City's Third Friday  Alumni Basketball Tournament  X-Change newspaper distributed  Track @ NWU Indoor Invite 3:00 (A)  V. B & G Soccer @ LNE Invite 5:00 (A)	<b>19</b> Alumni Basketball Tournament  V. B & G Soccer @ LNE Invite 10:00 (A)
<b>20</b> 2nd Sunday of Lent  Pray for seminarian, Wesley Skillett	<b>21</b> Retreat Day (Grades 10, 11, & 12)  No School - Grade 9  JV B & G Soccer @ Pap.-LaVista South 5:00 (A)  Cheerleading Informational Meeting 7pm in the Commons	<b>22</b> No School  Educational Freedom Rally at the State Capitol 10am-12pm  V & JV Golf @ Waverly Dual 3:00  V & JV Tennis vs Beatrice Dual 4:00 (H)  V. G. Soccer @ Omaha Duchesne 5:00 (A)	<b>23</b> All-School Retreat Mass 9:25am	<b>24</b> V. Golf @ Beatrice Invite 10:00  Uniform Shop open 3:35-4pm  Track- LNE Relays @ LH 10:30 (A)  V. B. Soccer @ Mt. Michael 5:00 (A)  Girls Reserve Soccer vs LSE @ Abbott 5:00 (A)  Spring Musical 7pm	<b>25</b> Lenten Service 9:37am  Spring Musical 7pm  V. Baseball - Thunderbolt Tournament 11:00/1:00/3:00/5:00 (H)	<b>26</b> Uniform Shop New Freshmen Try-On Day open 9am-12pm  Spring Musical 2pm & 7pm  V. Baseball - Thunderbolt Tournament tba (H)  V. B. Soccer @ Creighton Prep Invite 10:00 (A)
<b>27</b> 3rd Sunday of Lent  Pray for seminarian, Adam Sparling  Spring Musical 2pm	<b>28</b> V Tennis @ Elkhorn So./High Tri 4:00 (A)  V. Baseball - LSE (DH) 5:00/7:00 (H)  9th Baseball @ Elkhorn South 5:00 (A)  JV G. Soccer vs Pap.-LaVista 5:45 (H)  JV B. Soccer vs Pap.-LaVista 7:30 (H)	<b>29</b> V & JV Golf @ LE 3:00  Uniform Shop open 3:35-4pm  Track- Columbus Scotus Relays 2:00 (A)  V. Baseball @ Creighton Prep 5:00 (A)  JV B. Soccer vs LH (H)  G. V. Soccer vs Omaha Westside 5:45 (H)	<b>30</b>	<b>31</b> Blood Drive 9am-3pm  V. Golf - Titan Cup @ Eagle Hills 9:00  Uniform Shop open 3:35-4pm  V. Baseball vs LH 5:00 (H)  JV Baseball vs LH 7:00 (H)  V. B & G Soccer @ Columbus Scotus 5:00 (A)	<div style="border: 1px dashed black; padding: 5px; display: inline-block;"> <b>* All dates and times are subject to change without notice.*</b> </div>  <div style="border: 1px dashed black; padding: 5px; display: inline-block;">                     Visit the Pius X website at <a href="http://www.piusx.net">www.piusx.net</a> </div>	

## April 2011 - Pius X High School

Sunday	Monday	Tuesday	Wed	Thursday	Friday	Saturday
<b>Daily Mass - 7:30 a.m. - Monday-Friday</b>		<b>* All dates and times are subject to change without notice.*</b>			<b>1</b> First Friday Lenten Service 9:37am V & JV Baseball vs Beatrice 5:00 (H) Prom tickets on sale	<b>2</b> First Saturday V & JV Baseball vs Bennington 11:00/1:00 (H) B. JV/V Soccer @ Norris 12:00/2:00 (A) G. JV/V Soccer vs Norris 12:00/2:00 (H)
<b>Purchase your BOLT lottery tickets today! See page 15 for details.</b>		<b>Visit the Pius X website at <a href="http://www.piusx.net">www.piusx.net</a></b>				
<b>3</b> 4th Sunday of Lent Pray for seminarian, Christopher Stoley	<b>4</b> Prom tickets on sale B. V & JV Golf Pius X Golf Invite @ Firethorn 9:00 (H) V. Tennis @ Nebraska City 4:00 (A) V & JV Baseball @ LE 5:00 (A) G. JV. Soccer vs LNE 5:45 (H) B. JV. Soccer vs LNE 7:30 (H)	<b>5</b> Prom tickets on sale JV Track @ LSW JV Invite 3:00 (A) Uniform Shop open 3:35-4pm V. Baseball @ LNE 5:00 & 7:00 (A) Dino's First Tuesday 5-11pm	<b>6</b> B.V. Golf @ Bellevue E. Chieftain Invite 9:00 (A) 9th Baseball @ LSE 5:00 (A)	<b>7</b> Uniform Shop open 3:35-4pm V. Tennis @ Omaha Skutt 4:00 (A) V. Baseball @ Fremont Bergan 5:00 (A) G. R. Soccer vs LE 6:00 (H)	<b>8</b> Lenten Service 9:37am V. Track @ Waverly Invite 11:00 (A) V & JV Baseball vs Nebraska City 5:00/7:00 (H) G.V.Soccer vs Lincoln Lutheran 4:15 (H) G. JV. Soccer @ Beatrice 5:00 (A) B. JV. Soccer @ Beatrice 6:30 (A)	<b>9</b> V. Tennis @ Ralston Invite 8:30 (A) Uniform Shop open 10am-12pm B. JV/V Soccer @ Elkhorn So. 10:00/12:00 (A) G. JV/V Soccer vs Elkhorn S. 10:00/12:00 (H) V. Baseball vs Ralston 12:00 (H) 9th Baseball vs LE 12:00/2:00 (H) Prom
<b>10</b> 5th Sunday of Lent Pray for seminarian, Adam Sughroue Post Prom Midnight-4am	<b>11</b> V & JV Baseball vs Seward 5:00/7:00 (H) B & G JV. Soccer @ Lincoln Lutheran @ Spirit Park 5:00 (A) Vocal Dept. Lent Concert 6:30pm at St. John's	<b>12</b> JV Track @ LH JV Invite 3:00 (A) B. JV. Golf @ Crete Dual 4:00 (A) Uniform Shop open 3:35-4pm V. Tennis @ LSW 4:00 (A) JV Tennis vs LSW 4:00 (H) V. Baseball @ Crete 4:30 (A) JV Baseball @ LSW 5:00 (A) G. R. Soccer @ LNS 5:00 (A) B. JV/V Soccer vs Waverly 5:45/7:30 (H)	<b>13</b> Spring College Athletic Signing G. V. Soccer vs Pap-LaVista So. 6:00 (H)	<b>14</b> B. V. Golf @ York Invitational 9:00 (A) Uniform Shop open 3:35-4pm V. Track @ Elkhorn Invite 3:30 (A) V. Tennis vs LSE 4:00 (H) JV Tennis @ LSE 4:00 (A) JV Baseball @ LSE 5:00 (A) G. V. Soccer @ Nebraska Lutheran 5:00 (A) B & G JV. Soccer @ Omaha Skutt 5:00 (A) B. V. Soccer vs GI Catholic 6:00 (H)	<b>15</b> Lenten Service 9:37am Granite City's Third Friday	<b>16</b> V. Tennis @ Omaha Skutt Quad. 8:30 (A) Uniform Shop open 10am-12pm V & JV Baseball vs Elkhorn 11:00/1:00 (H) G. V. Soccer @ Millard North 1:00 (A) Wordstruck Live! 7pm
<b>17</b> Palm Sunday of the Lord's Passion Pray for seminarian, Sean Wilson	<b>18</b> 4th Quarter Progress Reports due B. V. Golf @ Creighton Prep Inv. 9:00 (A) V. Baseball vs Waverly 5:00 & 7:00 (H) G & B JV Soccer vs LSW 5:45/7:00 (H)	<b>19</b> B. JV. Golf @ LSW JV Tournament 9:00 (A) JV Track @ LE JV Invite 3:00 (A) Uniform Shop open 3:35-4pm V. Tennis @ Crete 4:00 (A) V & JV Baseball @ Grand Island 5:00 (A) G & B V Soccer vs Beatrice 5:45/7:30 (H)	<b>20</b> Lenten Service 9:37am	<b>21</b> No School V. Tennis vs Pius X/Beatrice Inv. 9:00 (H) V. Track @ Harold Scott Invite @ LH 12:30 (A) B. V. Soccer @ Pap-LaVista So. 5:00 (A) V. Baseball vs Norris 5:00 (H) JV Baseball vs LNE 7:00 (H) G.R.Soccer vs Lincoln Lutheran 4:00 (H)	<b>22</b> No School	<b>23</b>
<b>24</b> Easter Sunday: Resurrection of the Lord Pray for seminarian, James Winter	<b>25</b> No School JV Baseball vs Omaha Skutt 5:00 (H) V. Baseball vs LNS 5:00 & 7:00 (H) B. V. Soccer @ Lincoln Lutheran @ Spirit Park 5:00 (A) G. R. Soccer vs LSW 6:00 (H)	<b>26</b> No School V. Tennis @ GICC Invite 9:00 (A) 9th Track @ LNS Freshmen Invite @ LH 2:00 (A) V. Baseball @ Omaha Roncalli 4:30 (A) JV Baseball vs LNS 5:00/7:00 (H) G. JV. Soccer vs Bellevue East 5:45 (H) G. V. Soccer vs Bellevue East 7:30 (H)	<b>27</b> No School 9th Baseball vs LSW 5:00 (H)	<b>28</b> No School B. V. Golf @ Capital City Inv. LSE 8:30am (A) Noon Dismissal (Faculty Meeting in the afternoon) V. Tennis vs LNE 4:00 (H) JV Tennis @ LNE 4:00 (A) V. Baseball vs Omaha Gross 5:00 (H) 9th Baseball vs LNE 5:00 (H) B. V. Soccer @ Millard North 5:00 (A) G. V. Soccer @ Omaha Mercy Invite tba (A)	<b>29</b> No School B. JV. Golf @ Crete Invitational 9:00 (A) V. Track @ Blair Invite 3:30 (A) V. Baseball @ Columbus 5:00 (A) B. JV. Soccer @ LSE @ Abbott 5:00 (A) G. V. Soccer @ Omaha Mercy Invite tba (A) JV Baseball @ LE Spartan JV Baseball Tournament @ Densmore Fields tba (A)	<b>30</b> BOLT G. V. Soccer @ Omaha Mercy Invite tba (A) V. Baseball @ Pap-LaVista 10:00 & 12:30 (A) JV Baseball @ LE Spartan JV Baseball Tournament @ Densmore Fields tba (A)



### Questions Regarding Food Service?

If you have any questions regarding the Pius X Food Service Program, please contact **Tini Van-Oehlert, R.D.** via email at [tini.van-oehlertz@piusx.net](mailto:tini.van-oehlertz@piusx.net) or 488-0931.

### Special Events During March



☐ March 7-11 is National Breakfast Week



☐ Tuesday, March 8 - Fat Tuesday (MardiGras) - King's cake will be served to all who purchase lunch. If you find the baby, a special prize will be yours.



☐ Wednesday, March 9 - Ash Wednesday - Mix and match Macaroni & Cheese and Fish Sticks.



☐ Thursday, March 17 - St. Patrick's Day - Glazed Corned Beef, Cabbage, Carrots & Potatoes, and Bread Basket or what else but shamrock shaped Chicken Nuggets!

### Winners Of The Pius X Pie Contest

**National Pie Day** was celebrated at Pius X on Monday, January 24, 2011, where contestants entered their homemade pies in a contest. The grand prize winner was **Deb Hoge**, Administrative Assistant in the Foundation Office, with a deluxe caramel apple pie; 2nd place was **Graham Resseguie**, Sophomore; 3rd place was **Ann Safranek**, Food Service; and 4th place was **Ashley Arlt**, Instructor. Congratulations! Thanks to the official judges (they had a tough job but someone had to do it): **Sally Burt, Alfredo Garcia, Nolan Border, Mark Edwards, Liz Husmann** and **Katie Sjuts**. In celebration of the day, all those that purchased a lunch were given a slice of pie.

### Making Colds Less Common

A great way to prevent a cold may be to go for a jog. Researchers who studied the respiratory health of 1,000 adults for 12 weeks found those who exercised five or more times a week got fewer than half as many colds as peers who exercised only once a week. Plus, the fittest participants had less severe cold symptoms. Source: British Journal of Sports Medicine, Nov 2010

### Diabetes To Increase Dramatically

The number of people with diabetes in the United States will increase dramatically over the next 40 years, according to an analysis by the Centers for Disease Control and Prevention. Researchers projected that the prevalence of diabetes in 2050 will be between 1 in 5 and 1 in 3 adults. Currently, about 1 in 10 U.S. Adults has diabetes. The authors attribute the outlook to the aging of the population, the fast-growing populations of minorities who have above average rates of diabetes, and the longer life spans of people with diabetes. Source: Population Health Metrics, Oct. 22, 2010

### A "TINI" Fact

An athlete needs to eat a balanced diet similar to non-athletes, only more of it and with plenty of carbohydrates, electrolytes, and water before, during and after exercise.

### Importance Of Eating A Good Breakfast!!



From March 7-11, the Pius X Food Service will be promoting the importance of eating Breakfast ...

Your mother was right: Breakfast really is the most important meal of the day. Not only does it give you energy to start a new day, but breakfast is linked to many health benefits, including weight control and improved performance.

Studies show that eating a healthy breakfast (as opposed to the kind containing doughnuts) can help give you:

- ☐ A more nutritionally complete diet; higher in nutrients, vitamins and minerals.
- ☐ Improved concentration and performance in the classroom or the boardroom.
- ☐ More strength and endurance to engage in physical activity.
- ☐ Lower cholesterol levels.

Eating breakfast is important for everyone, but is especially so for children and adolescents. According to the American Dietetic Association, children who eat breakfast perform better in the classroom and on the playground; with better concentration, problem solving skills, and hand-eye coordination.

Many studies, in both adults and children, have shown that breakfast eaters tend to weigh less than breakfast skippers. Why? One theory suggests that eating a healthy breakfast can reduce hunger throughout the day, and help people make better food choices at other meals. While it might seem you could save calories by skipping breakfast, this is not an effective strategy. Typically, hunger gets the best of breakfast-skippers and they eat more at lunch and throughout the day.

Another theory behind the breakfast-weight control link implies that breakfast is part of a healthy lifestyle that includes making wise food choices and balancing calories with exercise. For example, consider the successful losers followed by the National Weight Control registry, all of whom have lost 30 pounds and kept it off at least one year. Some 80% of the people in the Registry regularly eat breakfast (and also follow a calorie-controlled, low fat diet). It's worth noting that most studies linking breakfast to weight control loss looked at a healthy breakfast containing protein and/or whole grains – not meals loaded with fat and calories.

Adding a little protein to your breakfast may be just the boost you need to help keep you feeling full until lunchtime. "Protein blunts your hunger the most, and is the most satiating," Purdue University researcher Wayne Campbell, PhD, tells WebMD.

A traditional breakfast of eggs may be one of the best ways to get your morning protein. While eggs are not always associated with weight loss, they contain some of the highest-quality protein. "Compared to the bagel eaters, overweight women who ate 2 eggs for breakfast five times a week for eight weeks as part of a low-fat, reduced-calorie diet, lost 65% more weight, reduced waist circumference by 83%, reported higher energy levels, and had no significant difference in their...blood cholesterol or triglyceride levels," reports researcher Nikhil V. Dhurandhar, PhD.

Source: WebMD Research

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## Menu - March 2011

Monday	Tuesday	Wednesday	Thursday	Friday
<b>National Breakfast Week</b> <b>March 7-11, 2011</b>	<b>March 1</b> <u>Hot Breakfast</u> Breakfast Pizza  <u>Lunch</u> Tator Tot Casserole Green Beans Wheat Dinner Roll - or - BBQ Pork/Wheat Bun	<b>March 2</b> <u>Cold Breakfast</u> choose 3 items  <u>Lunch</u> Fiestada Tossed Salad - or - Scalloped Potatoes/Ham Wheat Dinner Roll	<b>March 3</b> <u>Hot Breakfast</u> Chef's Choice Breakfast  <u>Lunch</u> Chicken Noodle Casserole Honey Carrots Wheat Dinner Roll - or - Hamburger/Wheat Bun	<b>March 4</b> <u>Cold Breakfast</u> choose 3 items  <u>Lunch</u> Cheese Nachos Fixin Bar - or - Potato Cheese Soup Yogurt Hard Roll Crackers
<b>March 7</b> <u>Cold Breakfast</u> choose 3 items  <u>Lunch</u> Beef Mostaccolli Green Beans Garlic Bread - or - Chicken Fajita Fixin Bar	<b>March 8</b> <u>Hot Breakfast</u> Pancakes and more  <u>Lunch</u> <b>Fat Tuesday – Mardigras Day</b> Barbeque Chicken Red Beans/Rice Corn Bread/Honey King's Cake for all who purchase lunch	<b>March 9</b> <u>Cold Breakfast</u> choose 3 items Fruit Smoothie For Breakfast  <u>Lunch</u> <b>Ash Wednesday</b> Macaroni & Cheese Mixed Vegetables Wheat Dinner Roll - or - Fish Sticks	<b>March 10</b> <u>Hot Breakfast</u> International Breakfast  <u>Lunch</u> Meal in a Bowl (Mashed Potatoes/Gravy, Chicken, Corn, Cheese) Served with a Bread Basket	<b>March 11</b> <b>No School</b>
<b>March 14</b> <u>Cold Breakfast</u> choose 3 items  <u>Lunch</u> Sloppy Joe/Wheat Bun Chef's Choice Potato - or - Turkey/Cheese Hoagie	<b>March 15</b> <u>Hot Breakfast</u> French Toast & Sausage  <u>Lunch</u> Sweet 'n Sour Chicken Stir Fried Rice or Corn Dog Breadstick	<b>March 16</b> <u>Cold Breakfast</u> choose 3 items  <u>Lunch</u> Taco's (Hard or Soft Shell) Fixin Bar Corn - or - Chef's Salad	<b>March 17</b> <u>Hot Breakfast</u> Breakfast Burrito  <u>Lunch</u> <b>St. Patrick's Day</b> Glazed Corned Beef Cabbage Carrots & Potatoes Bread Basket - or - Shamrock Chicken Nuggets	<b>March 18</b> <u>Cold Breakfast</u> choose 3 items  <u>Lunch</u> Cheese Pizza Tossed Salad - or - Pasta with Marinara/Cheese Chef's Choice Vegetable Wheat Dinner Roll
<b>March 21</b> <b>No Lunch</b>  Retreat Day (Grades 10, 11, & 12)  No School - Grade 9	<b>March 22</b> <b>No School</b>	<b>March 23</b> <u>Cold Breakfast</u> choose 3 items  <u>Lunch</u> Chef's Choice Chicken & Potato Savory Bread Dressing Wheat Dinner Roll - or - Hamburger/Wheat Bun	<b>March 24</b> <u>Hot Breakfast</u> Breakfast Sandwich  <u>Lunch</u> Meatball Sub/Mozzarella Cheese Peas - or - Chef's Choice Soup Crackers Wheat Dinner Roll	<b>March 25</b> <u>Cold Breakfast</u> choose 3 items  <u>Lunch</u> 4 Cheese Ziti Breadstick - or - Fish/Chips
<b>March 28</b> <u>Cold Breakfast</u> choose 3 items  <u>Lunch</u> Chicken Strips or Nuggets House Choice Potato - or - Chef's Choice	<b>March 29</b> <u>Hot Breakfast</u> Scrambled Eggs/Bagel  <u>Lunch</u> Cavatini Garlic Bread Chef's Choice Vegetable - or - Hot Dog/Bun	<b>March 30</b> <u>Cold Breakfast</u> choose 3 items  <u>Lunch</u> Chili Fresh Relish Platter Cinnamon Rolls - or - Chef's Choice	<b>March 31</b> <u>Hot Breakfast</u> Yogurt, Granola, Fruit, Muffin  <u>Lunch</u> Durrango Drummies Augratin Potatoes Wheat Dinner Roll - or - Beef Bean Burrito	