

Concussion Protocol at Pius X

1. Student suffers a head injury.
2. Academic Success Coordinator is notified who will then make teachers aware of the situation.
3. Medical confirmation of a concussion is obtained from a licensed health care professional meaning a physician or licensed practitioner under the direct supervision of a physician, a certified athletic trainer, a neuropsychologist, or some other qualified individual who (a) is registered, licensed, certified, or otherwise statutorily recognized by the State of Nebraska to provide health care services and (b) is trained in the evaluation and management of traumatic brain injuries among a pediatric population.
4. Concussion Management Team (CMT) proceeds with a plan. Resources on concussions are offered to parents.
5. Concussion Management Team documents cognitive, academic, behavioral and emotional symptoms of concussion and works through the SAT process with the Academic Success Coordinator to coordinate academic accommodation during recovery following the concussion management chart.
6. The team continues to gather and track data and consulting with teachers to monitor student progress and symptoms during recovery.
7. Family tracks and regularly reports progress on physical, cognitive and emotional symptoms to the Academic Success Coordinator.
8. When the student is symptom free he or she may start Return to Play under the guidance of the Pius X athletic trainer or his/her designee to participate in athletics and/or physical education class.
9. If symptoms reappear, return to previous appropriate steps in concussion management plan; notify parent and health care professional.
10. When the student has been cleared by a Licensed Healthcare Professional he or she may resume athletics and/or physical education class.